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# THE NON-MERIDIAL POINTS OF ACUPUNCTURE

A Guide to Their Location and Therapeutic Use

Some of the non-meridian points of acupuncture — such as Yintang and Taiyang — are amongst the most important acupuncture points in the body, and the point Dannangxue is capable of having a stronger specific effect upon the gall bladder than any other point. But, until now, there has been no book which effectively deals with these points.

Here is a clear and accessible description of the location of every known non-meridian point, and the author also gives guidelines for their effective use in treatment.

Also included are sections on hand, foot, nose and face, and head needling, and the book concludes with a valuable Repertory of non-meridian points.

## **THE NON-MERIDIAL POINTS OF ACUPUNCTURE**

The first book for professional acupuncturists to be devoted entirely to non-meridial points. The anatomical position of every point is both described and shown on the charts, the symptomatology of every point is given, and there is a full repertory for their use.

*By the same author:*

ACUPUNCTURE ATLAS AND REFERENCE BOOK

ACUPUNCTURE TREATMENT OF MUSCULO-SKELETAL CONDITIONS

CELESTIAL STEMS

MOXIBUSTION (co-authored with Roger Newman Turner)

SECONDARY VESSELS OF ACUPUNCTURE

# THE NON-MERIDIAL POINTS OF ACUPUNCTURE

*by*

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*Illustrated by*

*Peter Cox and Stephen Lee*



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To my Wife, Eunice,  
to my sons,  
Ian and Christopher,  
but also to  
Dr Joshua Guan Dao Le,  
who is using these points to  
such good effect in the British  
College of Acupuncture Teaching  
Clinic.

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# INTRODUCTION

I have actually heard one or two 'traditional' acupuncturists decry the use of non-meridial points on the grounds that they are not 'holistic' — treating a specific symptom rather than the patient as a whole!

Such a viewpoint is, of course, completely indefensible. Some of the non-meridial points, such as Yintang and Taiyang, are amongst the most important in the body, whilst Dannangxue is capable of having a stronger specific effect upon the gall-bladder as such than any other point. As in everything else, idealism needs to be tempered with knowledge and experience, and the more experienced the practitioner becomes the more he will find that he is embodying the non-meridial points into his naturally holistic prescriptions.

The reason for my writing this book is that I felt the need for a ready description of where the non-meridial points are and what they do — some charts give some of them, some charts give others, none of them give them all, and those that do show quite a few give them mingled with the normal points which, although useful for showing their relative positions, usually have so many points on view that it is often difficult to pick out the right one without considerable checking.

The usual greatest point of controversy is the system of numbering. Students complain piteously that Bensky calls Taiyang M-HN-9 whilst the Shanghai charts call it EM3 (and now I'm going to call it FA3!). The fact is that every book-writer and chart-maker uses his own system, and students will simply have to get used to learning enough Chinese to use the original name if they want to communicate with their fellows.

Writing up notes is another matter — it is far easier to write DL8 than Shiqizhui, and as long as practitioners stick to the one system and know to which points they are referring there should be no problem — unless someone else tries to find out what treatment was used!

For the purpose of this book I have divided the points up into the usual anatomical arrangement and split them up into two groups. Candidly, there are so many of them (and more are being discovered every day) that to put them all onto one set of charts would make quick referral impossible. I have therefore picked out the special ones, which everyone is using every day, and placed them in the first set. These I have called 'Special Points', and have numbered them:

|                   |    |
|-------------------|----|
| Face              | FA |
| Head and Neck     | HN |
| Chest and Abdomen | CA |
| Dorsal and Lumbar | DL |
| Arm and Hand      | AR |
| Leg and Foot      | LE |

The remaining points, to a considerable number, are appropriately called 'Other non-meridial points', and are numbered by the simple process of putting 'O' for 'Other' in front of the previous letters. By this means it will be immediately apparent as to whether the point is one of the most used ones or not, and also the charts will be far less 'cluttered' than would otherwise be the case.

I have endeavoured to include every known point, and have also included pages on Hand and Foot needling. These again are special points which can have very strong and specific effects, and their study by all practitioners is very seriously recommended. I have included head needling because, again, this is a technique of the greatest possible value.

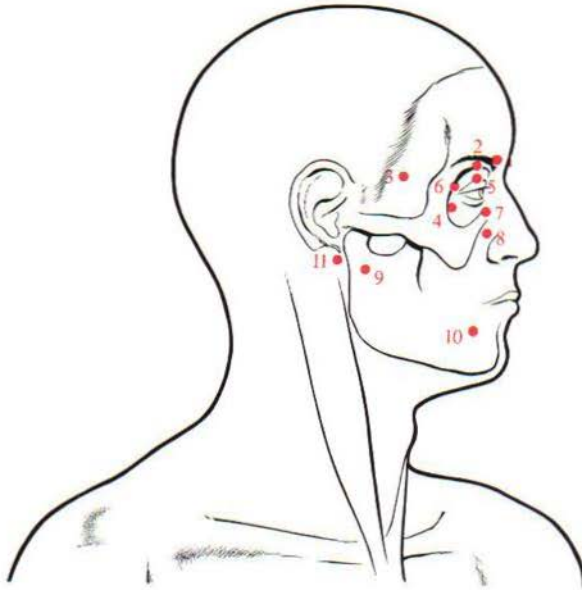
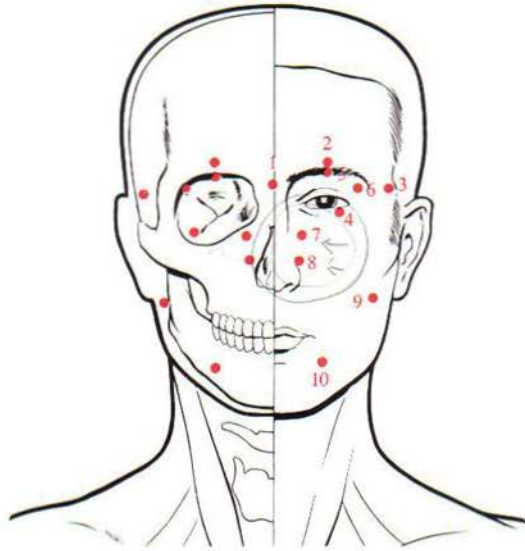
Finally, the book concludes with a few notes on Kou Liang techniques and Collective Loci. These are not non-meridial points as such, as most of them are based upon the standard points, but they are combinations to which I feel the practitioner's attention should be peculiarly and forcibly directed. Most useful of all, of course, is the Repertory. I believe that this is the first time that the non-meridial points have been properly repertorized, and it is hoped this will prove a valuable addition to the practitioner's armamentarium.

## **SPECIAL POINTS**

# Special Points

## FACE

|     |  |                            |   |
|-----|--|----------------------------|---|
| FA1 | Yintang<br>(‘Seal Hall’)                     | Insertion:<br>Indications: | Midway between the medial ends of the eye-brows, on the glabella.<br>Slanting 3-5 fen, either downwards or towards BI2 (Zanzhu).<br>Headache, vertigo, rhinitis, hypertension, insomnia, infantile convulsions.   |
| FA2 | Yuyao<br>(‘Fish Waist’)                      | Insertion:<br>Indications: | In the hollow in the middle of the eye-brow, vertically above the pupil.<br>Horizontal 2-5 fen, towards either BI2 (Zanzhu) or TH23 (Sizhukong).<br>Supraorbital neuralgia; acute conjunctivitis; frontal sinusitis; cataract.  |
| FA3 | Taiyang<br>(‘Sun’)                           | Insertion:<br>Indications: | On the temple, in the depression 1 cun posterior to the mid-point between the external canthus and the tip of the eye-brow.<br>Either perpendicular ½-1 cun or (for migraine) transverse to GB8 (Shuaigu) or (for facial paralysis) downwards to St6 (Jiache).<br>Headaches (lateral or vertex); migraine; sore red and swollen eyes. |
| FA4 | Qiuhou<br>(‘Behind the Ball’)                | Insertion:<br>Indications: | At the junction of the outer ¼ and the inner ¾ of the inferior border of the orbit.<br>Vertical, into orbit, slightly medial and upwards, ½-1½ cun.<br>Glaucoma; myopia; inflammation or atrophy of optic nerve; retinitis pigmentosa; convergent squint; cataract.   |
| FA5 | Shangming<br>(‘Upper Brightness’)            | Insertion:<br>Indications: | Directly below Yuyao, beneath superior border of the orbit.<br>Vertical, along upper border of orbit, 1-1½ cun.<br>Atrophy of optic nerve; ametropia; keratoleukoma.  |
| FA6 | Waiming<br>(‘Outer Brightness’)              | Insertion:<br>Indications: | 3 fen above external canthus.<br>Vertical, along upper border of orbit, 1-1½ cun.<br>Atrophy of optic nerve; ametropia; keratoleukoma.  |
| FA7 | Shangyingxian<br>(‘Upper Welcome Fragrance’) | Insertion:<br>Indications: | 5 fen below internal canthus.<br>Downwards along side of nose, 3-5 fen.<br>Rhinitis; nasal polypii; nasosinusitis.  |



|      |  |                            |  |
|------|--|----------------------------|--|
| FA8  | Bitong<br>(‘Nose<br>Passage’)  | Insertion:<br>Indications: | In depression below nasal bone, at the upper end of the nasolabial sulcus.<br>Either slanting upwards towards bridge of nose or downwards along side of nose, 3-6 fen.<br>Rhinitis; nasal polypii; nasosinusitis.  |
| FA9  | Qianzhong<br>(‘Pull Aright’)   | Insertion:<br>Indications: | $\frac{1}{2}$ -1 cun anterior to auditory meatus, in masseter muscle on buccal branch of facial nerve.<br>Slanting forward $\frac{1}{2}$ -1 cun.<br>Facial paralysis; parotitis; mouth ulcers.   |
| FA10 | Jiachengjiang<br>(‘Grasping<br>Contain Fluid’)<br>(Also known as<br><i>Keliou</i> ). | Insertion:<br>Indications: | Lateral to CV24 (Chengjiang), directly below St4 (Dicang), in the mental foramen.<br>Vertical, 2-5 fen, <i>or</i> for trigeminal neuralgia into mental foramen and slant medial and downwards 5 fen.<br>Trigeminal neuralgia; facial paralysis or spasm. |
| FA11 | Tingling<br>(‘Hearing’s<br>Inspiration’)   | Insertion:<br>Indications: | $\frac{3}{4}$ of the distance from SI19 (Tinggong) to GB2 (Tinghui).<br>Vertical, $1\frac{1}{2}$ -2 cun (open mouth slightly).<br>Tinnitus; deafness; deaf-mutism.   |

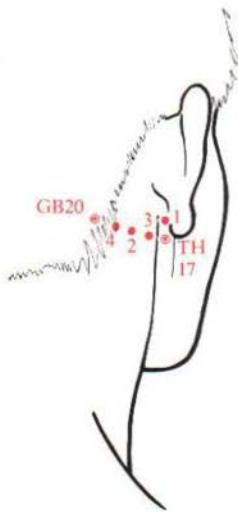
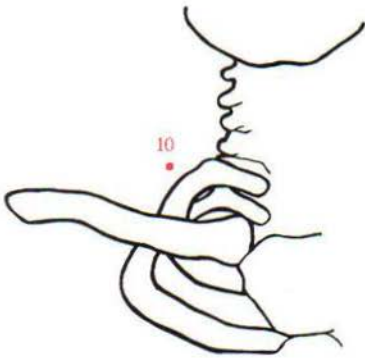
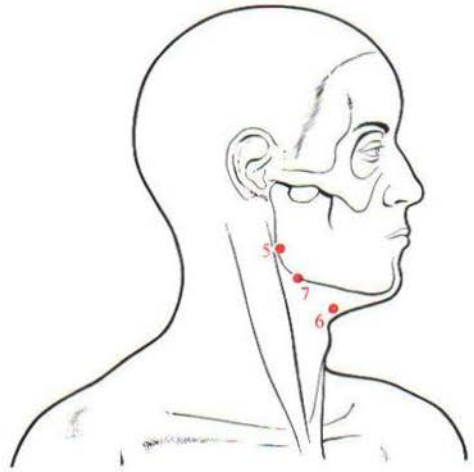
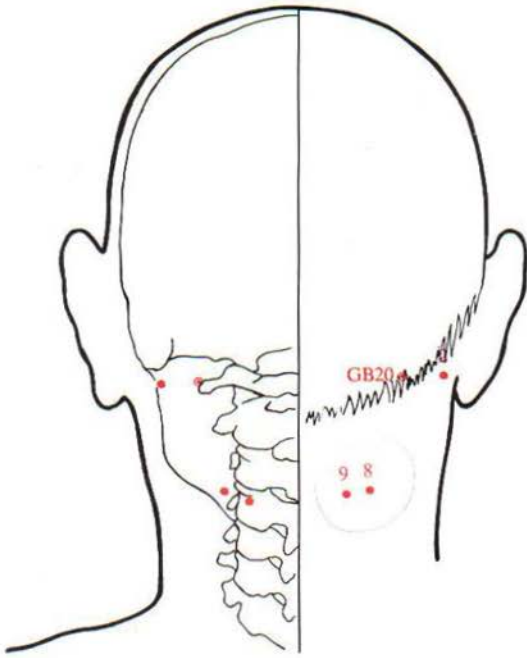
## Special Points

# HEAD AND NECK

|     |  |                            |  |
|-----|--|----------------------------|--|
| HN1 | Yilong<br>(‘Shielding Deafness’)               | Insertion:<br>Indications: | In depression 3 fen above TH17 (Yifeng), behind ear.<br>Slanted, slightly forwards and downwards, 1 cun.<br>Tinnitus; deafness; deaf-mutism.   |
| HN2 | Yiming<br>(‘Shielding Brightness’)             | Insertion:<br>Indications: | 1 cun posterior to TH17 (Yifeng).<br>Vertical, ½-1 cun.<br>Myopia; hypermetropia; night blindness; atrophy of optic nerve; cataract; tinnitus; vertigo; parotitis; headache; insomnia; mental illness.     |
| HN3 | Anmian 1<br>(‘Peaceful Sleep’)                 | Insertion:<br>Indications: | Midway between Yiming and TH17.<br>Vertical, 1½-2 cun.<br>Insomnia; migraine; schizophrenia.   |
| HN4 | Anmian 2<br>(‘Peaceful Sleep’)                 | Insertion:<br>Indications: | Midway between GB20 (Fengchi) and Yiming.<br>Vertical, 1-2 cun.<br>Insomnia; restlessness; palpitations; schizophrenia.  |
| HN5 | Biantao<br>(‘Tonsil’)                          | Insertion:<br>Indications: | Below lower border of angle of mandible, in front of carotid artery.<br>Vertical, 1-1½ cun.<br>Tonsillitis; pharyngitis.   |
| HN6 | Shanglianquan<br>(‘Upper Spring of Integrity’) | Insertion:<br>Indications: | 1 cun above laryngeal prominence, in depression between mandible and hyoid bone.<br>Slanting to root of tongue, 1-1½ cun.<br>Slurred speech; mutism; salivation; acute or chronic pharyngitis; stomatitis. |
| HN7 | Zengyin<br>(‘Increase Sound’)                  | Insertion:<br>Indications: | Midway between the laryngeal prominence and the angle of the mandible.<br>Towards laryngopharynx, ½-1 cun. (Avoid carotid artery).<br>Aphonia due to disease of vocal cords.                               |
| HN8 | Xinshi<br>(‘New Recognition’)                  | Insertion:<br>Indications: | 1½ cun lateral to lower end of spinous process of 3rd cervical.<br>Vertical, ½-1 cun.<br>Stiff neck; occipital headache; sore throat.  |
| HN9 | Bailao<br>(‘Hundred Labours’)                  | Insertion:<br>Indications: | 1 cun lateral and ½ cun below lower end of spinous process of 3rd cervical.<br>Vertical, ½-1 cun.<br>Stiff neck; cough; scrofula.  |

|      |                               |                                       |   |
|------|-------------------------------|---------------------------------------|---|
| HN10 | Jingbi<br>(‘Neck and<br>Arm’) | <p>Insertion:</p> <p>Indications:</p> | <p><math>\frac{1}{3}</math> distance from medial end of clavicle to its lateral end, up 1 cun, at posterior margin of sternocleidomastoid muscle.</p> <p>Vertical 5-8 fen. (Caution — Avoid needling downwards into apex of lung).</p> <p>Numbness in arm; brachial neuralgia; paralysis of upper limb.</p> |
|------|-------------------------------|---------------------------------------|---|

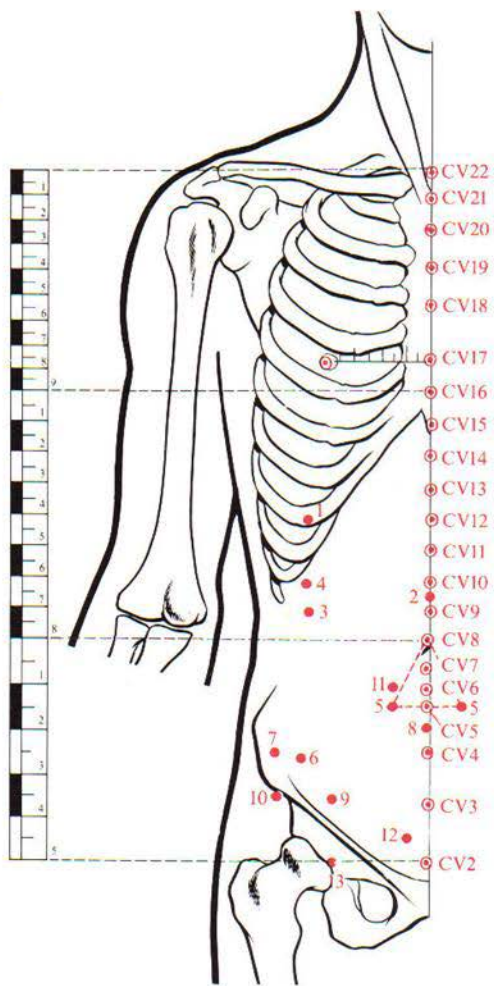




## Special Points

# CHEST AND ABDOMEN

|     |  |                            |   |
|-----|--|----------------------------|---|
| CA1 | Tiwei<br>(‘Lift<br>Stomach’)                       | Insertion:<br>Indications: | 4 cun lateral to CV12 (Zhongwan).<br>Slant to St25 (Tianshu), 2-3 cun.<br>Prolapsed stomach; indigestion.   |
| CA2 | Shuishang<br>(‘Above Water’)                       | Insertion:<br>Indications: | Midway between CV9 (Shuifen) and CV10 (Xiawan).<br>Vertical, 1-1½ cun.<br>Diarrhoea; abdominal pain or distension; gastric hyperacidity.  |
| CA3 | Weile<br>(‘Stomach’s<br>Happiness’)                | Insertion:<br>Indications: | 2 fen above and 4 cun lateral to CV9 (Shuifen).<br>8 fen below Weishangxue.<br>Vertical, 1-1½ cun.<br>Pain in gastric area; prolapse of stomach.  |
| CA4 | Weishangxue<br>(‘Above the<br>Stomach<br>Orifice’) | Insertion:<br>Indications: | 4 cun lateral to CV10 (Xiawan).<br>Transverse, either towards navel or to St25 (Tianshu) 1-2 cun.<br>Prolapsed stomach; abdominal distension.   |
| CA5 | Xingqixue<br>(‘New Qi<br>Orifice’)                 | Insertion:<br>Indications: | With the navel as the apex of an equilateral triangle, each side 3 cun long, this point is situated at either end of the base line.<br>Vertical, ½-1 cun.<br>Infertility; pelvic inflammatory conditions.       |
| CA6 | Tituoxue<br>(‘Lift and<br>Support<br>Orifice’)     | Insertion:<br>Indications: | 4 cun lateral to CV4 (Guanyuan).<br>Vertical, 1-1½ cun.<br>Prolapsed uterus; pain in lower abdomen; hernia.   |
| CA7 | Weibao<br>(‘Support<br>Placenta’)                  | Insertion:<br>Indications: | In depression below and medial to the anterior superior iliac spine, approximately level with CV4 (Guanyuan).<br>Slanted along inguinal ligament, 2-3 cun.<br>Prolapsed uterus; hernia; intestinal dysfunction. |
| CA8 | Zhixie<br>(‘Stop<br>Diarrhoea’)                    | Insertion:<br>Indications: | Midway between CV5 (Shimen) and CV4 (Guanyuan).<br>Vertical, 1-2 cun.<br>Dysentery; enteritis; retention of urine; enuresis.  |
| CA9 | Zigong<br>(‘Uterus’)                               | Insertion:<br>Indications: | 3 cun lateral to CV3 (Zhongji).<br>Vertical, 1-2 cun, also moxa.<br>Prolapsed uterus; dysmenorrhoea; irregular menses; pelveoperitonitis; female sterility; pyelonephritis; cystitis; orchitis; appendicitis.   |



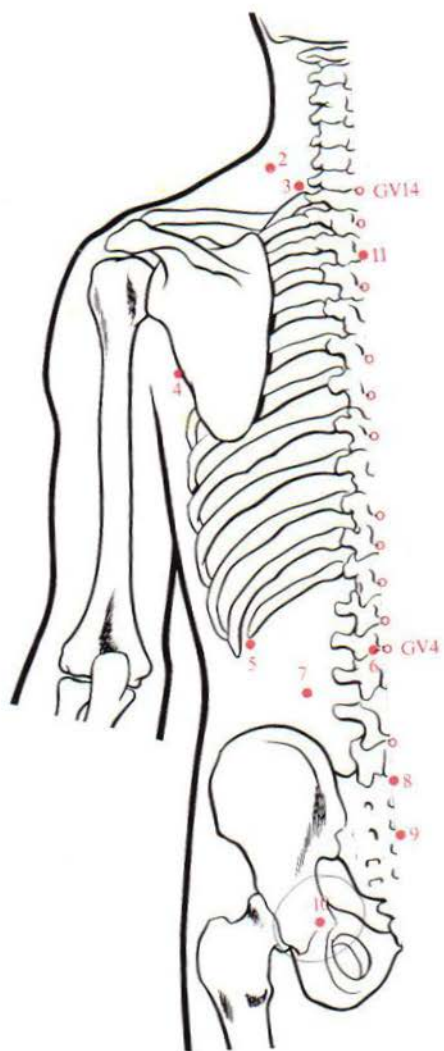
|      |                               |                            |  |
|------|-------------------------------|----------------------------|--|
| CA10 | Shuxi<br>(‘Mouse Path’)       | Insertion:<br>Indications: | Just under 6 cun lateral to CV3 (Zhongji).<br>Approximately $\frac{1}{3}$ length of inguinal ligament from its lateral end.<br>Vertical, 1-2 cun.<br>Poor circulation in legs; weakness of leg adductors; TB of inguinal lymph glands. |
| CA11 | Qizhong<br>(‘Middle of Qi’)   | Insertion:<br>Indications: | $1\frac{1}{2}$ cun lateral to CV6 (Qihai).<br>Vertical, $1\frac{1}{2}$ -2 cun.<br>Abdominal pain or distension; borborygmus; anaemia.  |
| CA12 | Yeniao<br>(‘Night Urine’)     | Insertion:<br>Indications: | 1 cun lateral to midway between CV2 (Qugu) and CV3 (Zhongji).<br>Slanted, 1- $1\frac{1}{2}$ cun.<br>Bed-wetting.   |
| CA13 | Chongjian<br>(‘Pour Between’) | Insertion:<br>Indications: | 3 cun lateral to CV2 (Qugu).<br>Vertical, 1-2 cun.<br>Uterine prolapse; paralysis of legs.   |

## Special Points

### DORSAL AND LUMBAR

|     |                                      |                                       |  |
|-----|--------------------------------------|---------------------------------------|--|
| DL1 | Huatuojiaji Points                   | <p>Insertion:</p> <p>Indications:</p> | <p>A group of points on both sides of the spinal column at the lateral borders of each spinous process, about ½ cun lateral to the midline. They extend from C1 to S4, though some authorities limit them to D1 to L5 (Not illustrated). Slightly oblique towards midline, cervical and dorsal ½-1 cun, lumbar ½-2 cun. Can also use moxa.</p> <p>Rather similar to Back-Shu points. C1-4 — diseases of the head region; C1-7 — diseases of the neck region; C3-D7 — diseases of the upper extremities; D1-7 — diseases of the thoracic area; D8-12 — diseases of the abdominal area; D10-L5 — diseases of the lumbar region; L2-S2 — diseases of the lower extremities; S1-4 — urogenital disorders. May also be used to treat local muscular conditions.</p> <p>— 3 special loci, Jiaji points lateral to GV15 (Yamen), D2 and L2, used for spondylitis, spinal meningitis and diseases of the spinal cord.</p> <p>— Lateral to D3 spine: Bronchitis, pleuritis, pneumonia; back-pain.</p> |
|     | (a) Chisanxue                        |                                       | <p>2 cun lateral to lower end of spinous process of C6.</p>  |
|     | (b) Xutse                            |                                       | <p>Vertical, ½-1 cun.</p>  |
| DL2 | Xueyadian ('Blood Pressure Points')  | <p>Insertion:</p> <p>Indications:</p> | <p>High or low blood-pressure.</p>   |
| DL3 | Dingchuan ('Stop Wheezing')          | <p>Insertion:</p> <p>Indications:</p> | <p>½ cun lateral to GV14 (Dazhwei).</p> <p>Oblique to vertebral body ½-1 cun, or moxa.</p> <p>Asthma; cough; stiff neck; pain in shoulder and back.</p>  |
| DL4 | Jiantongdian ('Shoulder Pain Point') | <p>Insertion:</p> <p>Indications:</p> | <p>Middle of lateral border of scapula.</p> <p>Vertical, ½-¾ cun.</p> <p>Shoulder joint problems. Paresis in upper limb.</p>   |
| DL5 | Weishu ('Stomach's Comfort')         | <p>Insertion:</p> <p>Indications:</p> | <p>4½ cun lateral to L2, at intersection of 12th rib and sacro-spinalis muscle.</p> <p>Vertical, 1-2 cun.</p> <p>Pain or spasm in stomach; gastric ulcer.</p>  |
| DL6 | Shenzi ('Kidney Spine')              | <p>Insertion:</p> <p>Indications:</p> | <p>½ cun lateral to lower end of L2 spine. Jiaji point.</p> <p>Vertical, 1½-2 cun.</p> <p>Spondylitis; inflammation of vertebral ligaments; paralysis of lower limb.</p>   |

|      |                                      |                            |  |
|------|--------------------------------------|----------------------------|--|
| DL7  | Yaoyan<br>(‘Waist’s Eye’)            | Insertion:<br>Indications: | On outer bladder line, lateral to spinous process of L3, below BL47 (Zhishi), at lateral margin of sacro-spinalis muscle.<br>Vertical, 1-2 cun.<br>Lumbago; gynaecological conditions. |
| DL8  | Shiqizhui<br>(‘Below 17 Vertebrae’)  | Insertion:<br>Indications: | Below spinous process of L5.<br>Vertical, 1-1½ cun. Can use moxa or heated needle.<br>Pain lumbo-sacral area; sciatica; menstrual disorders; traumatic paraplegia.                     |
| DL9  | Yaoqi<br>(‘Lower Back’s Miscellany’) | Insertion:<br>Indications: | Below S2 spine.<br>Slanted upwards, 2-2½ cun.<br>Epilepsy.   |
| DL10 | Huanzhong<br>(‘Circle’s Middle’)     | Insertion:<br>Indications: | Middle of a line connecting GB30 (Huantiao) and GV2 (Yaoshu).<br>Vertical 2-3 cun.<br>Sciatica; lumbago.   |
| DL11 | Wuming<br>(‘5 Brightnesses’)         | Insertion:<br>Indications: | In depression below spinous process of D2. (Locate with neck bent).<br>Obliquely upwards, ½-1 cun.<br>Mania.   |

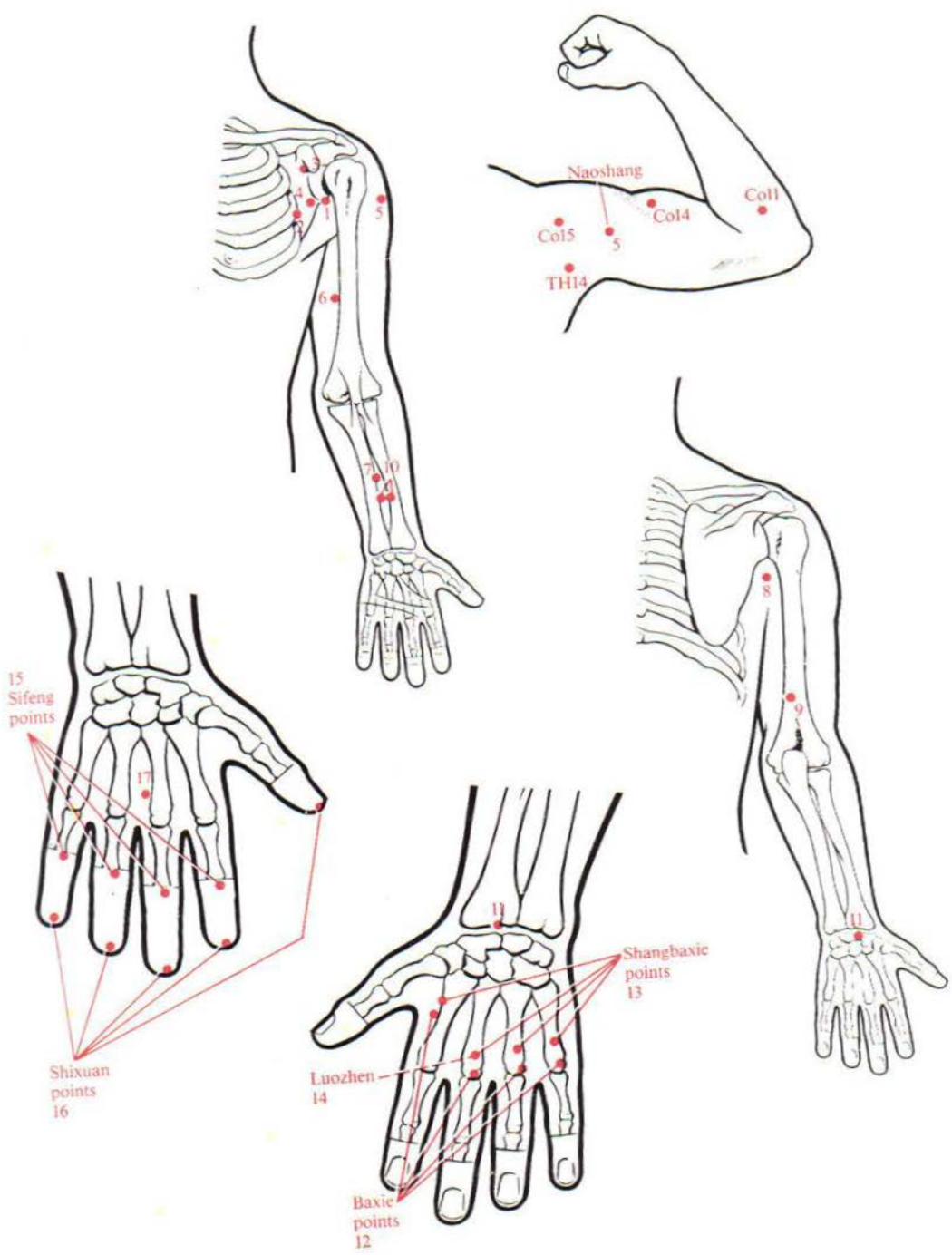


## Special Points

# ARM AND HAND

|     |  |                                |   |
|-----|--|--------------------------------|---|
| AR1 | Jianningling<br>(‘Shoulder’s<br>Inner Tomb’) | Insertion:<br><br>Indications: | With arm hanging at side, midway between<br>Co15 (Jianyu) and the top of the anterior axillary<br>crease.<br>Vertical, to back of shoulder, ½-1 cun. For<br>tendosynovitis of long head of biceps, slanted 2-3<br>cun.<br>Pain in shoulder joint; hemiplegia; hypertension;<br>excessive sweating.                    |
| AR2 | Jianqian<br>(Chien-Chien)                    | Insertion:<br>Indications:     | 1 cun above top of anterior axillary crease.<br>Vertical, 1 cun.<br>Pain and stiffness in shoulder.   |
| AR3 | Taijian<br>(‘Lift<br>Shoulder’)              | Insertion:<br>Indications:     | Midway between Co15 (Jianyu) and Lul<br>(Zhongfu).<br>Vertical, 1 cun.<br>Pain and stiffness in shoulder. After-effects of<br>poliomyelitis.  |
| AR4 | Jubi<br>(‘Raise Arm’)                        | Insertion:<br>Indications:     | 2 cun below Taijian.<br>Vertical, 1-1½ cun.<br>After-effects of poliomyelitis.  |
| AR5 | Naoshang<br>(‘Above the<br>Scapula’)         | Insertion:<br>Indications:     | In the middle of the deltoid muscle.<br>Vertical, 1-2 cun.<br>Upper limb hemiplegia; pain in shoulder and arm.  |
| AR6 | Gongzhong<br>(‘Middle of<br>Humerus’)        | Insertion:<br>Indications:     | 2½ cun below HC2 (Tianquan), on upper arm.<br>Vertical, 1-1½ cun.<br>Paralysis of upper limb; inability to raise arm;<br>wrist-drop; palpitations.  |
| AR7 | Bizhong<br>(‘Middle of<br>Arm’)              | Insertion:<br><br>Indications: | At midpoint between transverse creases of wrist<br>and elbow, between radius and ulna, 1 cun<br>proximal to HC4 (Ximen).<br>Straight through the arm (through interosseous<br>membrane) but not penetrating the skin on the<br>opposite side.<br>Hemiplegia; spasms of upper limb; neuralgia of<br>forearm; hysteria. |
| AR8 | Jianhao<br>(‘Right<br>Shoulder’)             | Insertion:<br>Indications:     | 1½ cun above posterior axillary crease. About 8<br>fen above S19 (Jianzhen).<br>Vertical, 1-1½ cun.<br>Stiffness in shoulder joint.   |
| AR9 | Yingshang<br>(‘Above the<br>Olecranon’)      | Insertion:<br>Indications:     | 4 cun above the olecranon of the elbow.<br>Vertical, ½-1 cun.<br>Sequelae of poliomyelitis; palpitations.   |





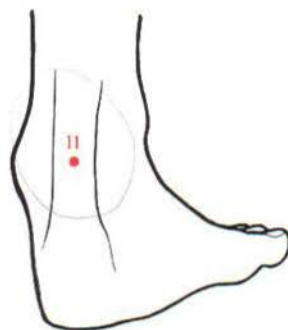
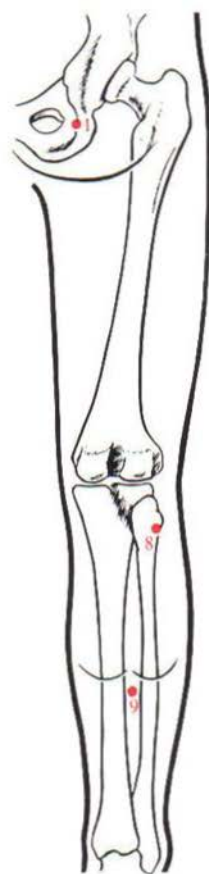
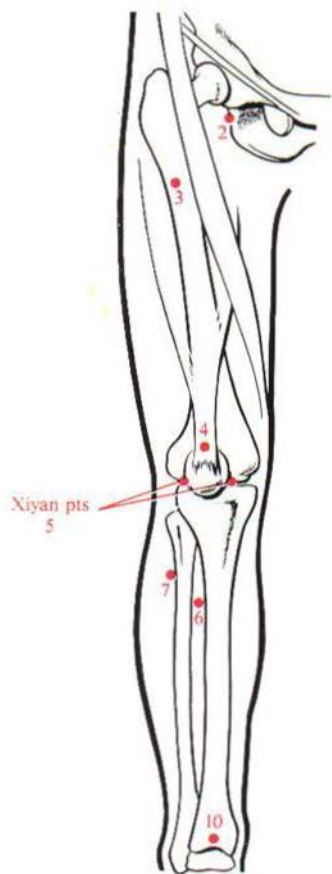
|      |                                     |                            |   |
|------|-------------------------------------|----------------------------|---|
| AR10 | Erbai<br>(‘Two Whites’)             | Insertion:<br>Indications: | 4 cun proximal to wrist crease — two points, one between the two tendons, the other on the radial side of the tendons.<br>Vertical, ½-1 cun.<br>Neuralgia of forearm; haemorrhoids; anal prolapse.  |
| AR11 | Zhongquan<br>(‘Middle Spring’)      | Insertion:<br>Indications: | In depression on dorsum of wrist, between Co5 (Yangxi) and TH4 (Yangchi).<br>Vertical, 3-5 fen.<br>Bronchitis; asthma; gastralgia; conditions of wrist and local tissues.   |
| AR12 | Baxie points<br>(‘Eight Evils’)     | Insertion:<br>Indications: | Between the heads of each of the metacarpal bones — 4 on each hand. Insert with the hand formed into a fist.<br>Straight along metacarpal bone, up to 1 cun.<br>Diseases of finger joints; numbness in fingers; stiff neck; headache; sore throat; toothache. |
| AR13 | Shangbaxie<br>(‘Upper Eight Evils’) | Insertion:<br>Indications: | 4 points on each hand, in the small depression just behind and between the metacarpophalangeal joints on the dorsum. (Two of these are Co4 (Hegu) and TH3 (Zhongzhu), and one is Luozen.)<br>Vertical, 3-5 fen.<br>As Baxie points.                           |
| AR14 | Luozen<br>(‘Stiff Neck’)            | Insertion:<br>Indications: | ½ cun behind and between the 2nd and 3rd metacarpophalangeal joints on the dorsum of the hand.<br>Vertical or slanted, ½-1 cun.<br>Stiff neck; migraine; sore throat; stomach ache; pain in shoulder and arm.   |
| AR15 | Sifeng<br>(‘Four Seams’)            | Insertion:<br>Indications: | On palmar surface of each finger, in centre of proximal interphalangeal crease.<br>Prick, to draw a small amount of serum.<br>Arthritis of fingers; pertussis; infantile indigestion; faulty assimilation in infants.   |
| AR16 | Shixuan<br>(‘Ten Spreadings’)       | Insertion:<br>Indications: | Ten points, one in the middle of each finger tip, about 1 fen from nail.<br>Shallow insertion, or bleeding.<br>High fever; fainting; heat exhaustion; hysteria; numbness in finger tips.  |
| AR17 | Yatong<br>(‘Toothache’)             | Insertion:<br>Indications: | On palmar surface, between 3rd and 4th metacarpal bones, 1 cun below metacarpophalangeal crease.<br>Vertical, ½ cun.<br>Toothache.  |

## Special Points

# LEG AND FOOT

|     |  |                            |   |
|-----|--|----------------------------|---|
| LE1 | Zuogu<br>(‘Ischium’)                   | Insertion:<br>Indications: | 1 cun below midpoint between coccyx and greater trochanter.<br>Vertical; 2-3 cun.<br>Sciatica; paralysis of leg.  |
| LE2 | Weiyinlian<br>(‘Outer Yin’s Modesty’)  | Insertion:<br>Indications: | One finger width below inguinal ligament, lateral to femoral artery, on the pulse.<br>Vertical, slightly laterally, 1-1½ cun. (Care with artery).<br>Paralysis of leg; pain low-back and leg; neuralgia of femoral nerve. |
| LE3 | Maibu<br>(‘Stride’)                    | Insertion:<br>Indications: | 6 cun below head of trochanter, on lateral margin of rectus femoris and vastus lateralis.<br>Vertical, 1-2 cun.<br>Hemiplegia; sequelae of poliomyelitis.   |
| LE4 | Heding<br>(‘Crane’s Top’)              | Insertion:<br>Indications: | In depression at the middle of the superior border of the patella.<br>Vertical, ½ cun.<br>Troubles with the knee joint and surrounding tissues.   |
| LE5 | Xiyan points<br>(‘Eyes of the Knee’)   | Insertion:<br>Indications: | Below patella in hollow on either side of tendon. Lateral one is St35 (Dubi).<br>With knee flexed, vertically 1-2 cun.<br>Diseases of knee joint.   |
| LE6 | Lanweixue<br>(‘Appendix Orifice’)      | Insertion:<br>Indications: | 2 cun below St36 (Zusanli).<br>Vertical, 1-1½ cun.<br>Acute and chronic appendicitis; paralysis of leg; foot-drop; indigestion.   |
| LE7 | Dannangxue<br>(‘Gall Bladder Orifice’) | Insertion:<br>Indications: | 1-2 cun below GB34 (Yanglingquan) between peroneus longus and extensor digitorum longus.<br>Vertical, 1-1½ cun.<br>Diseases of biliary duct; paralysis of lower limb.   |
| LE8 | Linghou<br>(‘Behind the Tomb’)         | Insertion:<br>Indications: | Posterior to the head of the fibula, in a slight depression which feels numb and painful on pressure.<br>Vertical, ½-1 cun.<br>Sciatica; arthritis of knee; paralysis of lower limb.                                      |
| LE9 | Genjin<br>(‘Rigid Heel’)               | Insertion:<br>Indications: | 1½ cun below BI57 (Chengshan).<br>Vertical, 1 cun.<br>Foot-drop and club-foot due to poliomyelitis.   |

|      |   |                            |   |
|------|---|----------------------------|---|
| LE10 | Naoqing<br>(‘Brain’s<br>Clearing’)                | Insertion:<br>Indications: | 2 finger-widths above St41 (Jiexi), at lateral border of tibia.<br>Vertical, ½-1 cun.<br>Lassitude; vertigo; amnesia; mental retardation from encephalitis; foot-drop from poliomyelitis.   |
| LE11 | Genping<br>(‘Level with the<br>Heel’)             | Insertion:<br>Indications: | On the Achilles tendon, on a line connecting the medial and lateral malleoli.<br>Vertical, 5-8 fen.<br>Foot-drop and club-foot due to poliomyelitis.  |
| LE12 | Bafeng points<br>(‘Eight Winds’)                  | Insertion:<br>Indications: | In the web between each of the toes, four on each foot. 3 of these are Li2 (Xingjian), St44 (Neiting) and GB43 (Xiashi).<br>Slanted, ½-1 cun.<br>Peripheral neuritis; inflammation of dorsum of foot and toes; headache; toothache; gastralgia; irregular menses. |
| LE13 | Shangbafeng<br>points<br>(‘Upper Eight<br>Winds’) | Insertion:<br>Indications: | Posterior to the metatarsophalangeal joints of the toes, between all of the metatarsal bones. 3 of these are Li3 (Taichong), St43 (Xiangu) and GB42 (Diwuhui).<br>Vertical, ½-1 cun.<br>As for Bafeng points.   |





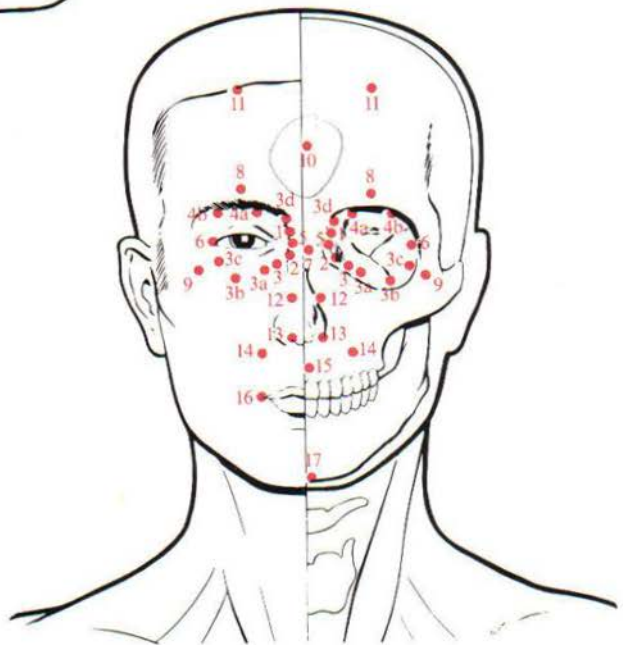
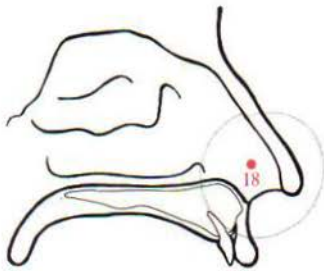
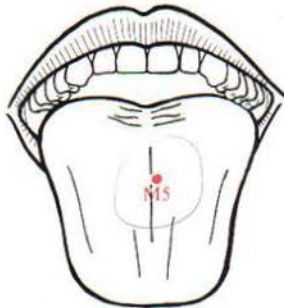
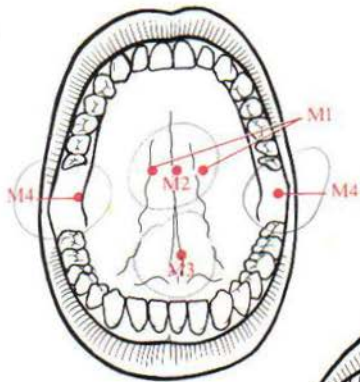
# **OTHER NON-MERIDIAL POINTS**

## Other Non-Meridial Points

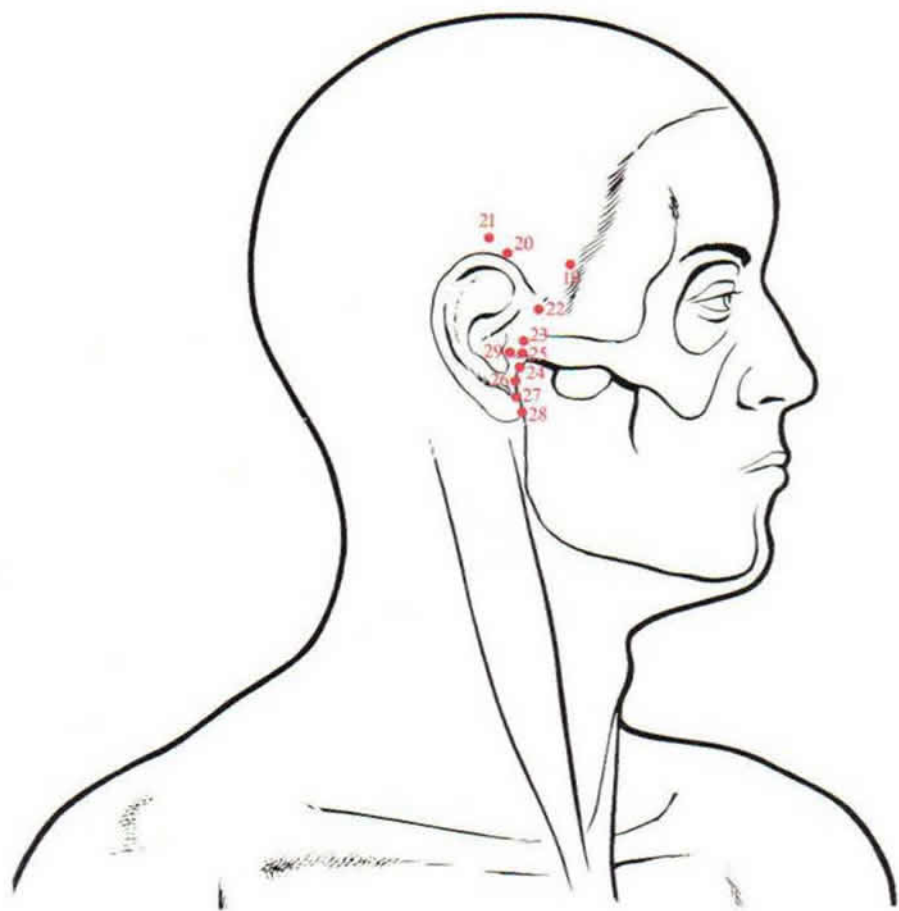
### FACE (AND MOUTH)

|       |  |                            |  |
|-------|--|----------------------------|--|
| OFA1  | Shangjingming<br>(‘Upper Eyes Bright’)   | Insertion:<br>Indications: | 2 fen superior to B11 (Jingming).<br>Vertical, 1-1½ cun.<br>Optic nerve atrophy; strabismus; ametropia; eyes water due to wind.  |
| OFA2  | Xiajingming<br>(‘Lower Eyes Bright’)     | Insertion:<br>Indications: | 2 fen below B11 (Jingming).<br>Vertical, 1-1½ cun.<br>As OFA1.   |
| OFA3  | Jianming<br>(‘Strengthens Brightness’)   | Insertion:<br>Indications: | 2 fen below and slightly lateral to OFA2, just inside the inferior margin of the orbit.<br>Along the margin of the orbit, slightly towards the internal canthus, 1-1½ cun.<br>Retinitis; retinitis pigmentosa; optic nerve atrophy; cataract; strabismus; ametropia; dacryocystitis. |
| OFA3a | Jianming 1<br>(‘Strengthens Brightness’) | Insertion:<br>Indications: | Between Jianming and St1 (Chengqi), on medial side of the inferior margin of the orbit.<br>As for Jianming.<br>Corneal ulcer; nebula.  |
| OFA3b | Jianming 2<br>(‘Strengthens Brightness’) | Insertion:<br>Indications: | Between St1 (Chengqi) and FA4 (Qiuhou), inside the inferior margin of the orbit.<br>As for Jianming.<br>Optic nerve atrophy; nebula; retinochoroiditis; dacryocystitis; macula corneae.  |
| OFA3c | Jianming 3<br>(‘Strengthens Brightness’) | Insertion:<br>Indications: | 3 fen lateral and superior to FA4 (Qiuhou), just inside the lateral margin of the orbit.<br>As for Jianming.<br>Optic nerve atrophy; strabismus.   |
| OFA3d | Jianming 4<br>(‘Strengthens Brightness’) | Insertion:<br>Indications: | 3 fen above Shangjingming (OFA1), just inside the superior medial corner of the orbit.<br>As for Jianming.<br>Glaucoma; ametropia; cataract.   |
| OFA4  | Zengming 1<br>(‘Increase Brightness’)    | Insertion:<br>Indications: | 2 fen medial to Shangming (FA5).<br>Slightly towards internal canthus along the orbital margin.<br>Nebula; cataract; ametropia.  |
| OFA4a | Zengming 2<br>(‘Increase Brightness’)    | Insertion:<br>Indications: | 2 fen lateral to Shangming (FA5).<br>As for Zengming 1.<br>As for Zengming 1.  |
| OFA5  | Neijingming<br>(‘Inner Eyes Bright’)     | Insertion:<br>Indications: | Inner canthus of eye, just above lacrimal caruncle.<br>Vertical, ½-1 cun.<br>Retinal haemorrhage; optic nerve atrophy; conjunctivitis.   |





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| OFA6  | Yuwei<br>(‘Fish-tail’)                        | Insertion:<br>Indications: | 1 fen lateral to external canthus.<br>Slanting, 2-5 fen.<br>Eye diseases; facial paralysis; migraine.  |
| OFA7  | Shangen<br>(‘Mountain’s<br>Base’)             | Insertion:<br>Indications: | Midway between the internal canthii of the eyes,<br>on the bridge of the nose.<br>Slanting, 3-5 fen.<br>Headache; dizziness; blurred vision; sinusitis.                    |
| OFA8  | Touguangming<br>(‘Brightness on<br>the Head’) | Insertion:<br>Indications: | Directly above pupil, on upper border of eye-brow.<br>Slanting, 3-5 fen.<br>Myopia; palpebritis; paralysis of eye muscles;<br>migraine.                                    |
| OFA9  | Tongming<br>(‘Pupil’s<br>Brightness’)         | Insertion:<br>Indications: | $\frac{1}{2}$ cun below GBI (Tongziliao).<br>Slanted, $\frac{1}{2}$ -1 cun.<br>Ametropia.  |
| OFA10 | Ezhong<br>(Forehead’s<br>Middle’)             | Insertion:<br>Indications: | 1 cun above Yintang (FA1).<br>Slanted, $\frac{1}{2}$ -1 cun.<br>Sinusitis; insomnia; vertigo; palpitations.  |
| OFA11 | Muming<br>(‘Vision<br>Bright’)                | Insertion:<br>Indications: | Vertically above pupil, on border of hair-line.<br>$\frac{1}{2}$ cun below GBI5 (Linqi).<br>Slanted, 5-8 fen.<br>Headache; conjunctivitis; weak sight.                     |
| OFA12 | Jiabi<br>(‘Cheek and<br>Nose’)                | Insertion:<br>Indications: | On border of nasal bone and nasal cartilage,<br>superior and medial to Bitong (FA8).<br>Slanting, 3-5 fen.<br>Rhinitis; nasal furuncle.                                    |
| OFA13 | Biliu<br>(‘Runny Nose’)                       | Insertion:<br>Indications: | Outer nostril, on the line connecting the septum<br>nasi and the ala nasi.<br>Slanting, 3-5 fen.<br>Rhinitis; hyposmia; trigeminal neuralgia; facial<br>paralysis.         |
| OFA14 | Sanxiao<br>(‘Spread Smile’)                   | Insertion:<br>Indications: | In middle of naso-labial sulcus, below and<br>posterior to Co20 (Ying xian).<br>Slanting, 3-5 fen.<br>Rhinitis; nasal furuncle; facial paralysis.                          |
| OFA15 | Dingshen<br>(‘Little Spirit’)                 | Insertion:<br>Indications: | Below GV26 (Renzhong), in philtrum $\frac{1}{3}$<br>distance from top of lip to base of nose.<br>Slanting upwards $\frac{1}{2}$ -1 cun.<br>Psychosis; fits; dysmenorrhoea. |
| OFA16 | Yankou<br>(‘Swallow’s<br>Mouth’)              | Insertion:<br>Indications: | At the corner of the mouth, on the border<br>between lips and cheek.<br>Slanted, 5-8 fen.<br>Trigeminal neuralgia; facial paralysis; constipation;<br>urinary retention.   |
| OFA17 | Dihe<br>(‘Earth’s<br>Union’)                  | Insertion:<br>Indications: | The most prominent part on the midline of the<br>mandible.<br>Slanted, 2-3 fen.<br>Pain in lower teeth; facial paralysis.  |



|       |  |                            |   |
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| OFA18 | Neiyingxiang<br>(‘Inner<br>Welcome<br>Fragrance’)      | Insertion:<br>Indications: | Near the nostril opening in the mucous<br>membrane on the nasal septum.<br>Bleed.<br>Conjunctivitis; laryngitis; heat-stroke.   |
| OFA19 | Tounie<br>(‘Temple’)                                   | Insertion:<br>Indications: | 1 cun posterior to Taiyang (FA3), level with the<br>tip of the ear. (At a prominence in the temporal<br>region on clenching the teeth.)<br>Slanted, 1-1½ cun.<br>Psychosis; fits; progressive loss of memory. |
| OFA20 | Ehrjian<br>(‘Ear Tip’)                                 | Insertion:<br>Indications: | At the tip of the auricle when the ear is bent<br>forward.<br>Vertical, 1-2 fen, or bleed.<br>Conjunctivitis; migraine; cataract.   |
| OFA21 | Guangcai<br>(‘Lustre’)                                 | Insertion:<br>Indications: | In a small depression 2 fen above and 1 fen<br>anterior to the tip of the ear.<br>Moxa (peck with green-stick).<br>Infectious parotitis.  |
| OFA22 | Tingxiang<br>(‘Hear Sound’)                            | Insertion:<br>Indications: | 1 fen above TH21 (Ermen), in small hollow.<br>Vertical, ½-1 cun.<br>Deafness.   |
| OFA23 | Shanglong<br>(‘Upper<br>Deafness’)                     | Insertion:<br>Indications: | Midway between TH21 (Ermen) and SI19<br>(Tinggong).<br>Vertical, 1-2 cun, with mouth open.<br>Deafness; deaf-mutism.  |
| OFA24 | Tingxue<br>(‘Hearing<br>Orifice’)                      | Insertion:<br>Indications: | Midway between SI19 (Tinggong) and GB2<br>(Tinghui).<br>Vertical, 1-2 cun, with mouth open.<br>Deaf-mutism.   |
| OFA25 | Tinglongjian<br>(‘Between<br>Hearing and<br>Deafness’) | Insertion:<br>Indications: | Midway between Tingxue (OFA24) and SI19<br>(Tinggong).<br>Vertical, 1-2 cun, with mouth open.<br>Deafness.  |
| OFA26 | Tingling<br>(‘Hearing’s<br>Inspiration’)               | Insertion:<br>Indications: | Midway between Tingxue (OFA24) and GB2<br>(Tinghui).<br>Vertical, 1-2 cun, with mouth open.<br>Tinnitus; deafness; deaf-mutism.   |
| OFA27 | Tingcong<br>(‘Hearing’)                                | Insertion:<br>Indications: | 2 fen below GB2 (Tinghui).<br>Vertical, 1½-2 cun.<br>Deafness.  |
| OFA28 | Tingmin<br>(‘Hearing<br>Sensitivity’)                  | Insertion:<br>Indications: | At lower root of ear-lobe.<br>Vertical, 1½ cun.<br>Deafness.  |
| OFA29 | Zhuding<br>(‘Pearl’s Tip’)                             | Insertion:<br>Indications: | Tip of tragus of ear.<br>Vertical, 3 fen.<br>Diseases of ear; toothache.  |

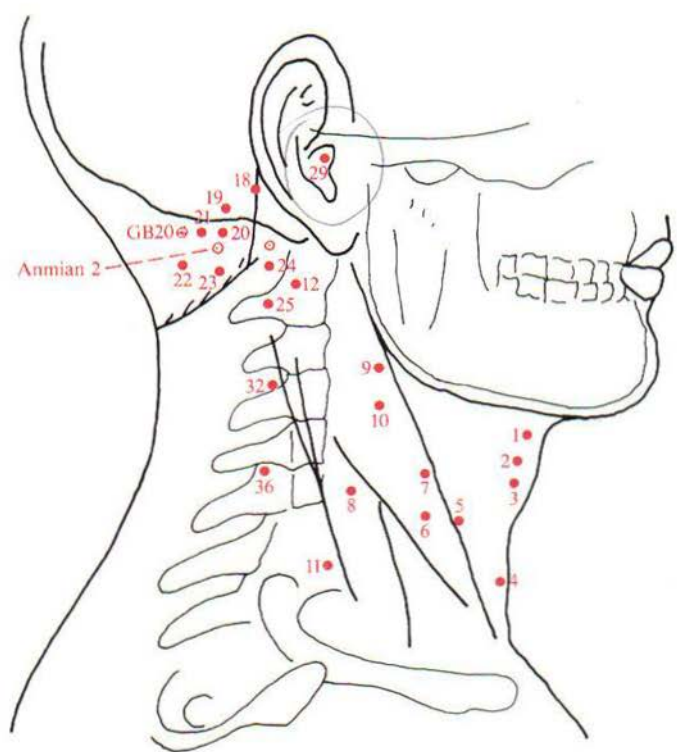
## Points in the Mouth

|    |  |                            |  |
|----|--|----------------------------|--|
| M1 | Jinjin, Yuyue<br>(‘Gold Fluid,<br>Jade Fluid’) | Insertion:<br>Indications: | On veins on both sides of frenulum of tongue.<br>Bleed with prismatic needle.<br>Aphasia with stiffness of tongue; continual vomiting; stomatitis; glossitis; tonsillitis. |
| M2 | Haiquan<br>(‘Sea’s Spring’)                    | Insertion:<br>Indications: | In the centre of the frenulum.<br>Bleed.<br>Spasm of diaphragm; glossitis; emaciation with thirst.   |
| M3 | Shezhu<br>(‘Tongue’s<br>Pillar’)               | Insertion:<br>Indications: | At the intersection of the frenulum with the sublingual fold.<br>Bleed.<br>Heavy tongue; emaciation with thirst.   |
| M4 | Jianei<br>(‘Inside<br>Cheek’)                  | Insertion:<br>Indications: | On the buccal mucosa in the mouth, level with the first molar.<br>Slanted towards ear, ½-1 cun, or bleed.<br>Facial paralysis; deafness; ulceration of mouth or gums.      |
| M5 | Juquan<br>(‘Gathering<br>Spring’)              | Insertion:<br>Indications: | In the centre of the tongue surface.<br>Vertical, 2-3 fen.<br>Paralysis of tongue; asthma.   |

## Other Non-Meridial Points

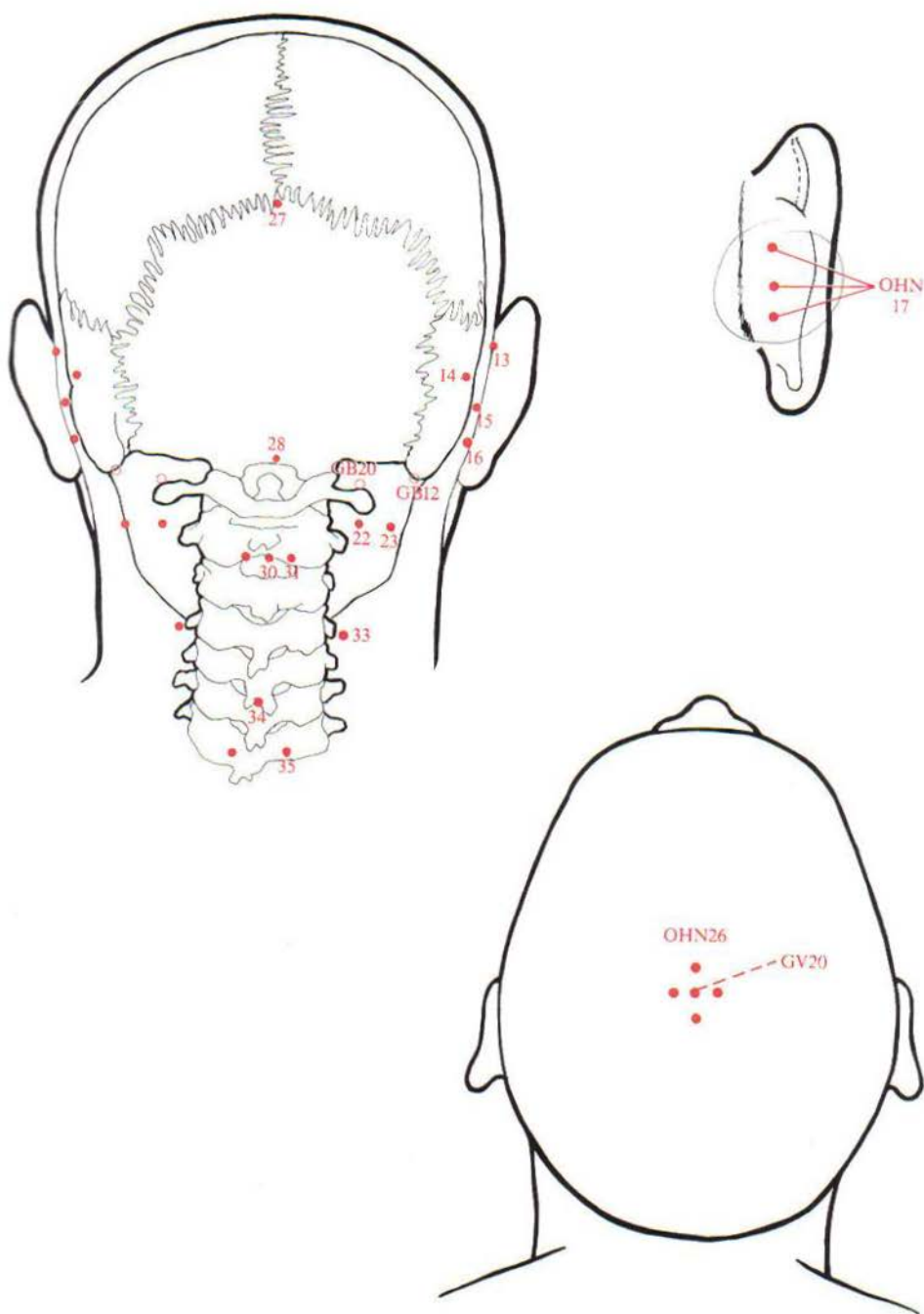
### HEAD AND NECK

|      |   |                            |  |
|------|---|----------------------------|--|
| OHN1 | Waijinjin;<br>Waiyuye<br>(‘Outer Gold<br>Fluid; Outer<br>Jade Fluid’) | Insertion:<br>Indications: | With head raised, 3 fen from mid-line and 1 cun above laryngeal prominence.<br>Slanted to root of tongue, ½-1 cun.<br>Stomatitis; aphasia from apoplexy; paralysis of tongue.  |
| OHN2 | Panglianquan<br>(Beside Spring<br>of Integrity’)                      | Insertion:<br>Indications: | ½ cun lateral to CV23 (Lianquan).<br>Vertical, ½-1 cun.<br>Swollen tongue; disease of vocal cords.   |
| OHN3 | Hongyin<br>(‘Huge Sound’)   | Insertion:<br>Indications: | ½ cun beside laryngeal prominence.<br>Vertical 3-5 fen.<br>Acute and chronic laryngitis; disease of vocal cords.   |
| OHN4 | Zhiou<br>(‘Stop<br>Vomiting’)   | Insertion:<br>Indications: | Midway between CV22 (Tiantu) and CV23 (Lianquan).<br>Sloped to CV22, ½-1 cun.<br>Vomiting; excess phlegm.  |
| OHN5 | Qiyang<br>(‘Cervical<br>Lump of Qi’)                                  | Insertion:<br>Indications: | Near St10 (Shuitu), on lateral superior side of swelling associated with goitre.<br>Vertical, 1-1½ cun.<br>Simple goitre; hyperthyroidism.   |
| OHN6 | Yaxue<br>(‘Mute Orifice’)   | Insertion:<br>Indications: | A combination of four points, two on the front of the neck about 2 fen lateral to the mid-point between St9 (Renyang) and St10 (Shuitu), and two on the back of the neck about 4 fen above GB20 (Fengchi).<br>Vertical 1 cun. (Avoid carotid artery with the anterior points).<br>Deaf-mutism; disease of vocal cords. |
| OHN7 | Qiangyin<br>(‘Strong<br>Sound’)                                       | Insertion:<br>Indications: | 2 cun lateral to laryngeal prominence, above and behind St9 (Renyang).<br>Towards root of tongue, ½-1 cun.<br>Aphasia due to disease of vocal cords.   |
| OHN8 | Xiaofutu<br>(‘Lower<br>Support<br>Prominence’)                        | Insertion:<br>Indications: | ½ cun below Co18 (Futu).<br>Slant upwards, 3 fen to 1½ cun.<br>Goitre; tremor; paralysis of upper limb.  |
| OHN9 | Ronghou<br>(‘Behind<br>Heaven’s<br>Contents’)                         | Insertion:<br>Indications: | 1½ cun below TH17 (Yifeng), just posterior to SH17 (Tianrong).<br>Vertical, ½-1 cun.<br>Deafness; toothache; headache.   |



|       |  |                            |  |
|-------|--|----------------------------|--|
| OHN10 | Luoqing<br>(‘Stiff Neck’)                              | Insertion:<br>Indications: | In middle of sternocleidomastoid muscle, below Ronghou (OHN9).<br>Vertical, 1-1½ cun.<br>Stiff Neck.   |
| OHN11 | Huxi<br>(‘Breathing’)                                  | Insertion:<br>Indications: | About 3 fen below the junction of the lateral margin of the sternocleidomastoid muscle with the jugular vein.<br>Vertical, 5-8 fen.<br>Paralysis of respiratory muscles; diaphragmatic spasms; apnoea.                           |
| OHN12 | Fengyan<br>(‘Wind’s Cliff’)                            | Insertion:<br>Indications: | ½ cun in front of the mid-point between the inferior border of the ear-lobe and GV15 (Yamen).<br>Vertical, 1-1½ cun.<br>Insanity; hysteria; neurasthenia; neurotic headaches; sequelae of brain disease with mental retardation. |
| OHN13 | Shangergen<br>(‘Upper Ear Root’)                       | Insertion:<br>Indications: | Middle of upper root of auricle.<br>Slanted, ½-1 cun.<br>Hemiplegia; lateral sclerosis.  |
| OHN14 | Houcong<br>(‘Posterior Hearing’)                       | Insertion:<br>Indications: | Midway between upper auricular root and natural hairline at back of neck.<br>Slanted, 3-5 fen.<br>Deafness.  |
| OHN15 | Houtinggong<br>(‘Posterior Palace of Hearing’)         | Insertion:<br>Indications: | At auricular root, behind ear, level with SI19 (Tinggong).<br>Slanted, ½-1 cun.<br>Deafness.   |
| OHN16 | Houtingxue<br>(‘Posterior Hearing Points’)             | Insertion:<br>Indications: | Midway between SI19 (Tinggong) and Yilong (HN1).<br>Slanted, ½-1 cun.<br>Deafness.   |
| OHN17 | Erbeijing-maisantiao<br>(‘Three Veins on Back of Ear’) | Insertion:<br>Indications: | On the three veins at the back of the auricle.<br>Bleed.<br>Hordeolum; conjunctivitis; skin diseases.  |
| OHN18 | Yanchi<br>(‘Cliff’s Pool’)                             | Insertion:<br>Indications: | At intersection of a line level with the highest point of the mastoid process and the natural hair-line.<br>Vertical and slightly backwards, 1-1½ cun.<br>Glaucoma; vertigo; hypertension.                                       |
| OHN19 | Xingfen<br>(‘Excitement’)                              | Insertion:<br>Indications: | About ½ cun in a slanted direction above Anmian 2 (HN4), just posterior to the margin of the mastoid process.<br>Vertical, ½-1 cun.<br>Bradycardia; idiocy after brain disease; hypersomnia.                                     |





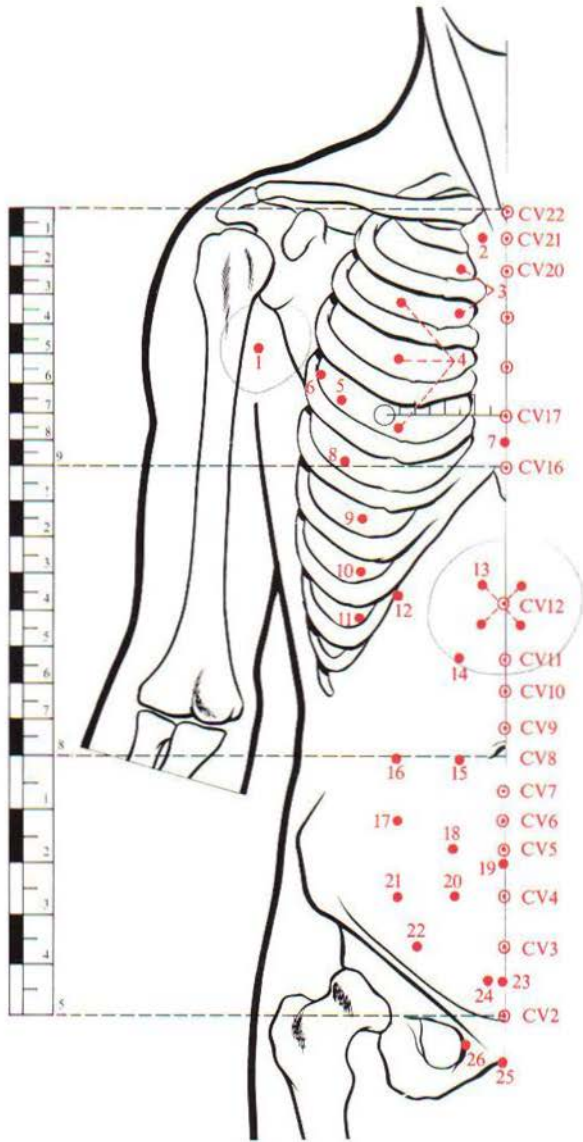
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|-------|--|----------------------------|--|
| OHN20 | Yaming<br>(‘Mute Call’)                              | Insertion:<br>Indications: | 1 cun anterior to GB20 (Fengchi).<br>Vertical, 1-1½ cun, to tip of nose.<br>Deaf-mutism; pharyngolaryngitis.   |
| OHN21 | Chiqian<br>(‘Before the Pool’)                       | Insertion:<br>Indications: | ½ cun anterior to GB20 (Fengchi).<br>Slanted, 1-1½ cun, towards TH17 (Yifeng).<br>Deafness; cataract.  |
| OHN22 | Chixia<br>(‘Below the Pool’)                         | Insertion:<br>Indications: | ½ cun below GB20 (Fengchi).<br>Vertical, 1-1½ cun.<br>Occipital headache; glaucoma; retinitis pigmentosa.  |
| OHN23 | Tianting<br>(‘Heaven’s Hearing’)                     | Insertion:<br>Indications: | ½ cun below Anmian 2 (HN4).<br>Vertical 1 cun.<br>Deafness.  |
| OHN24 | Ximingxia<br>(‘Below Dim Light’)                     | Insertion:<br>Indications: | ½ cun below Yiming (HN2).<br>Vertical, 1½ cun.<br>Deafness.  |
| OHN25 | Tongerdao<br>(‘Through the Ear Canal’)               | Insertion:<br>Indications: | 1 cun below Yiming (HN2).<br>Slanted to ear-drum, 1-2 cun.<br>Tinnitus; deafness.  |
| OHN26 | Sishencong<br>(‘Four Intelligence’)                  | Insertion:<br>Indications: | 4 points, each 1 cun from GV20 (Baihui) anterior, posterior, and both sides.<br>Slanted posteriorly, ½-1 cun.<br>Headache and feeling of vertex fullness; vertigo; seizures; neurasthenia. |
| OHN27 | Damen<br>(‘Big Door’)                                | Insertion:<br>Indications: | Median line of head, ½ cun posterior to GV18 (Qiangjian).<br>Slanted posteriorly, ½ cun.<br>Hemiplegia following stroke.   |
| OHN28 | Zhongjie<br>(‘Middle Connection’)                    | Insertion:<br>Indications: | 7 fen above GV16 (Fengfu).<br>Slanted to right or left, ½ cun.<br>Hydrocephalus.   |
| OHN29 | Waierdaokou<br>(‘Opening of the External Ear Canal’) | Insertion:<br>Indications: | At the top of the auditory meatus.<br>Vertical, 3-5 fen.<br>Tinnitus; deafness.  |
| OHN30 | Xiayamen<br>(‘Lower Door of Muteness’)               | Insertion:<br>Indications: | 1 cun below GV15 (Yamen).<br>Vertical, ½-1 cun.<br>Sequelae of brain-disease.  |
| OHN31 | Fuyamen<br>(‘Secondary Door of Muteness’)            | Insertion:<br>Indications: | ½ cun lateral to Xiayamen (OHN30).<br>Vertical, ½-1 cun.<br>Sequelae of brain-disease.   |
| OHN32 | Jingzhong<br>(‘Middle of Neck’)                      | Insertion:<br>Indications: | 2 cun below Anmian 2 (HN4), on the posterior border of the sternocleidomastoid muscle.<br>Vertical or slanted upwards, ½-1 cun.<br>Stiff and painful neck; hemiplegia.                     |

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| OHN33 | Xiaxinshi<br>(‘Lower New<br>Recognition’) | Insertion:<br>Indications: | ½ cun below Xinshi (HN8).<br>Vertical, 1-1½ cun.<br>Pituitary adenoma.  |
| OHN34 | Xinyi<br>(‘New One’)                      | Insertion:<br>Indications: | Between spinous processes of 5th and 6th<br>cervicals.<br>Slightly slanted, ½-1 cun.<br>Incomplete maturation of cerebral cortex; seizures;<br>psychosis. |
| OHN35 | Dijia 1<br>(‘Endemic<br>Goitre’)          | Insertion:<br>Indications: | One finger-width lateral and ½ cun above GV14<br>(Dazhui).<br>Vertical, 1 cun.<br>Endemic Goitre.   |
| OHN36 | Dijia 2<br>(‘Endemic<br>Goitre’)          | Insertion:<br>Indications: | Level with the mid-point of the<br>sternocleidomastoid muscle, 1 cun posteriorly.<br>Vertical, ½ cun.<br>Endemic Goitre.                                  |

## Other Non-Meridial Points

### CHEST AND ABDOMEN

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| OCA1  | Xiaokuai<br>(‘Eliminate Lump’)                | Insertion:<br>Indications: | At the top of the anterior axillary crease.<br>Slant upwards, 1-1½ cun.<br>Breast tumour.  |
| OCA2  | Chixue<br>(‘Red Orifice’)                     | Insertion:<br>Indications: | 1 cun lateral to CV21 (Xuanji).<br>Slanted upwards, ½-1 cun. (Downwards for intercostals).<br>Cough; asthma; intercostal neuralgia.                            |
| OCA3  | Xinleitou<br>(‘New Rib’s Head’)               | Insertion:<br>Indications: | 2 points, beside the sternum in the first and second intercostal spaces.<br>Slanted, 3-5 fen.<br>Asthma; bronchitis; intercostal neuralgia; costal chondritis. |
| OCA4  | Xiaoerjixiong<br>(‘Infantile Chicken Breast’) | Insertion:<br>Indications: | 3 points, in the 2nd, 3rd and 4th intercostal spaces, about 2½ cun from the mid-line.<br>Moxa<br>Pigeon-breast.  |
| OCA5  | Xiongdaji<br>(‘Pectoralis Major’)             | Insertion:<br>Indications: | 2 finger-widths lateral to the nipple.<br>Slanted, 5-8 fen.<br>Atrophy of pectoralis major muscle.   |
| OCA6  | Tanchuan<br>(‘Phlegm and Wheezing’)           | Insertion:<br>Indications: | 1¾ cun lateral to St16 (Yinchuang).<br>Slanted, ½-1 cun.<br>Chronic bronchitis; asthma.  |
| OCA7  | Longhan<br>(‘Dragon Jaw’)                     | Insertion:<br>Indications: | Midway between CV16 (Zhongting) and CV17 (Shanzhong).<br>Slanted, ½-1 cun.<br>Pain in the chest; stomach-ache.   |
| OCA8  | Zuoyi, Youyi<br>(‘Right and Left Propriety’)  | Insertion:<br>Indications: | 1 cun lateral and slightly superior to St18 (Rugen).<br>Slanting, 3-5 fen.<br>Mastitis; pleurisy; intercostal neuralgia.                                       |
| OCA9  | Ganshi<br>(‘Liver’s Dwelling’)                | Insertion:<br>Indications: | Directly below nipple, between 6th and 7th ribs.<br>Slanted, 3-5 fen.<br>Hepatomegaly; pain in liver area.   |
| OCA10 | Eni<br>(‘Hiccup’)                             | Insertion:<br>Indications: | Directly below nipple, in 7th intercostal space.<br>Slanted, 3-5 fen, or moxa.<br>Hiccups.   |
| OCA11 | Chuangxinmen<br>(‘Create New Door’)           | Insertion:<br>Indications: | Just above 9th rib at its intercostal junction.<br>Slanted, 5-8 fen.<br>Chronic schistosomiasis.   |
| OCA12 | Shicang<br>(‘Granary’)                        | Insertion:<br>Indications: | 3 cun lateral to CV12 (Zhongwan).<br>Vertical, 1½-2 cun.<br>Nephritis; peptic ulcer; indigestion; lack of appetite; menorrhagia.                               |



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| OCA13 | Meihua<br>(‘Plum Blossom’)            | Insertion:<br>Indications: | 5 points, including CV12 (Zhongwan), the other four being, bilaterally, ½ cun above and below Ki19 (Yindu).<br>Vertical, 1-1½ cun.   |
| OCA14 | Shiguan<br>(‘Food’s Gate’)            | Insertion:<br>Indications: | Indigestion; gastric ulcer; gastritis.<br>1 cun lateral to CV11 (Jianli).<br>Vertical, 1½-2 cun.   |
| OCA15 | Hunshu<br>(‘Mingled Associations’)    | Insertion:<br>Indications: | Nephritis; indigestion; enteritis; belching.<br>1 cun lateral to CV8 (Shenjue).<br>Vertical, 1½-2 cun.   |
| OCA16 | Tongbian<br>(‘Bowel Movement’)        | Insertion:<br>Indications: | Dysentery; enteritis; indigestion.<br>3 cun lateral to CV8 (Shenjue).<br>Vertical, 1-2 cun.  |
| OCA17 | Jingzhong<br>(‘Middle of Channel’)    | Insertion:<br>Indications: | Constipation due to paraplegia.<br>3 cun lateral to CV6 (Qihai).<br>Vertical, 1½-2 cun.  |
| OCA18 | Waisiman<br>(‘Outer Four Full’)       | Insertion:<br>Indications: | Constipation; irregular menstruation; enteritis; peritonitis.<br>1 cun lateral to Ki14 (Siman).<br>Moxa.   |
| OCA19 | Jueyun<br>(‘Miscarriage’)             | Insertion:<br>Indications: | Irregular menses.<br>3 fen below CV5 (Shimen).<br>Moxa   |
| OCA20 | Yijing<br>(‘Spermatorrhoea’)          | Insertion:<br>Indications: | Miscarriage; infantile diarrhoea.<br>1 cun lateral to CV4 (Guanyuan).<br>Vertical, 1½-2 cun.   |
| OCA21 | Qimen<br>(‘Qi’s Door’)                | Insertion:<br>Indications: | Premature ejaculation; impotence; scrotal eczema.<br>3 cun lateral to CV4 (Guanyuan).<br>Vertical, 1½-2 cun.   |
| OCA22 | Changyi<br>(‘Intestinal Remnant’)     | Insertion:<br>Indications: | Menorrhagia; sterility; orchitis; cystitis; puerperal leucorrhoea.<br>2½ cun lateral to CV3 (Zhongji).<br>Vertical, 1-1½ cun.  |
| OCA23 | Xiazhongji<br>(‘Below Middle Summit’) | Insertion:<br>Indications: | Irregular menses; pain in penis; orchitis; adnexitis.<br>Midway between CV2 (Qugu) and CV3 (Zhongji).<br>Slant to pubis, 2-2½ cun.   |
| OCA24 | Tingtou<br>(‘Erect Head’)             | Insertion:<br>Indications: | Incontinence due to paraplegia.<br>½ cun below Ki12 (Dahe).<br>Vertical, 1-1½ cun.   |
| OCA25 | Longmen<br>(‘Dragon’s Gate’)          | Insertion:<br>Indications: | Prolapse of the uterus.<br>On the midline of the inferior border of the pubic symphysis.<br>Slanted ½-1 cun.<br>Abnormal uterine bleeding; incontinence; female infertility. |

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| OCA26 | Yinbian<br>(‘Beside<br>Genitals’)     | Insertion:<br>Indications: | On the lower border of the pubic symphysis,<br>½ cun lateral to the midline.<br>Slant to midline, ½-1 cun.<br>Incontinence or retention due to paraplegia.   |
| OCA27 | Qisbian<br>(‘Four Sides of<br>Navel’) | Insertion:<br>Indications: | 4 points, approximately 1 cun to the left and<br>right, above and below the navel. 3 of these would<br>be CV9 (Shuifen) and the bilateral Hunshe<br>(OCA15) (Not illustrated).<br>Vertical, 1-1½ cun, or moxa.<br>Acute gastro-enteritis; spastic stomach; indigestion;<br>oedema. |

## Other Non-Meridial Points

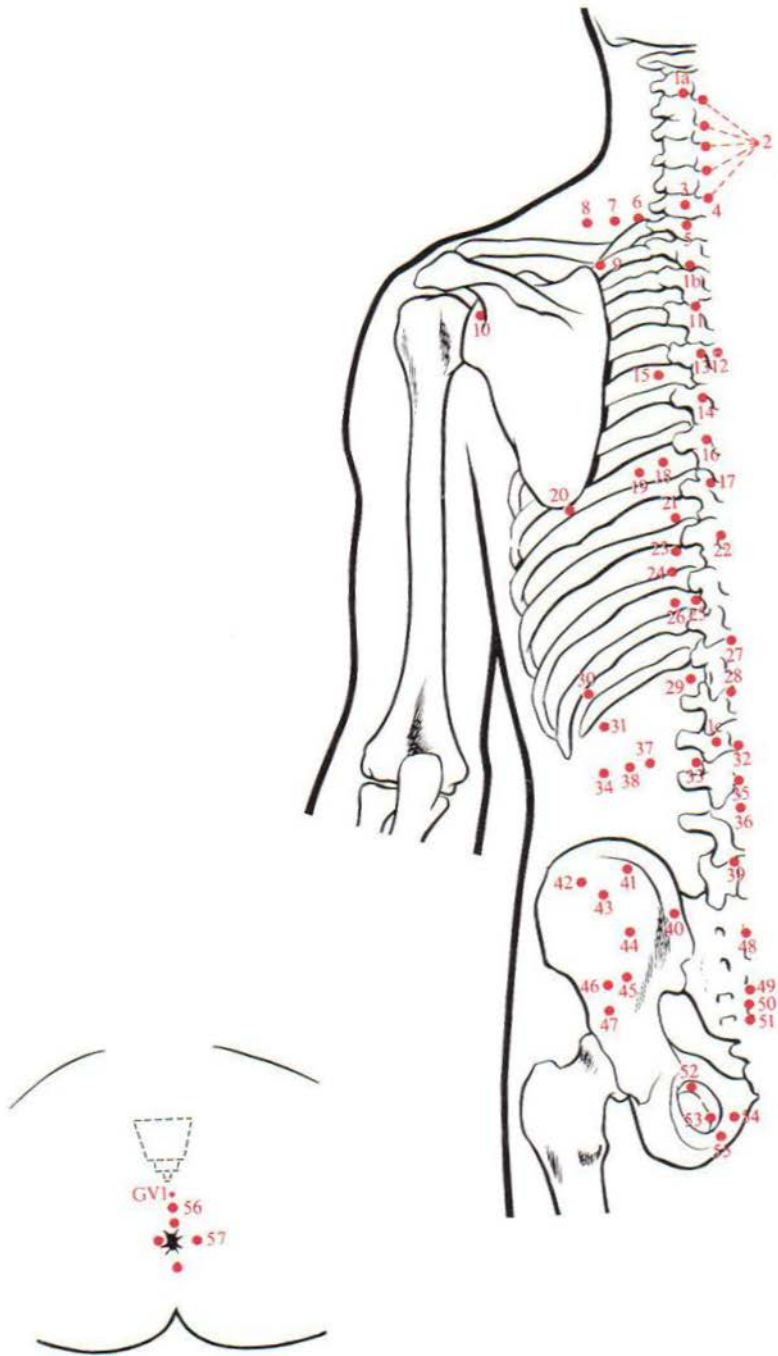
# DORSAL AND LUMBAR

|                   |  |                            |  |
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| ODL1<br>1a, b & c | Jisanxue<br>(Three<br>Vertebral<br>Orifices')                      | Insertion:<br>Indications: | 1 cun below and ½ cun lateral to GV15 (Yamen);<br>½ cun lateral to D2 and ½ cun lateral to L2<br>vertebrae.<br>Slanted, ½-1 cun, or moxa.<br>Spondylitis; myelitis; disorders of spine and cord;<br>neuralgia of back. |
| ODL2              | Zhinao,<br>Nos.1-5<br>(‘Heal Brain’)                               | Insertion:<br>Indications: | 5 points on the midline between the spinous<br>processes of C2/3/4/5/6/7.<br>Vertical 1-1½ cun. (Withdraw immediately if<br>strong sensation felt).<br>Diseases of the brain.  |
| ODL3              | Liujing-<br>zhuipang<br>(‘Beside the 6th<br>Cervical<br>Vertebra’) | Insertion:<br>Indications: | ½ cun lateral to spinous process of C6.<br>Vertical, ½-1 cun.<br>Rhinitis; loss of sense of smell.   |
| ODL4              | Chonggu<br>(‘Lofty Bone’)  | Insertion:<br>Indications: | Below spinous process of C6. (This is the 5th of<br>the Zhinao (ODL2) points.)<br>Slanting, ½-1 cun.<br>Asthma; common cold; bronchitis; stiff neck;<br>epilepsy.  |
| ODL5              | Qijingzhuipang<br>(‘Beside 7th<br>Cervical<br>Vertebra’)           | Insertion:<br>Indications: | ½ cun lateral to spinous process of C7.<br>Vertical, ½-1 cun.<br>Tonsillitis; pharyngitis.   |
| ODL6              | Waidingchuan<br>(‘Outer Stop<br>Wheezing’)                         | Insertion:<br>Indications: | 1½ cun lateral to GV14 (Dazhui).<br>Slanted towards spine, ½-¾ cun.<br>Bronchitis; asthma.   |
| ODL7              | Baizhongfeng<br>(‘Hundred<br>Kinds of<br>Wind’)                    | Insertion:<br>Indications: | 2.3 cun lateral to GV14 (Dazhui).<br>Slanted, ½-1 cun.<br>Pain at the back of the shoulder; urticaria;<br>apoplexy.  |
| ODL8              | Jiehexue<br>(‘Tuberculosis<br>Orifice’)                            | Insertion:<br>Indications: | 3½ cun lateral to GV14 (Dazhui).<br>Vertical, ½-¾ cun.<br>Tuberculosis.  |
| ODL9              | Chuchueh<br>(‘Resist Pain’)  | Insertion:<br>Indications: | Slightly below medial side of upper border of<br>scapula.<br>Slanted, ½-1 cun.<br>Pain in scapula; hysteria.   |
| ODL10             | Jugoxia<br>(‘Below Great<br>Bone’)                                 | Insertion:<br>Indications: | 2 cun below Col6 (Jugu).<br>Vertical, 1-2 cun.<br>Diseases of the shoulder joint and tissues.  |



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| ODL11 | Feirexue<br>(‘Lung Heat Orifice’)      | Insertion:<br>Indications: | ½ cun lateral to spinous process of D3 (Jiaji point).<br>Slanted to spine, ½-1 cun.<br>Bronchitis; pleurisy; pneumonia; pain in back.               |
| ODL12 | Juqueshu<br>(‘Great Palace Hollow’)    | Insertion:<br>Indications: | Below tip of spinous process of D4.<br>Slanting, ½-1 cun.<br>Bronchitis; asthma, heart trouble; intercostal neuralgia.                              |
| ODL13 | Weirexue<br>(‘Stomach Heat Orifice’)   | Insertion:<br>Indications: | ½ cun lateral to spinous process of D4 (Jiaji point).<br>Slanted to spine, ½-1 cun.<br>Vomiting; swollen and painful gums; stomach-ache.            |
| ODL14 | Ganrexue<br>(‘Liver Heat Orifice’)     | Insertion:<br>Indications: | ½ cun lateral to spinous process of D5 (Jiaji point).<br>Slanted to spine, ½-1 cun.<br>Bronchitis; hepatitis; cholecystitis; intercostal neuralgia. |
| ODL15 | Huanmen<br>(‘Affliction’s Door’)       | Insertion:<br>Indications: | Slightly above Bll5 (Xinshu).<br>Moxa.<br>Bronchitis; asthma; T.B. of lung; general debility after long illness.                                    |
| ODL16 | Pirexue<br>(‘Spleen Heat Orifice’)     | Insertion:<br>Indications: | ½ cun lateral to spinous process of D6 (Jiaji point).<br>Slanted to spine, ½-1 cun.<br>Hepatitis; pancreatitis; splenomegaly.                       |
| ODL17 | Shenrexue<br>(‘Kidney Heat Orifice’)   | Insertion:<br>Indications: | ½ cun lateral to spinous process of D7 (Jiaji point).<br>Slanted to spine, ½-1 cun.<br>Nephritis; infection of genito-urinary tract.                |
| ODL18 | Qichuan<br>(‘Wheezing’)                | Insertion:<br>Indications: | 2 cun lateral to spinous process of D7, slightly above Bll7 (Geshu).<br>Slanted to spine, ½-1 cun.<br>Bronchitis; asthma; pleurisy.                 |
| ODL19 | Anmian 3<br>(‘Peaceful Sleep’)         | Insertion:<br>Indications: | ½ cun lateral to Bll7 (Geshu).<br>Slanted, ½-1 cun.<br>Insomnia; irritability.  |
| ODL20 | Yinkou<br>(‘Silver Mouth’)             | Insertion:<br>Indications: | At the inferior angle of the scapula.<br>Slanted, ½-1 cun.<br>Haemoptysis; intercostal neuralgia; pneumonia.  |
| ODL21 | Yishu<br>(‘Pancreas Hollow’)           | Insertion:<br>Indications: | 1½ cun lateral to spinous process of D8.<br>Slanted to spine, ½-1 cun.<br>Diabetes; gastric disorders; intercostal neuralgia.                       |
| ODL22 | Bazhuixia<br>(‘Below Eighth Vertebra’) | Insertion:<br>Indications: | Below spinous process of D8.<br>Slanted slightly upwards, ½-1 cun.<br>Diabetes; hepatitis; intercostal neuralgia; malaria.                          |

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| ODL23 | Weiguanxiashu<br>(‘Stomach’s<br>Lower Hinge<br>Hollow’) | Insertion:<br>Indications: | 1½ cun lateral to the lower border of the<br>spinous process of D8.<br>Oblique 5-7 fen, or moxa.<br>Vomiting; abdominal pain.                          |
| ODL24 | Jianming 5<br>(‘Strengthens<br>Brightness’)             | Insertion:<br>Indications: | 1½ cun lateral to spinous process of D9, about<br>½ cun above Bl18 (Ganshu).<br>Vertical, 5-8 fen.<br>Optic atrophy; retinitis.                        |
| ODL25 | Shubian<br>(‘Beside the<br>Axis’)                       | Insertion:<br>Indications: | 1 cun lateral to the spinous process of D10.<br>Slanted to spine, ½-1 cun.<br>Gastric disorders; disorders of liver and<br>gall-bladder.               |
| ODL26 | Zhuoyu<br>(‘Bathing the<br>Unclean’)                    | Insertion:<br>Indications: | 2½ cun lateral to the spinous process of D10.<br>Slanted to spine, ½-1 cun.<br>Diseases of liver and gall-bladder; anorexia.                           |
| ODL27 | Dianxian<br>(‘Epilepsy’)                                | Insertion:<br>Indications: | Midway between GV14 (Dazhui) and the tip of<br>the coccyx — usually on the spinous process of D11.<br>Moxa.<br>Epilepsy and convulsions.               |
| ODL28 | Jiegu<br>(‘Connecting<br>Bone’)                         | Insertion:<br>Indications: | In depression below spinous process of D12.<br>Slanted slightly upwards, ½-1 cun.<br>Anal prolapse; indigestion; gastralgia; enteritis.                |
| ODL29 | Zhongjiaoshu<br>(‘Middle<br>Burner’s<br>Hollow’)        | Insertion:<br>Indications: | 2 cun lateral to D12 vertebra.<br>Slanted 75° slightly upwards. On left side 1½-2 cun,<br>on right side superficial only.<br>Chronic schistosomiasis.  |
| ODL30 | Kuiyangxue<br>(‘Ulcer Orifice’)                         | Insertion:<br>Indications: | 2 cun lateral to Bl45 (Weicang).<br>Slanted 5-8 fen.<br>Gastric and duodenal ulcers.   |
| ODL31 | Pigen<br>(‘Lump’s Root’)                                | Insertion:<br>Indications: | 3½ cun lateral to lower end of spinous process<br>of L1.<br>Vertical, 1-1½ cun.<br>Hepatomegaly; splenomegaly; nephritis; enteritis;<br>lumbago.       |
| ODL32 | Xuechou<br>(‘Blood<br>Worry’)                           | Insertion:<br>Indications: | Above spinous process of L2.<br>Vertical, 1-1½ cun.<br>Haemorrhagic disorders.   |
| ODL33 | Changfeng<br>(‘Intestinal<br>Wind’)                     | Insertion:<br>Indications: | 1 cun lateral to lower end of spinous process of<br>L2.<br>Vertical, 1-1½ cun.<br>Haemorrhoids; stomach and intestinal disorders;<br>nocturia.         |
| ODL34 | Xuefu<br>(‘Blood’s<br>Residence’)                       | Insertion:<br>Indications: | 4 cun lateral to the spinous process of L2.<br>Vertical, 1-1½ cun.<br>Amenorrhoea; ovarian hyperplasia; hepatomegaly;<br>splenomegaly; spermatorrhoea. |



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| ODL35 | Zhuzhang<br>(‘Bamboo<br>Cane’)                            | Insertion:<br>Indications: | Above spinous process of L3.<br>Moxa.<br>Haemorrhoids; anal prolapse; enteritis; intestinal<br>T.B.; blood in stool.   |
| ODL36 | Xiajishu<br>(‘Lower Level<br>Hollow’)                     | Insertion:<br>Indications: | Below spinous process of L3.<br>Slanted slightly upwards, 1-1½ cun.<br>Low-back pain; cystitis; paralysis of lower limb.   |
| ODL37 | Shenxin<br>(‘Kidney New’)                                 | Insertion:<br>Indications: | 3-5 fen lateral to BI23 (Shenshu).<br>Slanted 45° towards spine, 1-1½ cun.<br>Rheumatic heart disease.   |
| ODL38 | Zhantan<br>(‘Fight<br>Paralysis’)                         | Insertion:<br>Indications: | 2½ cun lateral to the spinous process of L2.<br>Slanted, 2-3 cun.<br>Paraplegia.   |
| ODL39 | Xishang<br>(‘Above the<br>Creek’)                         | Insertion:<br>Indications: | 3-5 fen lateral to the interspinal process between<br>L4 and L5 (Jiaji point).<br>Slant to mid-line, ½-1 cun.<br>Chronic pain in low-back and leg.   |
| ODL40 | Qiahoushangji<br>(‘Posterior<br>Superior Iliac<br>Spine’) | Insertion:<br>Indications: | At the posterior superior iliac spine.<br>Vertical, 1-2 cun.<br>Paralysis of lower limb.   |
| ODL41 | Yaoyi<br>(‘Lower Back<br>Propriety’)                      | Insertion:<br>Indications: | 3 cun lateral to spinous process of L4.<br>Vertical, 1-2 cun.<br>Lumbago; menorrhagia.   |
| ODL42 | Tiaoyue<br>(‘Leap’)                                       | Insertion:<br>Indications: | 2 cun below the highest point of the iliac crest.<br>Vertical, 2-3 cun.<br>Sequelae of poliomyelitis.  |
| ODL43 | Zhongkong<br>(‘Middle<br>Space’)                          | Insertion:<br>Indications: | 3½ cun lateral to spinous process of L5.<br>Vertical, 1½-2 cun.<br>Lumbago.  |
| ODL44 | Yaogan<br>(‘Lower Back’s<br>Root’)                        | Insertion:<br>Indications: | 3 cun lateral to spinous process of S1.<br>Vertical 2-3 cun.<br>Sacro-iliac joint disorders; disorders of lower<br>limbs.  |
| ODL45 | Maigen<br>(‘Vessel’s Root’)                               | Insertion:<br>Indications: | 3 cun lateral and ½ cun inferior to second<br>sacral foramen.<br>Vertical, 3-5 cun.<br>Buerger’s disease.  |
| ODL46 | Huanyue<br>(‘Encircling’)                                 | Insertion:<br>Indications: | The point at which a line drawn from the great<br>trochanter to the spinous process of L5 crosses<br>one drawn from the anterior superior iliac spine to<br>the coccyx.<br>Vertical, 2-2½ cun.<br>Paralysis of lower limb. |

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| ODL47 | Tunzhong<br>(‘Middle of<br>Buttock’)          | Insertion:<br>Indications: | At the apex of an imaginary equilateral triangle<br>the base of which is a line drawn between the<br>great trochanter and the ischial tuberosity.<br>Vertical, 2-3 cun.<br>Sciatica; paralysis of the lower limb; urticaria;<br>cold feet. |
| ODL48 | Jiuqi<br>(‘Wild Pigeon<br>Willow’)            | Insertion:<br>Indications: | Below spinous process of S1.<br>Moxa.<br>Abnormal uterine bleeding; leucorrhagia.  |
| ODL49 | Xiazhui<br>(‘Lower<br>Vertebra’)              | Insertion:<br>Indications: | Below spinous process of S3.<br>Slanted, ½-1 cun.<br>Irregular menses; enteritis; gonococcal urethritis.   |
| ODL50 | Yutian<br>(‘Jade Field’)                      | Insertion:<br>Indications: | Below spinous process of S4.<br>Slanted, ½-1 cun, or moxa.<br>Low-back pain; spasm of gastrocnemius muscle;<br>difficult labour.   |
| ODL51 | Pinxueling<br>(‘Anaemic’s<br>Inspiration’)    | Insertion:<br>Indications: | Above spinous process of S5, 3 fen below<br>ODL50.<br>Moxa.<br>Anaemia.  |
| ODL52 | Dayan<br>(‘Strike Eye’)                       | Insertion:<br>Indications: | 2½ cun lateral and ½ cun below GV2 (Yaoshu).<br>Vertical, 2-3 cun.<br>Incontinence of faeces and urine due to<br>paraplegia.   |
| ODL53 | Bikong<br>(‘Close Hole’)                      | Insertion:<br>Indications: | 2 cun lateral to the tip of the coccyx.<br>Vertical, 3-4 cun.<br>Sciatica; paralysis of lower limb.  |
| ODL54 | Libian<br>(‘Regulate<br>Excretion’)           | Insertion:<br>Indications: | 1 cun lateral to the tip of the coccyx.<br>Vertical, 1½-2 cun.<br>Incontinence of faeces and urine due to<br>paraplegia.   |
| ODL55 | Pangqiang<br>(‘Beside<br>Strength’)           | Insertion:<br>Indications: | 1½ cun lateral to GVI (Changqiang).<br>Slanted upwards, 3-4 cun.<br>Prolapse of anus or uterus.  |
| ODL56 | Xiajiaoshu<br>(‘Lower<br>Burner’s<br>Hollow’) | Insertion:<br>Indications: | Midway between GVI (Changqiang) and the<br>anus.<br>Slanted upwards, 1½-2 cun.<br>Chronic schistosomiasis. Can stimulate the nerves<br>of the pelvic plexus.   |
| ODL57 | Gangmensixue<br>(‘Four Anal<br>Orifices’)     | Insertion:<br>Indications: | Four points in all, at ½ cun above, below and<br>on each side of the anus.<br>Vertical, 1-2 cun.<br>Incontinence of urine and faeces due to<br>paraplegia.   |
| ODL58 | Jifeng<br>(‘Vertebral<br>Seams’)              | Insertion:<br>Indications: | A series of points 4½ cun lateral to the<br>interspinous spaces from D1 to L5.<br>Slanted 3-5 fen. (Not too deep).<br>Spondylitis; myelitis.   |

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| ODL59 | Lihua, Bahua<br>(‘Six Flowers,<br>Eight Flowers’) | <p>Insertion:</p> <p>Indications:</p> | <p>Eight points in all, on either side of the spine. The first two are the base angles of an equilateral triangle with sides 2 cun long and its apex at GV14. The mid-point of the base line forms the apex of a second triangle, with the next two points at the extremities of its base-line. This process is repeated down the spine for a series of four triangles, giving the eight points.</p> <p>Slanted, ½-1 cun towards spine. In chronic conditions, moxa.</p> <p>Bronchitis; asthma; anaemia; T.B. of lung; general debility after long illness.</p> |
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## Other Non-Meridial Points

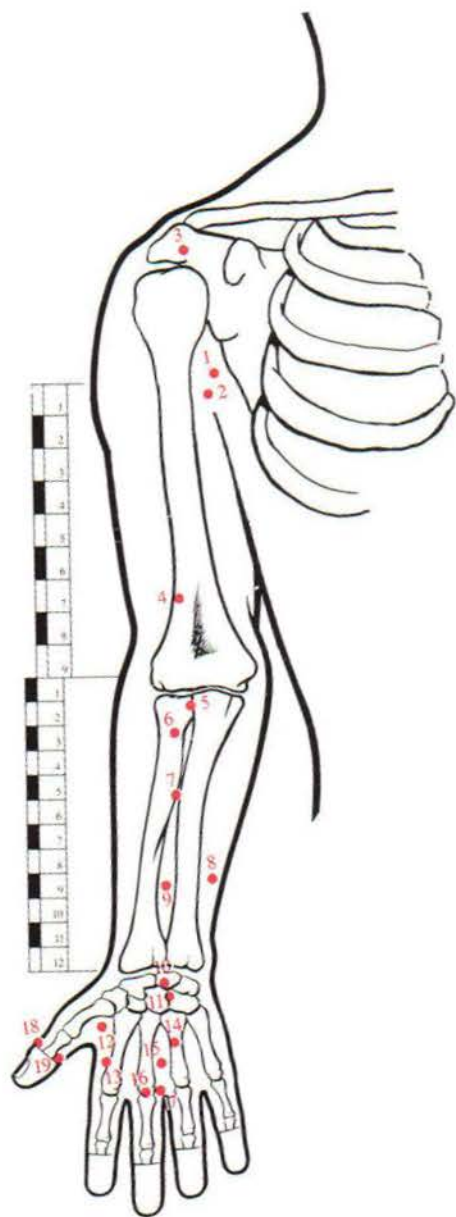
### ARM AND HAND

#### (anterior aspect)

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|-------|--|----------------------------|---|
| OAR1  | Tianling<br>(‘Heaven’s Spirit’)          | Insertion:<br>Indications: | 1 cun above and ½ cun medial to the apex of the anterior axillary crease.<br>Slanted laterally, 1-2 cun.<br>Pain in the shoulder; mental illness.         |
| OAR2  | Yeling<br>(‘Axilla’s Spirit’)            | Insertion:<br>Indications: | ½ cun above the anterior axillary crease.<br>Vertical, 1-2 cun.<br>Pain in the shoulder; mental illness.  |
| OAR3  | Zhitian 1<br>(‘Head Paralysis’)          | Insertion:<br>Indications: | In the hollow below the acromial end of the clavicle.<br>Vertical, 1-2 cun.<br>Diseases of the shoulder joint and soft tissues; hemiplegia due to stroke. |
| OAR4  | Xiabiabai<br>(‘Lower Gallantry’)         | Insertion:<br>Indications: | 3 cun distal to Lu4 (Xiabai).<br>Vertical, 1-1½ cun.<br>Palpitations; rheumatic heart disease.  |
| OAR5  | Zequian<br>(‘Before the Marsh’)          | Insertion:<br>Indications: | 1 cun distal and slightly medial to Lu5 (Chize), on a straight line from the middle finger.<br>Vertical, 1 cun.<br>Paralysis of upper limb; goitre.       |
| OAR6  | Zexia<br>(‘Below the Marsh’)             | Insertion:<br>Indications: | 2 cun distal to Lu5 (Chize).<br>Vertical, 1 cun.<br>Toothache; pain in forearm; haemorrhoids.   |
| OAR7  | Xishang<br>(‘Above Xi’)                  | Insertion:<br>Indications: | 3 cun proximal to HC4 (Ximen).<br>Vertical, 1 cun.<br>Palpitations; valvular disease of heart; mastitis.  |
| OAR8  | Dingshu<br>(‘Carbuncle’s Hollow’)        | Insertion:<br>Indications: | 4 cun proximal to the ulnar end of the wrist crease.<br>Moxa.<br>Carbuncle.   |
| OAR9  | Shoujinmen<br>(‘Hand’s Golden Door’)     | Insertion:<br>Indications: | 3½ cun proximal to the middle of the wrist crease.<br>Vertical, ½-1 cun.<br>Scrofula.   |
| OAR10 | Neiyangchi<br>(‘Inner Yang’s Pool’)      | Insertion:<br>Indications: | 1 cun distal to middle of wrist crease.<br>Vertical, 3-5 fen.<br>‘Swan-palm’ paralysis; stomatitis; infantile convulsions; pain in larynx and pharynx.    |
| OAR11 | Xiaotianxin<br>(‘Little Heaven’s Heart’) | Insertion:<br>Indications: | 1½ cun distal to the middle of the wrist crease.<br>Vertical, 3-5 fen.<br>Rheumatic heart disease; palpitations.  |

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| OAR12 | Banmen<br>(‘Board’s<br>Door’)                                      | Insertion:<br>Indications: | 1 cun internal to Lu10 (Yuji), medial to thenar eminence.<br>Vertical, 3-5 fen.<br>Asthma; tonsillitis.  |
| OAR13 | Neihegu<br>(‘Inner<br>Adjoining<br>Valleys’)                       | Insertion:<br>Indications: | Slightly lateral and proximal to the head of the second metacarpal.<br>Slanted to Co4 (Hegu), 1-1½ cun.<br>Stiff neck.   |
| OAR14 | Panglaogong<br>(‘Beside<br>Labour’s<br>Palace’)                    | Insertion:<br>Indications: | About one finger-width to the ulnar side of HC8 (Laogong).<br>Vertical, 3-5 fen.<br>Tonsillitis; numbness of fingers; toothache.   |
| OAR15 | Yatong<br>(‘Toothache’)  | Insertion:<br>Indications: | 1 cun below the metacarpophalangeal crease, between 3rd and 4th metacarpal bones.<br>Vertical, ½ cun.<br>Toothache.  |
| OAR16 | Shouzhongping<br>(‘Mid-Hand<br>Level’)                             | Insertion:<br>Indications: | In the middle of the transverse crease of the metacarpophalangeal joint of the middle finger.<br>Vertical, 2-3 fen.<br>Stomatitis.   |
| OAR17 | Zhizhang<br>(‘Finger Palm’)  | Insertion:<br>Indications: | Between the metacarpophalangeal joints of the middle and 3rd fingers, closer to the middle finger.<br>Vertical, ½-1 cun.<br>Insomnia; loss of memory; psychosis; seizures. |
| OAR18 | Fengyan<br>(‘Wind’s Ear’)  | Insertion:<br>Indications: | At the radial end of the transverse crease of the interphalangeal joint of the thumb.<br>Prick only.<br>Night blindness.   |
| OAR19 | Muzhijie-<br>hengwen<br>(‘Transverse<br>Crease of<br>Thumb Joint’) | Insertion:<br>Indications: | In the middle of the interphalangeal crease of the thumb.<br>Moxa.<br>Corneal nebula or pannus.  |





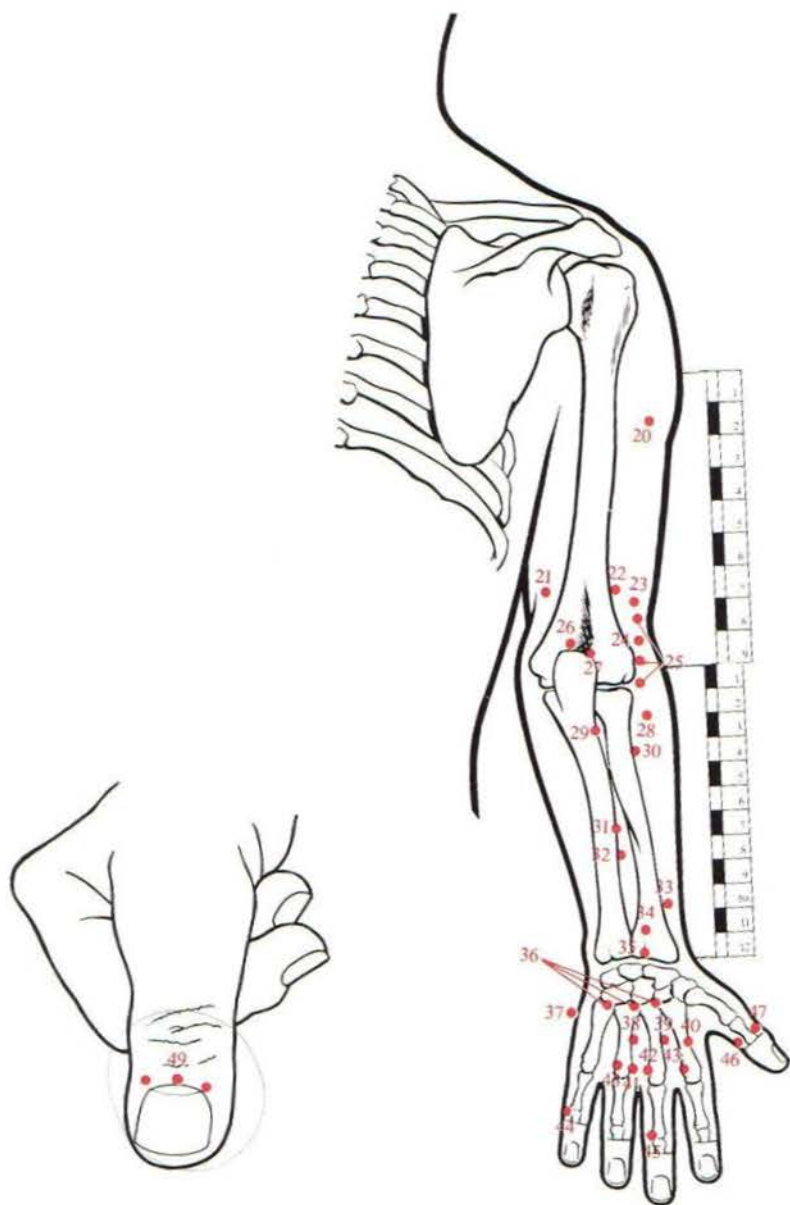
## Other Non-Meridial Points

### ARM AND HAND

#### (posterior aspect)

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| OAR20 | Jianming<br>(‘See<br>Brightness’)         | Insertion:<br>Indications: | ½ cun posterior to the ‘Deltoid V’ on the upper arm.<br>Slanted upwards, 1-2 cun.<br>Diseases of the eye; paralysis and paresis of the upper limb.         |
| OAR21 | Shenzhou<br>(‘Extend<br>Elbow’)           | Insertion:<br>Indications: | 3 finger-widths above the olecranon, on the ulnar aspect.<br>Vertical, 1-1½ cun.<br>Stiffness of the elbow joint (particularly after fracture of the arm). |
| OAR22 | Zhiyang<br>(‘Stop Itching’)               | Insertion:<br>Indications: | 1 cun above Co12 (Zhouliao).<br>Slanted towards shoulder, 2 cun.<br>Urticaria; allergic dermatitis; pruritis.  |
| OAR23 | Shangquchi<br>(‘Upper<br>Crooked Pool’)   | Insertion:<br>Indications: | 1½ cun above Co11 (Quchi).<br>Vertical, 1-2 cun.<br>Paralysis of upper arm.  |
| OAR24 | Xinquchi<br>(‘New Crooked<br>Pool’)       | Insertion:<br>Indications: | ½ cun above Co11 (Quchi).<br>Vertical, 1-2 cun.<br>Hypertension.   |
| OAR25 | Sanchi<br>(‘Three Pools’)                 | Insertion:<br>Indications: | Three points:- Co11 (Quchi), and two points at 1 cun above and 1 cun below it.<br>Vertical, 1-1½ cun.<br>Pain in elbow and arm; sinusitis.                 |
| OAR26 | Zhoujian<br>(‘Elbow’s tip’)               | Insertion:<br>Indications: | At the tip of the olecranon when the elbow is flexed.<br>Moxa.<br>Scrofula; abscessed carbuncle.   |
| OAR27 | Zhoushu<br>(‘Elbow’s<br>Hollow’)          | Insertion:<br>Indications: | At the back of the elbow, between the olecranon and the lateral epicondyle, when the elbow is flexed.<br>Vertical, 3 fen.<br>Pain in elbow joint.          |
| OAR28 | Sanliwai<br>(‘Three Outside<br>Measures’) | Insertion:<br>Indications: | On forearm, 2 cun below and one finger-width lateral to Co11 (Quchi).<br>Vertical, 1-2 cun.<br>Paralysis of arm; sprain.                                   |
| OAR29 | Yingxia<br>(‘Below the<br>Olecranon’)     | Insertion:<br>Indications: | 3 cun below the olecranon, between the radius and the ulna.<br>Vertical, 1-2 cun.<br>Paralysis of arm; deafness.   |

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| OAR30 | Niushangxue<br>(‘Sprain’s<br>Orifice’)        | Insertion:<br>Indications: | $\frac{1}{4}$ of the distance from Co11 (Quchi) to TH4 (Yangchi). Very slightly medial to Co9 (Shanglian).<br>Vertical, 1-2 cun.<br>Acute low-back sprain.   |
| OAR31 | Chirao<br>(‘Ulna and<br>Radius’)              | Insertion:<br>Indications: | 6 cun proximal to the middle of the dorsal wrist crease.<br>Vertically through to the other side of the arm, without piercing the skin on the anterior aspect.<br>Paralysis of arm; mental illness.  |
| OAR32 | Luoshang<br>(‘Above<br>Connection’)           | Insertion:<br>Indications: | 3 cun proximal to TH5 (Waiguan).<br>Vertical, 1-2 cun.<br>Paralysis of arm; deafness.  |
| OAR33 | Xiawenliu<br>(‘Lower Warm<br>Slide’)          | Insertion:<br>Indications: | 2 cun proximal to the radial end of the dorsal wrist crease.<br>Vertical, 3-5 fen.<br>Toothache of lower jaw.  |
| OAR34 | Cunping<br>(‘Unit Level’)                     | Insertion:<br>Indications: | 1 cun proximal and 4 fen radially from the middle of the dorsal wrist crease.<br>Vertical, $\frac{1}{2}$ -1 cun.<br>Shock; heart failure.  |
| OAR35 | Zhongquan<br>(‘Middle<br>Spring’)             | Insertion:<br>Indications: | In the depression on the dorsum of the wrist between Co5 (Yangxi) and TH4 (Yangchi).<br>Vertical, 3-5 fen.<br>Asthma, bronchitis; corneal opacity; gastralgia; arthritis of wrist joint.   |
| OAR36 | Yaotang<br>1, 2 and 3<br>(‘Low Back<br>Pain’) | Insertion:<br>Indications: | Three points on the dorsum of the hand, between the bases of the 2nd and 3rd, 3rd and 4th, and 4th and 5th metacarpal bones.<br>Slanted towards the wrist, 1-1 $\frac{1}{2}$ cun.<br>Yaotang 1 — Pain from injury to head, low-back and lower limbs.<br>Yaotang 2 — Pain from injury to chest or limbs.<br>Yaotang 3 — Pain from injury to lower back and limbs. |
| OAR37 | Shanghouxi<br>(‘Upper Back<br>Creek’)         | Insertion:<br>Indications: | Between SI3 (Houxi) and SI4 (Wangu).<br>Vertical, $\frac{1}{2}$ -1 cun.<br>Deaf-mutism; numbness of fingers.   |
| OAR38 | Tongling<br>(‘Painful<br>Spirit’)             | Insertion:<br>Indications: | 1 cun proximal to the knuckles between the 3rd and 4th metacarpal bones.<br>Slanted to wrist, 1-1 $\frac{1}{2}$ cun.<br>Headache; toothache; stomach-ache.   |
| OAR39 | Luolingwu<br>(‘Stiff-neck<br>One Half’)       | Insertion:<br>Indications: | $\frac{1}{2}$ cun proximal to Luozhen (AR14).<br>Slanted, $\frac{1}{2}$ -1 cun.<br>Stiff neck; hypertension; stomach cramps.   |
| OAR40 | Hubian<br>(‘Beside the<br>Tiger’)             | Insertion:<br>Indications: | Between Co3 (Sanjian) and Co4 (Hegu).<br>Slanted to SI3 (Houxi), 1-2 cun.<br>Hysteria; psychosis; convulsions.   |



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| OAR41 | Nuemen<br>(‘Malaria’s Door’)          | Insertion:<br>Indications: | On the dorsum between the knuckles of the 3rd and 4th metacarpal bones.<br>Slanted, ½-1 cun.<br>Malaria; ophthalmic disorders; scabies.                               |
| OAR42 | Quanjian<br>(‘Fist’s Tip’)            | Insertion:<br>Indications: | On the knuckle of the middle finger.<br>Bleed or moxa.<br>Ophthalmic disorders; sore throat.  |
| OAR43 | Wuhu<br>(‘Five Tigers’)               | Insertion:<br>Indications: | Two points, on the knuckles of the index and 3rd fingers.<br>Insert with fist clenched, slanted 2-3 fen, or moxa.<br>Stiff neck; sciatica; spasm of fingers.          |
| OAR44 | Xiaogukong<br>(‘Little Bone’s Space’) | Insertion:<br>Indications: | In the middle of the proximal interphalangeal joint of the little finger.<br>Moxa.<br>Ophthalmic disorders; sore throat; arthritis of fingers.                        |
| OAR45 | Zhongkui<br>(‘Middle Eminence’)       | Insertion:<br>Indications: | In the middle of the proximal interphalangeal joint of the middle finger.<br>Moxa.<br>Vomiting; hiccups; oesophageal spasm; epistaxis.                                |
| OAR46 | Mingyan<br>(‘Bright Eyes’)            | Insertion:<br>Indications: | At the ulnar end of the palmar interphalangeal crease of the thumb.<br>Prick.<br>Conjunctivitis; night blindness; tonsillitis; infantile gastro-intestinal disorders. |
| OAR47 | Dagukong<br>(‘Big Bone’s Space’)      | Insertion:<br>Indications: | Middle of the dorsal aspect of the interphalangeal joint of the thumb.<br>Moxa.<br>Ophthalmic disorders; vomiting and diarrhoea.                                      |
| OAR48 | Shiwang<br>(‘Ten Kings’)              | Insertion:<br>Indications: | Ten points, in the centre of each finger-tip (just below the Shixuan (AR16) points).<br>Prick.<br>Acute gastro-enteritis; heat exhaustion; common cold.               |
| OAR49 | Sanshang<br>(‘Three Merchants’)       | Insertion:<br>Indications: | Three points in line at the base of the thumb-nail.<br>Prick.<br>Influenza; tonsillitis; fever; parotitis.  |

## Other Non-Meridial Points

### LEG AND FOOT

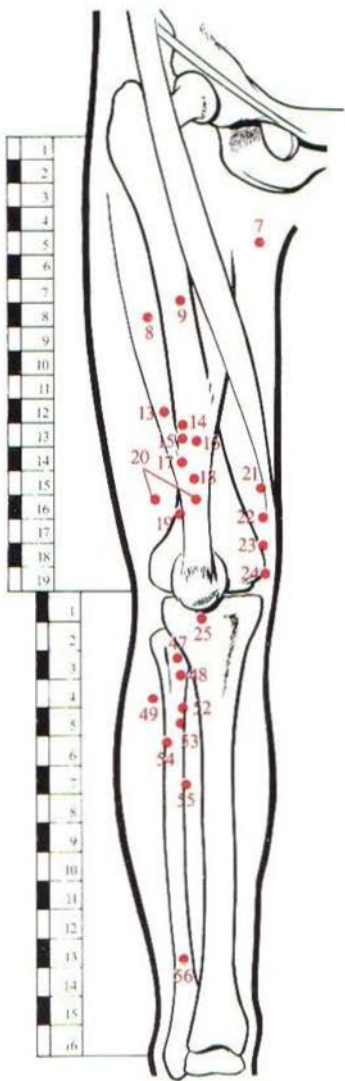
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| OLE1  | Jiankua<br>(‘Strengthen<br>Thigh’)                  | Insertion:<br>Indications: | (Lateral) Midway between the crest of the ilium and the greater trochanter.<br>Vertical, 2-3 cun.<br>Hemiplegia; paraplegia.          |
| OLE2  | Kuanjiu<br>(‘Acetabulum’)                           | Insertion:<br>Indications: | (Lateral) ½ cun directly above the trochanter.<br>Vertical, 1½-2 cun.<br>‘Relaxed’ hip-joint from poliomyelitis.                      |
| OLE3  | Qiangkua<br>(‘Strong<br>Thigh’)                     | Insertion:<br>Indications: | (Lateral) 2 cun below the greater trochanter, at the posterior border of the femur.<br>Vertical, 2½-3½ cun.<br>Paraplegia.            |
| OLE4  | Xinhuantiao<br>(‘New<br>Encircling<br>Leap’)        | Insertion:<br>Indications: | (Posterior) 3 cun lateral to coccyx.<br>Vertical, 3-4 cun.<br>Sciatica; paralysis of leg.   |
| OLE5  | Yinkang<br>(‘Yin’s Excess’)                         | Insertion:<br>Indications: | (Posterior) 1½ cun medial to BI50 (Chengfu).<br>Vertical, 1-3 cun.<br>Sciatica; sequelae of poliomyelitis.                            |
| OLE6  | Yangkang<br>(‘Yang’s<br>Excess’)                    | Insertion:<br>Indications: | (Posterior) 1½ cun lateral to BI50 (Chengfu).<br>Vertical, 1-3 cun.<br>Sciatica; sequelae of poliomyelitis.                           |
| OLE7  | Jiaoling<br>(‘Straighten-<br>ing’s<br>Inspiration’) | Insertion:<br>Indications: | (Anterior) 3 cun below Li10 (Wuli).<br>Vertical, 1-3 cun.<br>Hemiplegia; sequelae of poliomyelitis;<br>cholecystitis.                 |
| OLE8  | Qiabinzhong<br>(‘Between<br>Ilium and<br>Knee’)     | Insertion:<br>Indications: | (Anterior) 3 cun above and 1 cun lateral to St32 (Futu).<br>Vertical, 1-2 cun.<br>Arthritis of knee; paralysis of leg; low-back pain. |
| OLE9  | Guantu<br>(‘Hinge and<br>Rabbit’)                   | Insertion:<br>Indications: | (Anterior) Midway between St31 (Biguan) and St32 (Futu).<br>Vertical, 1-2 cun.<br>Enteritis; stomach-ache; sequelae of poliomyelitis. |
| OLE10 | Yinshang<br>(‘Above the<br>Abundance’)              | Insertion:<br>Indications: | (Posterior) 2 cun above BI51 (Yinmen).<br>Vertical, 1-2 cun.<br>Sciatica; sequelae of poliomyelitis.                                  |
| OLE11 | Qianjin<br>(‘Advance’)                              | Insertion:<br>Indications: | (Lateral) 2½ cun above GB31 (Fengshi).<br>Vertical, 1½-2½ cun.<br>Hemiplegia; paraplegia; sequelae of poliomyelitis.                  |
| OLE12 | Shangfengshi<br>(‘Upper Market<br>of Wind’)         | Insertion:<br>Indications: | (Lateral) 2 cun above GB31 (Fengshi).<br>Vertical, 1-2 cun.<br>Sciatica; hemiplegia; sequelae of poliomyelitis.                       |

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| OLE13 | Xinfutu<br>(‘New Hidden Rabbit’)  | Insertion:<br>Indications: | (Anterior) 3 fen lateral to St32 (Futu).<br>Vertical, 1-2 cun.<br>Arthritis of knee; paralysis of lower limb.   |
| OLE14 | Shenxi<br>(‘Kidney’s Connection’) | Insertion:<br>Indications: | (Anterior) 1 cun below St32 (Futu).<br>Vertical, 1-1½ cun.<br>Diabetes; paralysis of lower limb.  |
| OLE15 | Tangkang<br>(‘Paralysis Health’)  | Insertion:<br>Indications: | (Anterior) 7 finger-widths above the lateral superior margin of the patella.<br>Vertical, 1-2 cun.<br>Paralysis of lower limb.  |
| OLE16 | Siqiang<br>(‘Four Strengths’)     | Insertion:<br>Indications: | (Anterior) 4½ cun above the mid-point of the superior margin of the patella.<br>Vertical, 1-2 cun.<br>Paralysis of lower limb.  |
| OLE17 | Tanli<br>(‘Paralysis Erect’)      | Insertion:<br>Indications: | (Anterior) 5 finger-widths above the lateral superior margin of the patella.<br>Vertical, 1-2 cun.<br>Paralysis of lower limb.  |
| OLE18 | Jianxi<br>(‘Strengthen Knee’)     | Insertion:<br>Indications: | (Anterior) 3 cun above the mid-point of the superior margin of the patella, with the knee flexed.<br>Vertical or slanted, 1-2 cun.<br>Paralysis of lower limb; arthritis of knee. |
| OLE19 | Tanfu<br>(‘Paralysis Recovered’)  | Insertion:<br>Indications: | (Anterior) 3 finger-widths above the lateral superior margin of the patella.<br>Vertical, 1-2 cun.<br>Paralysis of lower limb.  |
| OLE20 | Kuangu<br>(‘Patella’)             | Insertion:<br>Indications: | Two points, about 1½ cun to the left and right of St34 (Liangqiu).<br>Vertical, 1-2 cun.<br>Arthritis of knee; paralysis of lower limb.   |
| OLE21 | Zuluo<br>(‘Leg’s Snare’)          | Insertion:<br>Indications: | (Anterior) 3 cun above the superior margin of the medial condyle of the femur.<br>Vertical, 1½-2½ cun.<br>Irregular menses; puerperal fever; pain in the thigh and knee.          |
| OLE22 | Zuming<br>(‘Leg’s Brightness’)    | Insertion:<br>Indications: | (Anterior) 2 finger-widths above the superior margin of the medial condyle of the femur.<br>Vertical, 1½-2½ cun.<br>Arthritis of knee; puerperal fever.                           |
| OLE23 | Dalun<br>(‘Big Wheel’)            | Insertion:<br>Indications: | (Anterior) At the superior margin of the medial condyle of the femur.<br>Vertical, 1½-2½ cun.<br>Arthritis of knee; puerperal fever.  |
| OLE24 | Liaoliao<br>(‘Seam of the Seam’)  | Insertion:<br>Indications: | (Anterior) On the prominence of the medial condyle of the femur.<br>Slanted, 1-1½ cun.<br>Irregular menses; abnormal uterine bleeding.  |

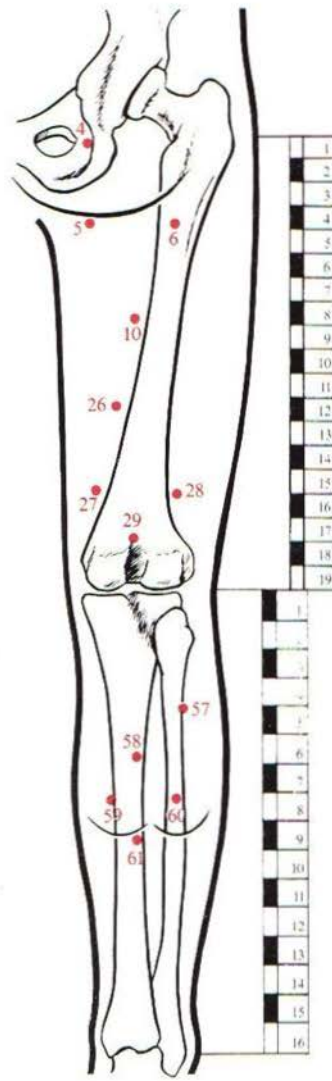
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| OLE25 | Xixia<br>(‘Below Knee’)                   | Insertion:<br>Indications: | (Anterior) In the patella tendon, at the centre of the inferior border of the patella.<br>Vertical, 1-1½ cun, or moxa.<br>Disorders of the knee-joint or surrounding tissues. |
| OLE26 | Yinxia<br>(‘Below Abundance’)             | Insertion:<br>Indications: | (Posterior) Midway between BI50 (Chengfu) and BI54 (Weizhong).<br>Vertical, 1-2 cun.<br>Sciatica; low-back pain; paralysis of lower limb.                                     |
| OLE27 | Zhili<br>(‘Stand Erect’)                  | Insertion:<br>Indications: | (Posterior) 4½ cun above and ½ cun medial to BI54 (Weizhong).<br>Vertical, 1-2 cun.<br>Sequelae of poliomyelitis.   |
| OLE28 | Waizhili<br>(‘Outer Stand Erect’)         | Insertion:<br>Indications: | (Posterior) 4½ cun above and 1½ cun lateral to BI54 (Weizhong).<br>Vertical, 1-2 cun.<br>Sequelae of poliomyelitis.   |
| OLE29 | Weishang<br>(‘Above the Commission’)      | Insertion:<br>Indications: | (Posterior) 2 cun above BI54 (Weizhong).<br>Vertical, 1-2 cun.<br>Sequelae of poliomyelitis; pain in the leg.   |
| OLE30 | Shangyang-quan<br>(‘Upper Hinge of Yang’) | Insertion:<br>Indications: | (Lateral) 1 cun above GB33 (Xiyangguan).<br>Vertical, 1-2 cun.<br>Paralysis of lower limb; arthritis of knee.   |
| OLE31 | Lingbao<br>(‘Spirit’s Treasure’)          | Insertion:<br>Indications: | (Lateral) 6 cun above the lateral end of the popliteal crease.<br>Vertical, 1-2 cun.<br>Mental illness; hysterical paralysis.   |
| OLE32 | Wuling<br>(‘Five Spirits’)                | Insertion:<br>Indications: | (Lateral) 5 cun above the lateral end of the popliteal crease.<br>Vertical, 1-2 cun.<br>Mental illness, hysterical paralysis.   |
| OLE33 | Silian<br>(‘Four Connections’)            | Insertion:<br>Indications: | (Lateral) 4 cun above the lateral end of the popliteal crease.<br>Vertical, 1-2 cun.<br>As OLE32.   |
| OLE34 | Yinwai 3<br>(‘Yin’s Commission’)          | Insertion:<br>Indications: | (Lateral) 3 cun above the lateral end of the popliteal crease.<br>Vertical, 1-2 cun.<br>As OLE32.   |
| OLE35 | Yinwai 2<br>(‘Yin’s Commission’)          | Insertion:<br>Indications: | (Lateral) 2 cun above the lateral end of the popliteal crease.<br>Vertical, 1-2 cun.<br>As OLE32.   |
| OLE36 | Yinwai 1<br>(‘Yin’s Commission’)          | Insertion:<br>Indications: | (Lateral) 1 cun above the lateral end of the popliteal crease.<br>Vertical, 1-2 cun.<br>As OLE32.   |



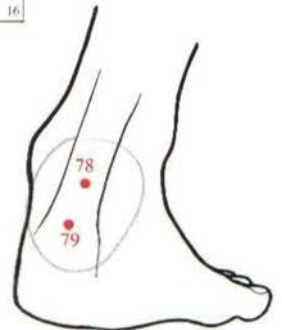
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| OLE37 | Houyangguan<br>(‘Posterior Hinge of Yang’)  | Insertion:<br>Indications: | (Lateral) 1 cun posterior to GB33 (Xiyangguan).<br>Vertical, 1-2 cun.<br>Pain in the knee; mental illness; paralysis of lower limb.                              |
| OLE38 | Chenggu<br>(‘Complete Bone’)                | Insertion:<br>Indications: | (Lateral) On the prominence of the lateral femoral condyle.<br>Prick.<br>Low-back pain; arthritis of knee.   |
| OLE39 | Xiwai<br>(‘Outside the Knee’)               | Insertion:<br>Indications: | (Lateral) At the lateral end of the popliteal crease, slightly anterior to BI53 (Weiyang).<br>Vertical, ½-1 cun.<br>Arthritis of knee; ulcerations on lower leg. |
| OLE40 | Jixia<br>(‘Below the Basket’)               | Insertion:<br>Indications: | (Medial) 2 cun below Sp11 (Jimen).<br>Vertical, 1-2 cun.<br>Paralysis of lower limb; weakness in adductor muscles.   |
| OLE41 | Jiejian<br>(‘Open Scissors’)                | Insertion:<br>Indications: | (Medial) 4 cun above and 1½ cun posterior to Sp10 (Xuehai). 1½ cun posterior to Jixia (OLE40).<br>Vertical, 1-2 cun.<br>‘Scissors Gait’ due to cerebral palsy.   |
| OLE42 | Xinsheng<br>(‘New Life’)                    | Insertion:<br>Indications: | (Medial) 5 cun above the medial end of the popliteal crease.<br>Vertical, 2-3 cun.<br>Buerger’s Disease.   |
| OLE43 | Shangxuehai<br>(‘Upper Sea of Blood’)       | Insertion:<br>Indications: | (Medial) 3 cun above Sp10 (Xuehai).<br>Vertical, 1-2 cun.<br>Paralysis of lower limb; difficulty in leg-raising.   |
| OLE44 | Baichongwo<br>(‘Nest of a Hundred Insects’) | Insertion:<br>Indications: | (Medial) 1 cun above Sp10 (Xuehai).<br>Vertical, 1-2 cun.<br>Urticaria; eczema.  |
| OLE45 | Houxuehai<br>(‘Posterior Sea of Blood’)     | Insertion:<br>Indications: | (Medial) 1½ cun posterior to Sp10 (Xuehai).<br>Vertical, 1-2 cun.<br>‘Scissors Gait’ due to cerebral palsy.  |
| OLE46 | Shangququan<br>(‘Upper Crooked Spring’)     | Insertion:<br>Indications: | (Medial) 3 cun above the medial end of the popliteal crease.<br>Vertical, 2-3 cun.<br>Buerger’s Disease.   |
| OLE47 | Lishang<br>(‘Above the Measurement’)        | Insertion:<br>Indications: | (Anterior) 1 cun above St36 (Zusanli).<br>Vertical, 1-1½ cun.<br>Sequelae of poliomyelitis.  |
| OLE48 | Erliban<br>(‘Two-and-a-half Measures’)      | Insertion:<br>Indications: | (Anterior) ½ cun above St36 (Zusanli).<br>Vertical, 1-2 cun.<br>Acute gastro-enteritis.  |
| OLE49 | Liwai<br>(‘Outside the Measure’)            | Insertion:<br>Indications: | (Anterior) 1 cun lateral to St36 (Zusanli).<br>Vertical, 1-2 cun.<br>Sequelae of poliomyelitis.  |

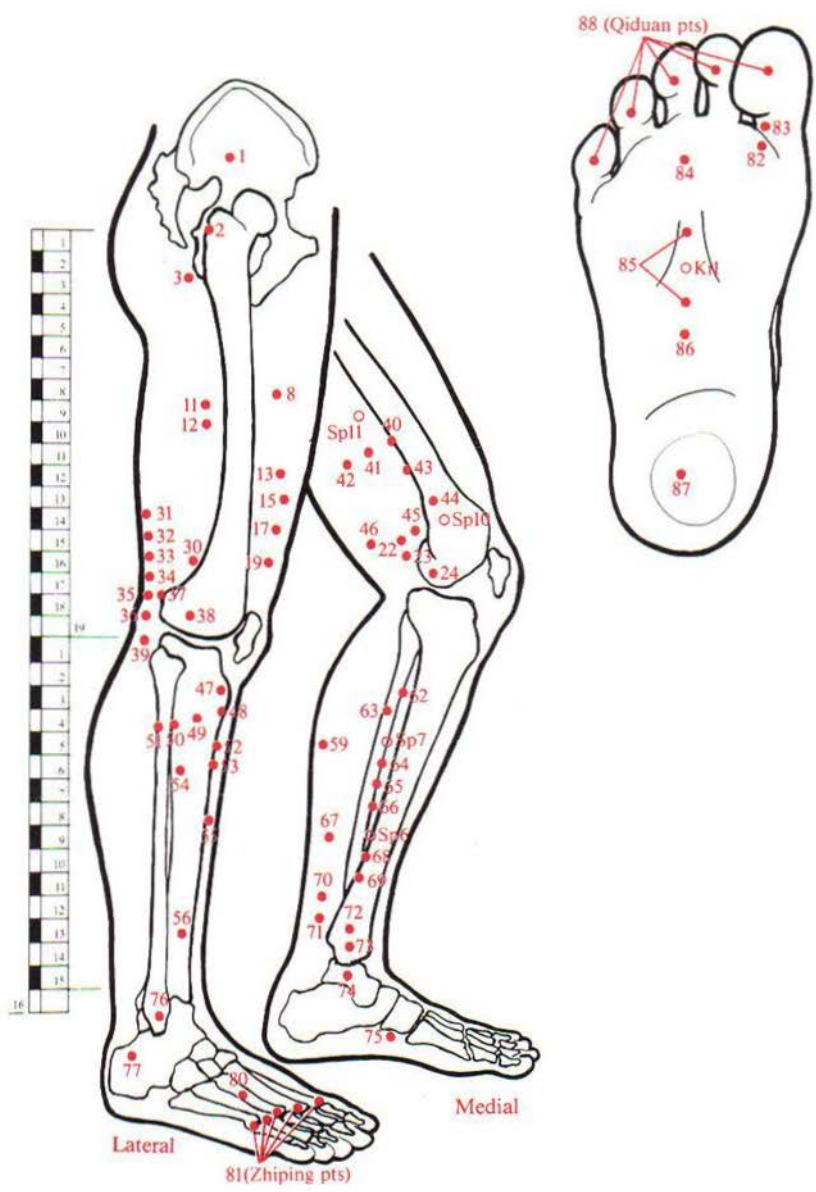


Anterior



Posterior





|       |  |                            |   |
|-------|--|----------------------------|---|
| OLE50 | Lingxia<br>(‘Below the Tomb’)              | Insertion:<br>Indications: | (Lateral) 2 cun below GB34 (Yanglingquan).<br>Vertical, 1-2 cun.<br>Deafness; cholecystitis; biliary worms.   |
| OLE51 | Zuyicong<br>(‘Leg Benefit Hearing’)        | Insertion:<br>Indications: | (Lateral) 3 cun below the capitulum of the fibula.<br>Vertical or slanted, 1-1½ cun.<br>Deafness; biliary worms.                                      |
| OLE52 | Wanli<br>(‘Ten Thousand Measures’)         | Insertion:<br>Indications: | (Anterior) ½ cun below St36 (Zusanli).<br>Vertical, 1½-2½ cun.<br>Night blindness; optic nerve atrophy; ametropia; gastro-intestinal disorders.       |
| OLE53 | Zuzhongping<br>(‘Level with Mid-Leg’)      | Insertion:<br>Indications: | (Anterior) 1 cun below St36 (Zusanli).<br>Vertical, 1½-2½ cun.<br>Mental illness; paralysis of lower limb.  |
| OLE54 | Sili<br>(‘Four Measures’)                  | Insertion:<br>Indications: | (Anterior) 1-1½ cun below St36 (Zusanli), 2 finger-widths lateral to the tibia.<br>Vertical, 1½-2 cun.<br>Poliomyelitis; paralysis.                   |
| OLE55 | Zhitan 6<br>(‘Treat Paralysis 6’)          | Insertion:<br>Indications: | (Anterior) ½ cun below Lanwei (LE6), 3½ cun below St36 (Zusanli).<br>Vertical, 1-2 cun.<br>Paralysis of lower limb.                                   |
| OLE56 | Jingxia<br>(‘Below the Tibia’)             | Insertion:<br>Indications: | (Anterior) 3 cun above St41 (Jiexi) and 1 cun from the lateral border of the tibia.<br>Vertical, ½-1 cun.<br>Foot-drop; paralysis of lower limb.      |
| OLE57 | Weixia<br>(‘Below the Commission’)         | Insertion:<br>Indications: | (Posterior) 4 cun below and 1½ cun lateral to BI54 (Weizhong).<br>Vertical, 1½-2½ cun.<br>Sequelae to poliomyelitis; atrophy of gastrocnemius muscle. |
| OLE58 | Chengjian<br>(‘Between Supports’)          | Insertion:<br>Indications: | (Posterior) Midway between BI56 (Chengjin) and BI57 (Chengshan).<br>Vertical, 1-2 cun.<br>Sequelae of poliomyelitis.                                  |
| OLE59 | Jiwaifan 2<br>(‘Correct Outward Turning’)  | Insertion:<br>Indications: | (Posterior) 1 cun medial to BI57 (Chengshan).<br>Vertical, 1-1½ cun.<br>Sequelae of poliomyelitis with eversion of foot.                              |
| OLE60 | Jiuneifan<br>(‘Correct Inward Turning’)    | Insertion:<br>Indications: | (Posterior) 1 cun lateral to BI57 (Chengshan).<br>Vertical, 1-2 cun.<br>Sequelae of poliomyelitis with inversion of foot.                             |
| OLE61 | Xiachengshan<br>(‘Lower Support Mountain’) | Insertion:<br>Indications: | (Posterior) ½ cun below BI57 (Chengshan).<br>Vertical, 1½-2 cun.<br>Tinea pedis.  |

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| OLE62 | Dijian<br>(‘Ground Strength’)                     | Insertion:<br>Indications: | (Medial) 1 cun below Sp8 (Diji).<br>Vertical, 1-2 cun.<br>Eversion of foot.   |
| OLE63 | Lijimingandian<br>(‘Dysentery Sensitivity Point’) | Insertion:<br>Indications: | (Medial) $\frac{2}{5}$ ths of the distance from Sp9 (Yinlingquan) to the medial malleolus, at the most tender point.<br>Vertical, 1-2 cun.<br>Dysentery; sequelae of poliomyelitis. |
| OLE64 | Jiaoyi<br>(‘Exchange Ceremony’)                   | Insertion:<br>Indications: | (Medial) 5 cun above the medial malleolus.<br>Vertical, 1-2 cun.<br>Irregular menses; leucorrhoea; beri-beri.   |
| OLE65 | Anmian 4<br>(‘Peaceful Sleep’)                    | Insertion:<br>Indications: | (Medial) $1\frac{1}{2}$ cun above Sp6 (Sanyinjiao).<br>Vertical, $\frac{1}{2}$ - $1\frac{1}{2}$ cun.<br>Insomnia; irritability.   |
| OLE66 | Yiniao<br>(‘Incontinence’)                        | Insertion:<br>Indications: | (Medial) 1 cun above Sp6 (Sanyinjiao).<br>Vertical, $\frac{1}{2}$ -1 cun.<br>Incontinence.  |
| OLE67 | Chengming<br>(‘Support Life’)                     | Insertion:<br>Indications: | (Medial) 3 cun above Ki3 (Taixi).<br>Vertical, $\frac{1}{2}$ -1 cun.<br>Mental illness; convulsions; oedema of lower leg.   |
| OLE68 | Jiufaifan 1<br>(‘Correct Outward Turning’)        | Insertion:<br>Indications: | (Medial) $\frac{1}{2}$ cun below Sp6 (Sanyinjiao).<br>Vertical, 1- $1\frac{1}{2}$ cun.<br>Sequelae of poliomyelitis with eversion of foot.  |
| OLE69 | Ganyandian<br>(‘Hepatitis Point’)                 | Insertion:<br>Indications: | (Medial) 2 cun above the medial malleolus.<br>Vertical, 1-2 cun.<br>Hepatitis; enuresis; dysmenorrhoea.   |
| OLE70 | Shaoyangwei<br>(‘Lesser Yang Link’)               | Insertion:<br>Indications: | (Medial) Midway between Ki3 (Taixi) and Ki7 (Fuliu).<br>Slanted, $\frac{1}{2}$ -1 cun.<br>Chronic eczema of lower limbs; lupus; beri-beri; paralysis of leg.                        |
| OLE71 | Shangxi<br>(‘Upper Stream’)                       | Insertion:<br>Indications: | (Medial) $\frac{1}{2}$ cun above Ki3 (Taixi).<br>Vertical, $\frac{1}{2}$ -1 cun.<br>Eversion of foot.   |
| OLE72 | Zhizhuanjin<br>(‘Heal Turned Muscle’)             | Insertion:<br>Indications: | (Medial) Centre of the upper border of the medial malleolus.<br>Moxa.<br>Spasm of gastrocnemius muscle; pain in ankle-joint; low-back pain.   |
| OLE73 | Neihuaijian<br>(‘Tip of Medial Malleolus’)        | Insertion:<br>Indications: | (Medial) Tip of medial malleolus.<br>Moxa.<br>Muscle spasm of medial calf; toothache; tonsillitis.  |
| OLE74 | Taiyinqiao<br>(‘Greater Yin Heel’)                | Insertion:<br>Indications: | (Medial) In depression at the lower border of the medial malleolus.<br>Vertical, 3-5 fen.<br>Irregular menses; menorrhagia; prolapsed uterus; female infertility.                   |

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| OLE75 | Chuqixue<br>(‘Vent Gas<br>Orifice’)                           | Insertion:<br>Indications: | (Medial) ½ cun proximal to Ki2 (Rangu).<br>Slanted, ½-1 cun.<br>Distension in gastro-intestinal tract from<br>oesophageal cancer.   |
| OLE76 | Waihuaijian<br>(‘Tip of Lateral<br>Malleolus’)                | Insertion:<br>Indications: | (Lateral) Tip of lateral malleolus.<br>Prick.<br>Toothache; paraplegia; severe headache; beri-beri.   |
| OLE77 | Xiakunlun<br>(‘Lower Kunlun<br>Mountains’)                    | Insertion:<br>Indications: | (Lateral) 1 cun below Bl60 (Kunlun).<br>Vertical, 3-5 fen.<br>Arthritis; pain in low-back; paraplegia.  |
| OLE78 | Quanshengzu<br>(‘Spring at the<br>Foot’)                      | Insertion:<br>Indications: | On the back of the heel, in the tendon, in the<br>middle of the superior border of the calcaneum.<br>Vertical, 2-3 fen.<br>Oesophageal spasm; brain-disease; low-back pain.     |
| OLE79 | Nuxi<br>(‘Woman’s<br>Knees’)                                  | Insertion:<br>Indications: | At the back of the heel, in the centre of the<br>calcaneum.<br>Vertical, 2 fen.<br>Gingivitis; mental illness.  |
| OLE80 | Pangu<br>(‘Neighbouring<br>Valley’)                           | Insertion:<br>Indications: | On the dorsum of the foot, 1 cun proximal to<br>the web between the 3rd and 4th toes.<br>Vertical, 3-5 fen.<br>Sequelae of poliomyelitis.                                       |
| OLE81 | Zhiping<br>(‘Toe Level’)                                      | Insertion:<br>Indications: | In the centre of the crease above the<br>metatarsophalangeal joint on the dorsum of each<br>toe.<br>Slanted, 3-5 fen.<br>Sequelae of poliomyelitis; paraplegia.                 |
| OLE82 | Zhiwen<br>(‘Toe’s Crease’)                                    | Insertion:<br>Indications: | Plantar foot, in the centre of the crease between<br>the hallux and the 1st metatarsal.<br>Vertical 2-3 fen, or bleed.<br>Hallux flexus.  |
| OLE83 | Muzhili-<br>hengwen<br>(‘Transverse<br>Crease of Big<br>Toe’) | Insertion:<br>Indications: | Middle of plantar crease of hallux, distal to<br>Zhiwen (OLE82).<br>Vertical, 3-5 fen.<br>Orchitis.   |
| OLE84 | Lineiting<br>(‘Within Inner<br>Court’)                        | Insertion:<br>Indications: | Plantar foot, in the depression distal to the<br>metatarsophalangeal joints of the 2nd and 3rd<br>toes.<br>Vertical, 3-5 fen.<br>Painful toes; infantile convulsions; seizures. |
| OLE85 | Qianhouyinzhu<br>(‘Hidden Pearls<br>in Front and<br>Back’)    | Insertion:<br>Indications: | Two points, ½ cun proximal and distal to Kil<br>(Yongquan).<br>Slanted, 3-5 fen.<br>Hypertension; pain in sole of foot; infantile<br>convulsions.                               |

|       |                                 |                            |   |
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| OLE86 | Zuxin<br>(‘Sole of Foot’)       | Insertion:<br>Indications: | 1 cun proximal to Kil (Yongquan).<br>Vertical, ½-1 cun.<br>Headache; plantar pain; abnormal uterine bleeding.                               |
| OLE87 | Shimian<br>(‘Insomnia’)         | Insertion:<br>Indications: | At centre of the plantar calcaneum.<br>Vertical, 3-5 fen.<br>Insomnia; local pain.  |
| OLE88 | Qiduan<br>(‘Qi’s<br>Extremity’) | Insertion:<br>Indications: | At the tip of each toe.<br>Prick, or vertical 1-2 fen.<br>Apoplectic coma; paralysis of toes; beri-beri;<br>dorsum of foot red and swollen. |





# HAND NEEDLING

'Hand Needling' as its name implies, is the use of specific points on the hand for the treatment of certain specific conditions. Some of the points listed are 'regular' acupuncture points, and a few are 'non-meridian points', but in the context of Hand Needling they are used for the particular condition ascribed to them.

This particular method is employed especially for acute conditions, and the rule is to use the hand on the opposite side to the site of the symptoms. The hand should be relaxed and slightly flexed whilst, preferably, a 1 inch, 30 gauge needle should be used. Be careful not to insert through the synovia. For palmar points, insert vertically to a depth of 3-5 fen; for the two points on the dorsum — 'Loin and Leg' — insert at an angle of 15-30° pointing towards each other to a depth of 5-8 fen in between the metacarpals and the extensor muscle.

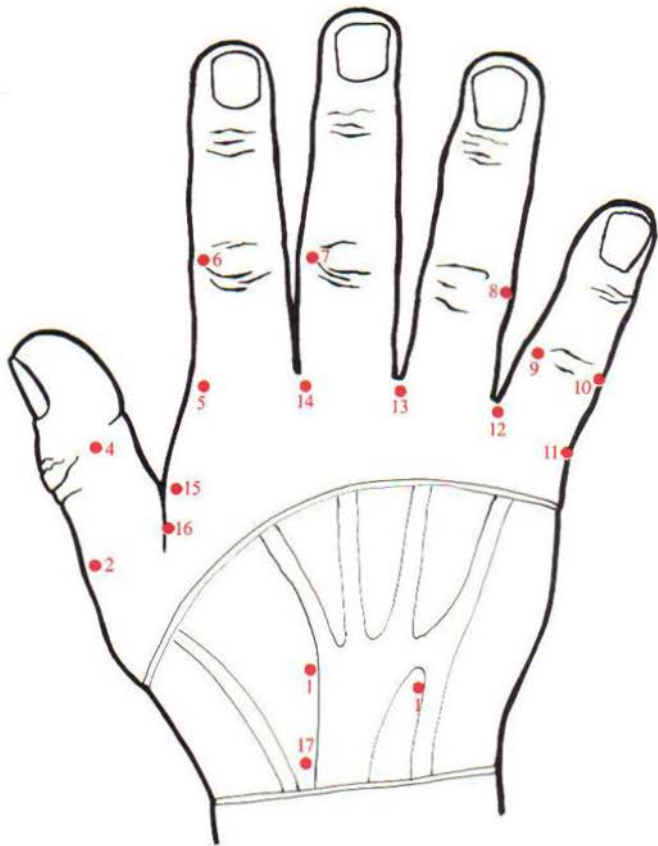
For joint pain, get the patient to flex and extend the painful joint whilst needle sensation is obtained.

For chronic problems, add regular meridian points.

The points are named either after the type of condition for which they are indicated or else after the part of the body which they affect. The patient should be warned that for many of these points the stimulation is usually quite strong, and may therefore prove painful.

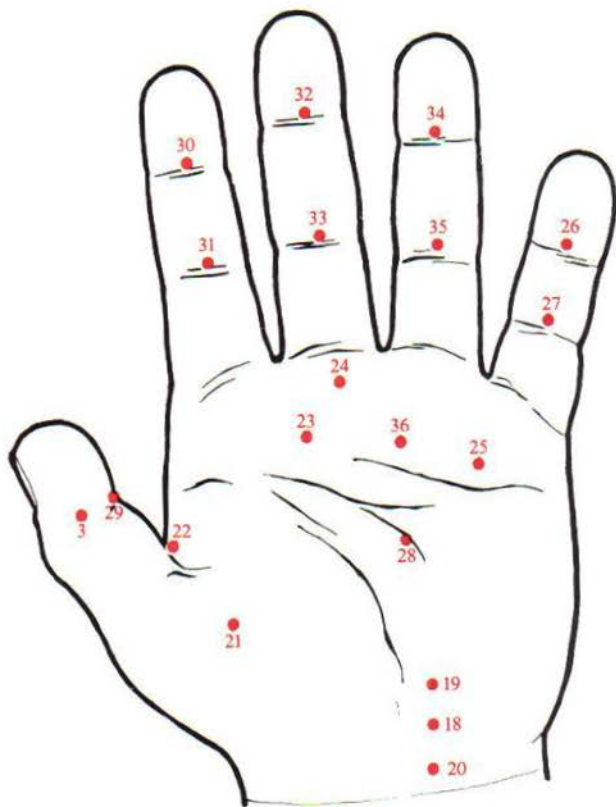
# HAND NEEDLING — DORSAL POINTS

- |                            |  |
|----------------------------|--|
| 1. Loin and Leg            | Sciatica and low-back pain, especially in acute stage.             |
| 2. Ankle                   | Sprained ankle. Rheumatic pain.                                    |
| 3. Chest                   | Intercostal neuralgia; vomiting; epilepsy.                         |
| 4. Eye                     | Acute conjunctivitis.  |
| 5. Shoulder                | Frozen shoulder.   |
| 6. Forehead                | Frontal headache; abdominal pain; gastro-enteritis.                |
| 7. Vertex                  | Headache.  |
| 8. Unilateral Half of Head | Right- or left-sided headache; chest pain; biliary colic.          |
| 9. Perineum                | Pain in the perianal region.                                       |
| 10. Occiput                | Posterior headache; acute tonsillitis; pain in the arm; hiccoughs. |
| 11. Vertebral column       | Low-back pain; tinnitus; rhinitis.                                 |
| 12. Sciatic Nerve          | Sciatica; pain in the hip.   |
| 13. Throat                 | Tonsillitis; pharyngitis; toothache; trigeminal neuralgia.         |
| 14. Neck and Nape          | Cervical syndrome.   |
| 15. Nasal bleeding         | Epistaxis.   |
| 16. Head                   | Headache.  |
| 17. Nasal pain             | Sinusitis.   |
| 18. Wrist pain             | Sprained wrist.  |



# HAND NEEDLING — PALMAR POINTS

- |                       |                                   |
|-----------------------|-----------------------------------|
| 19. Gastro-intestinal | Abdominal pain; gastro-enteritis. |
| 20. Heel              | Sprained ankle.                   |
| 21. Common cold       | Influenza; rhinitis.              |
| 22. Hysteria          | Emotional disturbance.            |
| 23. Cough             | Sore throat; chronic bronchitis.  |
| 24. Oral ulcer        | Pain in the mouth.                |
| 25. Palpitation       | Dizziness; chest discomfort.      |
| 26. Nocturia (1)      | Kidney diseases.                  |
| 27. Nocturia (2)      | Bed-wetting.                      |
| 28. Polyhydrosis      | Excessive sweating.               |
| 29. Lung              | Chronic cough; chest discomfort.  |
| 30. Large Intestine   | Vomiting; abdominal pain.         |
| 31. Small Intestine   | Diarrhoea.                        |
| 32. Heart             | Palpitation.                      |
| 33. San-jiao          | Lymphatic disorders.              |
| 34. Spleen            | Blood diseases.                   |
| 35. Liver             | Jaundice; indigestion.            |
| 36. Toothache         | Toothache.                        |





## FOOT NEEDLING

Foot acupuncture is a not-very-well-known and often neglected aspect of the art, but can at times prove extremely effective.

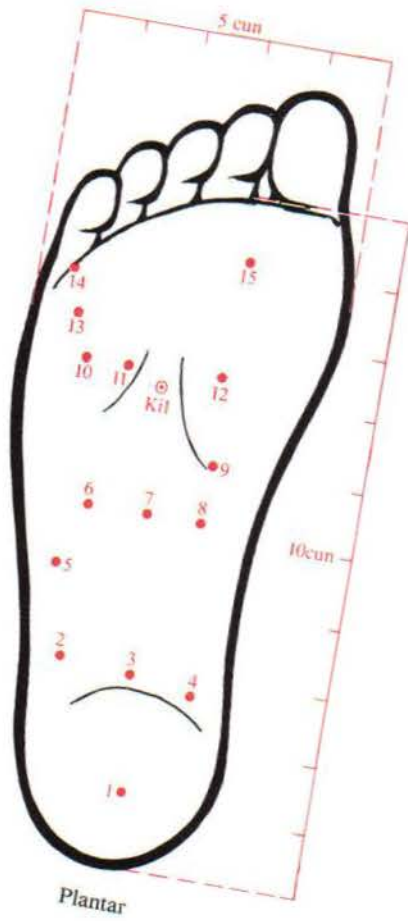
The points are used bilaterally and are usually selected in pairs by matching points with similar or related indications, e.g. points 3 and 6 both have the indication of neurasthenia, and are thus a natural pair to select for this condition. In diseases of the extremities, of course, ipsilateral points may be used.

It is usual to use fairly strong stimulation, with the needles being retained for 3-5 minutes. The patient should be warned that these points are frequently painful, and the practitioner should be careful to avoid damage to the periosteum.

# FOOT NEEDLING — PLANTAR POINTS

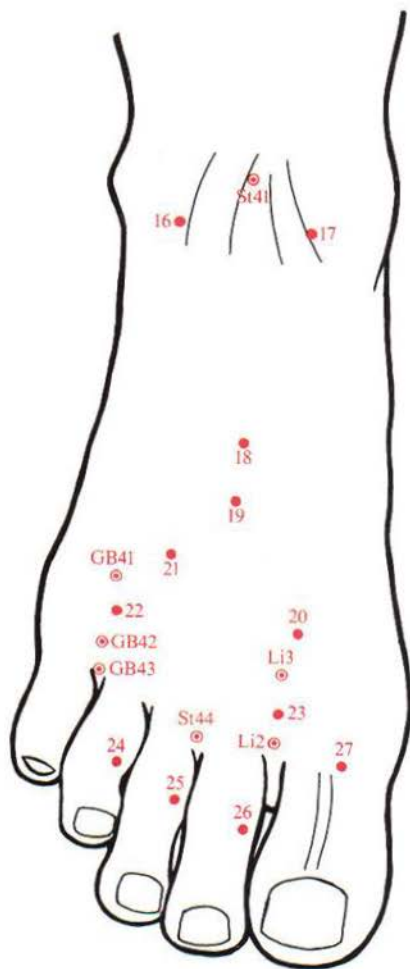
1. 1 cun distal to the posterior border of the heel, on the mid-line.  
Insertion: Vertical,  $\frac{1}{2}$  cun.  
Indications: Rhinitis; common cold; headache; sinusitis.
2. 3 cun distal to the posterior border of the heel,  $1\frac{1}{2}$  cun lateral to the mid-line.  
Insertion: Vertical,  $\frac{1}{2}$  cun.  
Indications: Intercostal neuralgia; pain or fullness in chest.
3. On the sole, midway between the medial and lateral malleoli.  
Insertion: Vertical or slanted distally,  $\frac{1}{2}$ -1 cun.  
Indications: Neurasthenia; hysteria; insomnia; hypotension.
4. 1 cun medial to point No.3.  
Insertion: Vertical,  $\frac{1}{2}$  cun.  
Indications: Trigeminal neuralgia.
5. 4 cun distal to the posterior border of the heel,  $1\frac{1}{2}$  cun lateral to the mid-line.  
Insertion: Vertical,  $\frac{1}{2}$  cun.  
Indications: Sciatica; pain in low-back and leg.
6. 5 cun distal to the posterior border of the heel, 1 cun lateral to the mid-line.  
Insertion: Vertical, or slanted medially,  $\frac{1}{2}$ -1 cun.  
Indications: Hysteria; neurasthenia; insomnia.
7. 5 cun distal to the posterior border of the heel, on the mid-line.  
Insertion: Vertical,  $\frac{1}{2}$  cun.  
Indications: Asthma; hepatitis; insomnia; incomplete maturation of brain.
8. 5 cun distal to the posterior border of the heel, 1 cun medial to the mid-line.  
Insertion: Vertical, 1- $1\frac{1}{2}$  cun.  
Indications: Diarrhoea; dysentery.
9. 1 cun distal to point 8.  
Insertion: Vertical, 1- $1\frac{1}{2}$  cun.  
Indications: Diarrhoea; dysentery.
10. 3 cun proximal to the mid-point of a line between the 4th and 5th toes.  
Insertion: Vertical, or slanted distally  $\frac{1}{2}$ -1 cun.  
Indications: Sciatica; urticaria; pain in the shoulder.
11. 3 cun proximal to the mid-point of a line between the 3rd and 4th toes.  
Insertion: Vertical, or slanted medially 1- $1\frac{1}{2}$  cun.  
Indications: Dysmenorrhoea; gastro-enteritis.
12. 3 cun proximal to the mid-point of a line between the 1st and 2nd toes.  
Insertion: Vertical, 1 cun.  
Indications: Acute or chronic gastro-enteritis; spasm of the stomach.
13. 1 cun proximal to the middle of the crease under the 5th toe.  
Insertion: Vertical, or slanted distally  $\frac{1}{2}$ -1 cun.  
Indications: Toothache.
14. In the middle of the crease below the 5th toe.  
Insertion: Slanted proximally,  $\frac{1}{2}$  cun.  
Indications: Incontinence; enuresis; frequency.
15. 1 cun proximal to the mid-point of a line between the 1st and 2nd toes.  
Insertion: Vertical,  $\frac{1}{2}$ -1 cun.  
Indications: Toothache.





## FOOT NEEDLING — DORSAL POINTS

16.  $\frac{1}{2}$  cun distal to St41 (Jiexi) in the depression lateral to it (lateral to the extensor tendon).  
Insertion: Slanted inferiorly or superiorly  $\frac{1}{2}$ -1 cun, or join to point 17.  
Indications: Spasm of gastrocnemius muscle; low-back pain.
17.  $\frac{1}{2}$  cun distal to St41, in the depression medial to it (medial to extensor hallucis tendon).  
Insertion: As above.  
Indications: As above.
18.  $2\frac{1}{2}$  cun distal to St41 (Jiexi).  
Insertion: Vertical 1-5 fen, or prick.  
Indications: Angina pectoris; asthma; common cold.
19. 3 cun proximal to the mid-point of a line between the heads of the 2nd or 3rd metatarsals.  
Insertion: Vertical, or slanted upwards  $\frac{1}{2}$ -1 cun.  
Indications: Gastric ulcer; duodenal ulcer; gastro-enteritis.
20. In the depression medial and distal to the base of the 1st metatarsal.  
Insertion: Vertical, 1-2 cun.  
Indications: Acute low-back strain.
21. 2 cun proximal to the mid-point of a line between the heads of the 3rd and 4th metatarsals.  
Insertion: Vertical, 1 cun.  
Indications: Torticollis; stiff neck.
22. Midway between GB41 (Zulingqi) and GB42 (Diwuhui).  
Insertion: Vertical,  $\frac{1}{2}$ -1 cun.  
Indications: Sciatica; tonsillitis; parotitis.
23. Midway between Li2 (Xingjian) and Li3 (Taichong).  
Insertion: Vertical, or slanted proximally 1-2 cun.  
Indications: Tonsillitis; parotitis.
24. On the medial side of the proximal interphalangeal joint of the 4th toe.  
Insertion: Prick, 1-2 fen.  
Indications: Headache.
25. On the medial side of the proximal interphalangeal joint of the 3rd toe.  
Insertion: Prick, 1-2 fen.  
Indications: Headache.
26. On the medial side of the proximal interphalangeal joint of the 2nd toe.  
Insertion: Prick, 1-2 fen.  
Indications: Headache.
27. On the medial side of the extensor hallucis longus tendon, on the metatarsophalangeal joint.  
Insertion: Prick 1-2 fen, or shallow insertion.  
Indications: Eczema; urticaria; tonsillitis; parotitis.



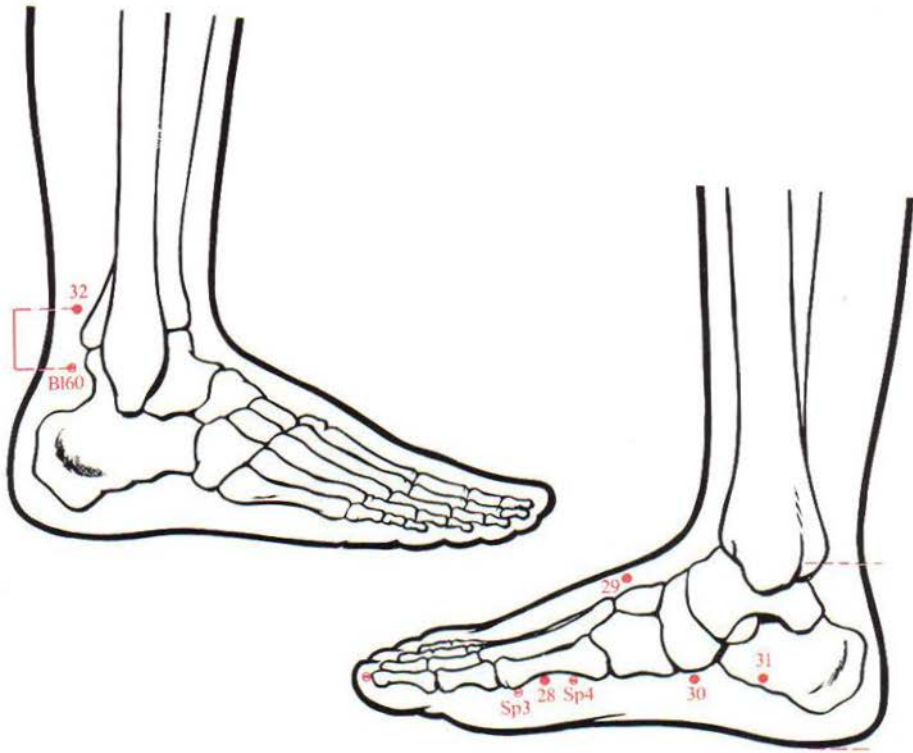
Dorsal

## FOOT NEEDLING — MEDIAL POINTS

28. Midway between Sp3 (Taibai) and Sp4 (Gongsun).  
Insertion: Horizontal, 1 cun.  
Indications: Epilepsy; hysteria; neurasthenia.
29. 1½ cun medial to St41 (Jiexi), in the depression above the navicular tubercle.  
Insertion: Vertical, ½ cun.  
Indications: Hypertension; tonsillitis; parotitis.
30. In the depression posterior and inferior to the navicular tubercle.  
Insertion: Vertical, 1 cun.  
Indications: Dysmenorrhoea; salpingitis; abnormal uterine bleeding.
31. 2 cun below the middle of the medial malleolus.  
Insertion: Vertical, 1 cun.  
Indications: Functional uterine bleeding.

## FOOT NEEDLING — LATERAL POINTS

32. 1 cun above Bl60 (Kunlun).  
Insertion: Slanted, 1-2 cun.  
Indications: Headache; abdominal pain; sciatica.





# NOSE AND FACE NEEDLING

Nose needling, although nowadays primarily thought of as an adjunct to acupuncture analgesia, is of ancient origin and can be used also for therapeutic purposes. The nose was traditionally known as 'The Hall of Brightness', and the nose, the Zang-Fu, the four limbs, the bones and the circulation of Qi in the whole body were closely related, but especially the heart and the lungs. Needling nose points thus has a regulatory effect upon all the physiological processes.

Points are selected either upon the basis of their effect upon their pertained organ — i.e. Lung points to affect the lungs, Stomach points to affect the stomach, or upon their 5-Phase relationships — Kidney point to affect the bones, Lung point to affect the skin, etc. Spontaneous sensitivity is also an indication for their selection.

## Distribution of Nose Points

There are 38 Nose points, including 8 single and 15 bilateral points. For convenience, 5 lines can be drawn on the nose region — one in the mid-line and two separated lines on each side, and with the exception of 'Testicle or Ovary' points, which are located on the outside of the first or mid-line, all the points are on these lines.

- First line: Starts in the middle of the forehead and passes down the mid-line of the nose to the tip, with 8 points.
- Second line: On both sides near the bridge of the nose. Start on the highest point of the bridge, and downwards to end at the lower border of the ala nasae. 5 points on each side.
- Third line: Starts from the inner end of the eye-brow, down along the groove of the nose 1-2cm lateral from the second line, and ends on the termination of the wing of the nose. 9 points on each side.

## Needle Insertion

1-1½ inch 30 gauge filiform needle. Insert vertically to the subcutis, then at an angle of 20° slanted along the subcutis, or piercing ½-1 cun. In order to avoid pain in a sensitive area, be careful not to penetrate the cartilage and do not 'force' the needle.

## Directions of Insertion:

1. First line: Kidney and External Genitalia points — straight insertion.  
Other points — Downwards slanting insertion.
2. Second line: Slant downwards in the direction of the Third line.
3. Third line: Ear point — slanting insertion towards Heart point.  
Chest point — slanting insertion towards Nipple point.  
Other points — slant downwards.

# NOSE AND FACE NEEDLING

## Point Distribution

### First Line

|  |   |
|--|---|
| Head and Face                          | In the middle of the forehead, on the midline of a line connecting the centre between the eyebrows and the natural margin of the hair.  |
| Pharynx and Larynx                     | Middle of the line connecting 'Head and Face' and 'Lung'.   |
| Lung                                   | Midway between the inner ends of the eye-brows.   |
| Heart                                  | Midway between the internal canthii.  |
| Liver                                  | Below the most prominent part of the bridge of the nose, the crosspoint between the line connecting the two zygomatic bones and the midline of the nose. Midway between 'Heart' and 'Spleen'. |
| Spleen                                 | Midline of upper border of tip of nose. Midway between 'Heart' and 'External Genitalia'.  |
| Kidney                                 | Midway between 'Spleen' and 'External Genitalia'.   |
| External Genitalia<br>(Testicle/Ovary) | On the tip of the nose.<br>Bilateral, lateral to the tip of the nose, and on the inner border of the alae nasae).   |

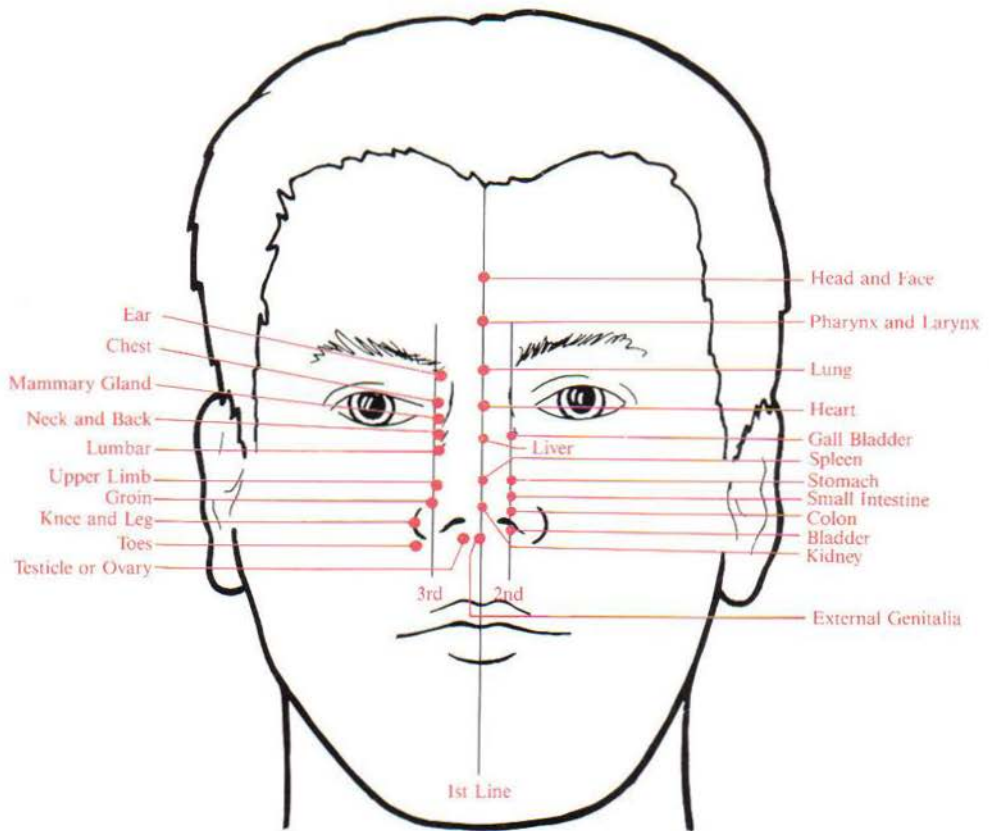
### Second Line

|                 |  |
|-----------------|--|
| Gall Bladder    | Below the medial angle of the orbit, lateral to 'Liver'. |
| Stomach         | Below 'Gall Bladder', lateral to 'Spleen'.               |
| Small Intestine | At upper $\frac{1}{3}$ of alae nasae, below 'Stomach'.   |
| Large Intestine | Middle of alae nasae, below 'Small Intestine'.           |
| Bladder         | On end border of alae nasae, below 'Large Intestine'.    |

### Third Line

|                  |   |
|------------------|---|
| Ear              | Inner end of the eye-brow.  |
| Chest            | Below 'Ear', above the orbital fossa.   |
| Mammary Gland    | Medial side of the internal canthus, below 'Chest'.   |
| Neck and Back    | Medial aspect of internal canthus, below 'Mammary Gland'.                                       |
| Lumbar vertebrae | Medial aspect of zygomatic bone, on level of 'Liver'.   |
| Upper Limb       | Level of upper margin of tip of nose, same level as 'Spleen', below 'Lumbar vertebrae'.         |
| Groin            | Upper margin of alae nasae, below 'Upper Limb'.   |
| Knee and Leg     | Outer side of middle of alae nasae on nasolabial groove, below and slightly lateral to 'Groin'. |
| Toes             | Below 'Knee and Leg', on same level as 'Bladder'.   |







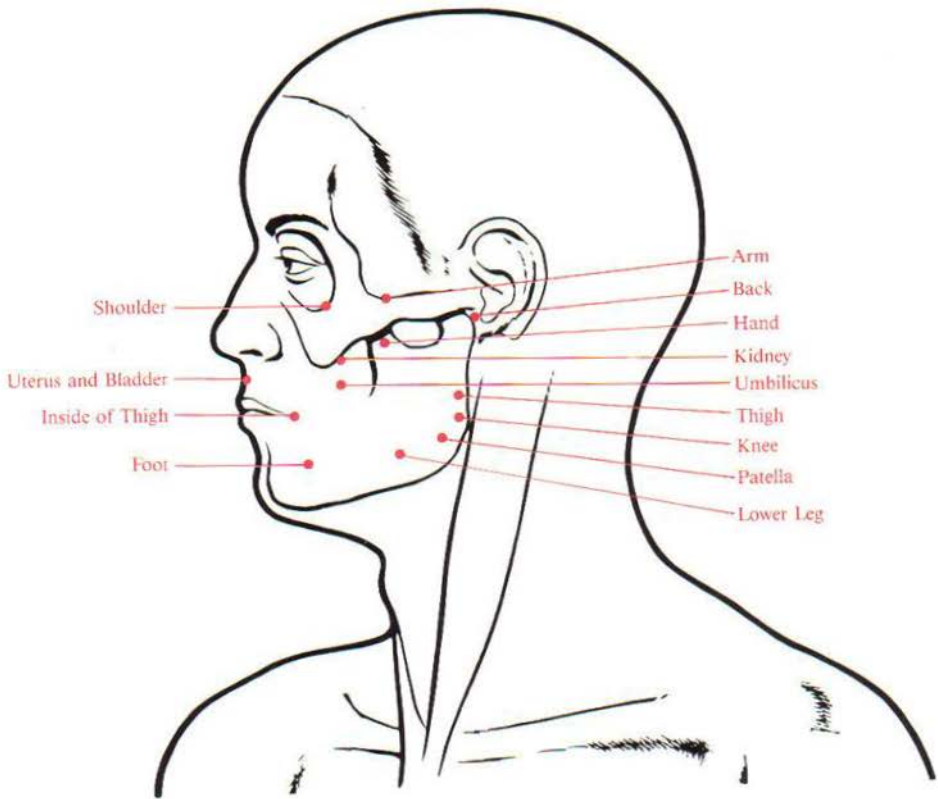
# NOSE NEEDLING ANALGESIA

For purposes of analgesia the points are selected as in the opening paragraph, but in every case the point 'Lung' is invariably used, together with what is known as the 'operative field' point, this latter being the corresponding representative points of the area to be operated upon. For the paired points one or both points may be used.

1. *Operations upon the neck*  
Subtotal thyroidectomy: Lung, Pharynx and Larynx,  
Fistulectomy of thyroglossal duct: Lung, Pharynx and Larynx.
2. *Operations upon the chest*  
Pericardiostomy and drainage: Lung, Heart.  
Dilatation of bicuspid valve: Lung, Heart.  
Thoracotomy: Lung, Thorax.  
Radical mastectomy: Lung, Thorax, Mammary Gland.
3. *Operations upon the abdomen*  
Perforated peptic ulcer: Lung, Stomach.  
Gastrectomy: Lung, Stomach.  
Splenectomy: Lung, Spleen.  
Cholecystectomy: Lung, Gall Bladder.  
Intestinal resection: Small Intestine piercing through to Large Intestine.  
Appendectomy: Lung, Small Intestine piercing through to Large Intestine.  
Hernioraphy: Lung, External Genitalia.  
Caesarean section: Lung, Ovary, External Genitalia.  
Hysterectomy: Lung, Ovary, External Genitalia.  
Oophorectomy: Lung, Ovary, External Genitalia.  
Fallopian ligation, Salpingectomy: Lung, Ovary, External Genitalia.  
Cystolithotomy, ureterolithotomy: Lung, Ear, Bladder, External Genitalia.
4. *Operations upon the Lower Limbs*  
Extirpation of elephantiasis: Lung, Knees, Leg piercing through to Toes.  
Open reduction of femoral fracture: Lung, Groin.  
Amputation of Lower Limb: Lung, Groin.

# FACE NEEDLING

|                    |  |
|--------------------|--|
| Uterus and Bladder | In the philtrum, junction of middle and upper thirds.  |
| Inside of Thigh    | 5 fen lateral to the oral angle. (Same point as St4 Dicang).   |
| Shoulder           | On the upper border of the malar bone, vertically below the external canthus.                        |
| Arm                | Posterior to 'Shoulder', on the upper border of the zygomatic arch.                                  |
| Hand               | Below 'Arm', on the lower border of the zygomatic arch.  |
| Back               | In front of the tragus, between the inner side of the tragus and the mandibular joint.               |
| Thigh              | $\frac{1}{3}$ the distance from the ear-lobe to the angle of the mandible.                           |
| Knee               | $\frac{1}{3}$ the distance from the angle of the mandible to the ear-lobe.                           |
| Patella            | (Same point as St6 Jiache). In the depression above the angle of the mandible.                       |
| Lower Leg          | On the upper border of the mandible, anterior to the mandibular angle.                               |
| Foot               | Anterior to 'Lower Leg', vertically below the external canthus, on the upper border of the mandible. |
| Kidney             | Vertically below Taiyang on the level of the ala nasi.   |
| Umbilicus          | On the cheek, 7 fen below 'Kidney'.  |



# HEAD NEEDLING

Head or scalp needling is possibly the most important of all the various acupuncture techniques which have evolved since the Ming dynasty (ending 1644). It took its rise from the work of Dr Jiao Shen-fa, a neurologist working in Ji Shan People's Hospital during the Cultural Revolution, and was originally evolved for treating intractable cases of hemiplegia by needling the area on the scalp that is related to the motor areas of the cerebral cortex. Other areas were later discovered by utilizing the same basic principle, leading to the mapping-out of the sensory, visual, speech and similar areas.

It is particularly useful for the treatment of the various forms of motor and sensory impairment which can so often prove difficult to resolve using the standard body or auricular therapy, but organ dysfunctions can also respond to stimulation of the appropriate areas — in these conditions head-needling is usually used only when the condition has failed to respond to the more normal approaches.

For motor and sensory conditions, bearing in mind the decussation of the pyramidal tracts, it is usual to treat the opposite side, whilst bilateral conditions are treated bilaterally.

The usual strict aseptic precautions have to be observed, and it is preferable to use a fairly thick needle of 26 or 28 gauge, 2½ to 3 inches long. The needle is inserted at a 15° angle to the skin, and then gently rotated subcutaneously to the required distance, usually about 1½ inches. The needle should be rotated to obtain Da Qi, and then rotated with a wide amplitude at a frequency of 200 per minute for two to three minutes. The needle is then left *in situ* for five to ten minutes, rotated again, and then withdrawn slowly, the point of insertion being cleaned with dry sterilized cotton-wool to prevent bleeding and infection.

Electro-stimulation may also prove effective, again at a frequency of 200 per minute (or slightly over 3Hz), for about 20 to 30 minutes.

The sensation experienced by the patient should be a feeling of warmth, or occasionally numbness or tingling, in the affected area or limb, whilst to prevent needle-sickness it is advisable for the patient to be treated either prone or supine, if possible.

In China, patients are treated daily for 10-16 days, rested for 5-7 days, and the course is then repeated if necessary. In the West this frequency of treatment is less easy to attain, but bi-weekly treatment is preferable, and certainly no longer than a week between treatments. With the greater gap, the over-all period of treatment is naturally greatly increased.

## Locating the Areas

In mapping-out the areas, there are two standard, essential guidelines to establish:

1. The Antero-Posterior Midline, connecting the mid-point between the two eye-brows and the lower border of the external occipital tuberosity.
2. The Eye-Brow/Occiput line, connecting the mid-point of the eye-brow with the tip of the external occipital tuberosity.

All other stimulation areas are mapped from these two lines, and are usually linear with a width of about 3 millimetres.

1. *Motor Area* (Corresponds to the anterior central gyrus).

The upper point is 0.5 centimetre posterior to the mid-point of the A/P line.

The lower point is where the Eye-Brow/Occipital line crosses the anterior margin of the natural hair line on the temple. (If the hair is absent, take a vertical line upwards from the mid-point of the zygomatic arch. The lower point of the Motor Area is on the Eye-Brow/Occipital line 0.5 centimetres anterior to this vertical.)

The Motor Area is divided into five parts, the upper  $\frac{1}{5}$ th being the motor area of the lower limbs and trunk, the middle  $\frac{2}{5}$ ths the motor area of the upper limbs, and the lower  $\frac{2}{5}$ ths (also known as 'Speech 1') the motor area for the face and speech organs (corresponds to Broca's area and the inferior frontal gyrus).

2. *Sensory Area* (Corresponds to the post-central gyrus of the parietal lobe).  
Is a line parallel to and 1.5cm posterior to the Motor Area. This area is also divided into five parts: Upper  $\frac{1}{5}$ th sensory to the lower limbs, trunk and neck, middle  $\frac{2}{5}$ ths sensory to the upper limbs, and the lower  $\frac{2}{5}$ ths sensory to the head and face.
3. *Chorea*. 1.5cm anterior to the Motor Area.
4. *Vaso-Vagal*. 1.5cm anterior to Chorea.
5. *Inner Ear*. (Corresponds to the middle portion of the superior temporal gyrus). 1.5cm above the apex of the ear, 4cms long.
6. *Speech 3*. (Corresponds to the posterior portion of the superior temporal gyrus). This line overlaps Inner Ear by 2cms and continues posteriorly to a total of 4cms.
7. *Functional Area*. (Corresponds to the supramarginal gyrus of the parietal lobe). Starts at the intersection of a vertical line from the end of Speech 3, and a horizontal line from the parietal tuberosity. It extends downwards for 3cms at an angle of  $40^\circ$  from the vertical on both sides of the vertical line.
8. *Speech 2*. (Corresponds to the angular gyrus of the parietal lobe). Is a vertical line 3cms long starting from 2cms below the parietal tuberosity.
9. *Leg and Foot*. On the vertex of the head, parallel to the A/P line at 1cm distance from it, starting 1cm anterior to GV20 (Paihui) and ending 3cms posterior to this point.
10. *Visual Area*. (Corresponds to the upper and lower border of the calcarine fissure of the occipital lobe). Parallel to the A/P line at 1cm distance from it, extending 4cms upwards from the inion.
11. *Equilibrium*. (Corresponds to the cerebellar hemisphere). Parallel to the A/P line, at 3.5cms distance from it, extending 4cms downwards from the inion.
12. *Stomach Area*. Take a straight line from the centre of the pupil vertically upwards to the hair margin. The prolongation of this line for 2cms above the hair margin is the Stomach Area.
13. *Thoracic Area*. Is on a vertical line mid-way between Stomach Area and the A/P line, from 2cms below to 2cms above the hair-line.
14. *Genitalia*. Is a vertical line 1.5cm posterior to Stomach Area, 2cms long.
15. *Liver and Gall Bladder*. The straight line extending for 2cms below the Stomach Area.
16. *Intestines*. The straight line extending 2cms below the Genitalia area,.

### Indications

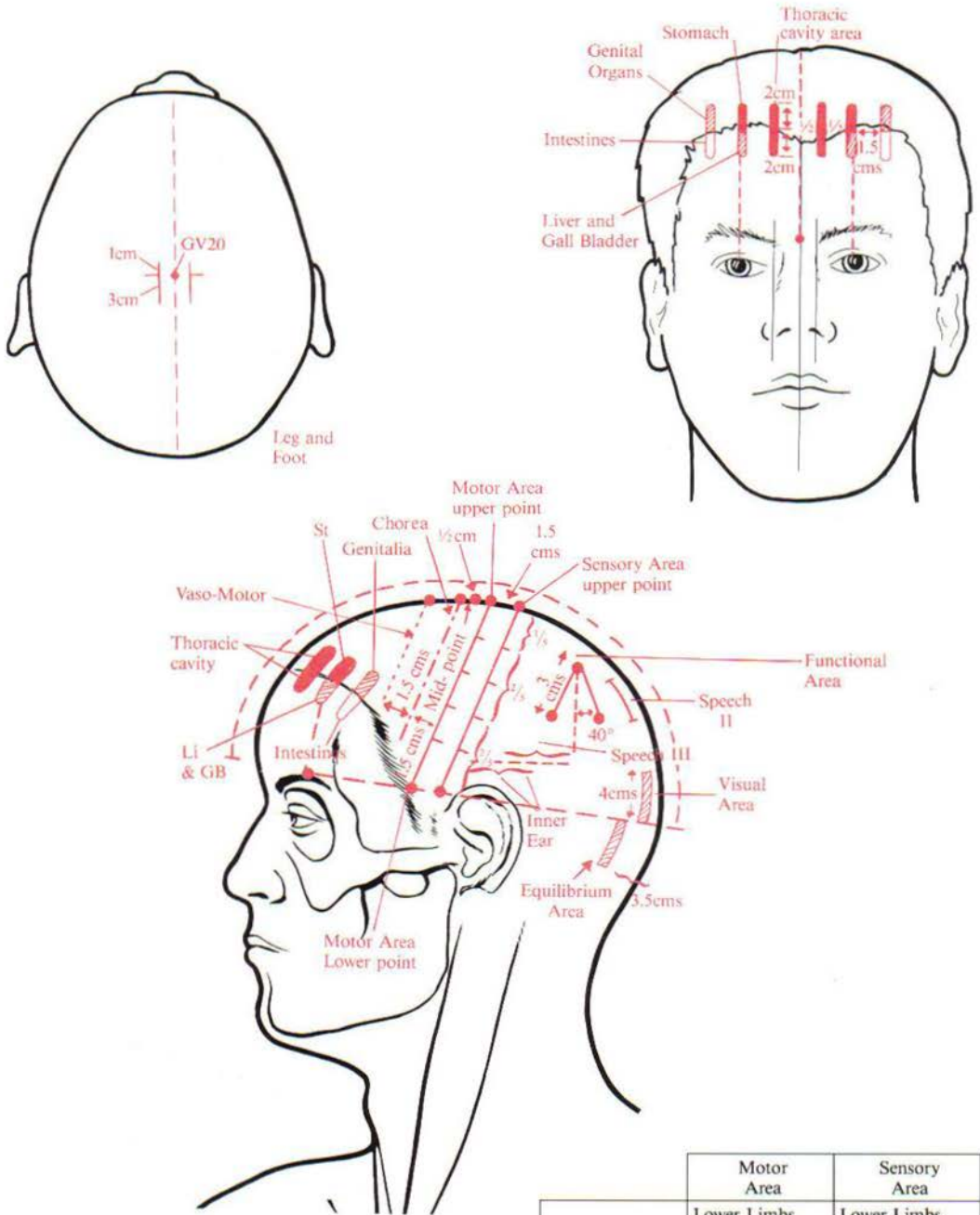
1. Upper Motor: Paralysis or paresis of contralateral lower limb and trunk.  
Middle Motor: Paralysis or paresis of contralateral upper limb.  
Lower Motor: Contralateral facial paralysis; slurred speech; motor aphasia; aphonia; excessive salivation.
2. Upper Sensory: Pain or numbness, all abnormal sensations, of contralateral lower limb, trunk and neck.  
Occipital headache.  
Middle Sensory: All sensory defects in contralateral upper limb.  
Lower Sensory: Facial paraesthesia; trigeminal neuralgia; right or left sided migraine; arthritis of temporomandibular joint.
3. Chorea: Has similar regional sub-divisions as the Motor and Sensory areas. For all involuntary movements — Parkinsonism, tics, facial hemi-spasm, chorea, blepharospasm, senile tremor.
4. Vaso-Vagal: Generalized oedema; high or low blood-pressure; cerebral oedema; oedema from hypertension or from paralysis of the limbs.
5. Inner Ear: Tinnitus, Menière's Disease, vertigo, deafness.
6. Speech 3: Loss of speech, sensory aphasia.
7. Functional: Apraxia and loss of function.
8. Speech 2: Alexia and word aphasia.

9. Leg and Foot: Pain, numbness or paralysis of the lower limbs; uterine prolapse, nocturia; acute lumbago.
10. Visual Area: Poor sight due to cortical visual disturbances; colour blindness.
11. Equilibrium: Loss of balance, vertigo, caused by cerebellar disorders.
12. Stomach: Abdominal pain above the umbilicus; gastric disorders; general malaise.
13. Thoracic: Bronchial asthma; dyspnoea; palpitations; pain in thoracic area.
14. Genitalia: Functional uterine bleeding; ejaculatio praecox. All genital conditions with a nervous basis. Also uterine prolapse when used in conjunction with motor-sensory 'foot' area.
15. Liver and Gall Bladder: Liver and Gall Bladder dysfunction; pain or discomfort in the epigastrium and right hypochondrium.
16. Intestines: Intestinal dysfunction.

Note: Head Needling is most suitable for:

Head injuries; cerebro-vascular accident; concussion; Parkinsonism; Menière's syndrome.





|                      | Motor Area            | Sensory Area                |
|----------------------|-----------------------|-----------------------------|
| Upper $\frac{1}{5}$  | Lower Limbs and Trunk | Lower Limbs, Trunk and Neck |
| Middle $\frac{2}{5}$ | Upper Limbs           | Upper Limbs                 |
| Lower $\frac{2}{5}$  | Face                  | Head and Face               |

# KOU LIANG TECHNIQUES AND COLLECTIVE LOCI

Kou Liang means 'Two Mouths', and refers to the technique of piercing through from one point to join it up with another, thereby combining the actions of the two points and enhancing their effect. Collective Loci refers to the use of a particular 'grouping' of points to produce an increased action.

Both of these techniques are used to great effect in present day China, and listed here are some of the more commonly used prescriptions:

- |     |   |   |
|-----|---|---|
| 1.  | Co20 → Bitong (FA8):  | All forms of rhinitis; paranasal sinusitis.   |
| 2.  | GB20 → GB20:  | Common cold; influenza; headache; pain in the neck; psychosis; eye-diseases.  |
| 3.  | TH21 → GB2<br>St7 → SI19<br>Add: Shen-chi (¼ of way down the posterior ear-crease)<br>TH18, TH17,<br>Ehr-Ting (in the cavum concha, 2 fen lateral to the auditory meatus) | Deafness; tinnitus; otitis media.   |
| 4.  | Taiyang → GB8<br>GB20 → GB8   | Stubborn migraine; pain and stiffness in neck and nape.   |
| 5.  | GB4 → GB7 (bilateral)   | Headache; migraine; vertigo; neurasthenia; facial paralysis; spasm; Menière's disease; polyneuritis.  |
| 6.  | GV23 → GV20<br>GV18 → GV20  | Intractable headache.   |
| 7.  | CV15 → CV21   | Bronchitis; bronchial asthma; TB; chest pain; hysteria; epilepsy; heart failure; hypotension; tachycardia.  |
| 8.  | CV12 → CV13   | Peptic ulcer; acute and chronic gastritis; cardiac spasm; vomiting; constipation; diarrhoea; indigestion.   |
| 9.  | BL21 → BL20   | Peptic ulcer; gastroptosis; haemorrhagic disease; neurogenic vomiting; indigestion; hepato-splenomegaly; pancreatitis; hepatitis.                                     |
| 10. | BL38 → SI15<br>(Subcutaneously with thick Imm needle)   | Diseases of the eye.  |
| 11. | GV14 → GV9  | Epilepsy; hysteria; cerebral paralysis; psychosis; neurasthenia; furunculosis; neuro-dermatitis; palpitations; bronchitis; asthma; back-pain; intercostal neuralgia.  |
| 12. | GV8 → GV5   | Visceral disorders (Liver, Gall-Bladder, Spleen, Stomach, etc.).  |
| 13. | GV4 → GV3   | Genito-urinary system; sciatica; paralysis of lower limbs.  |
| 14. | Lu9 → Lu8 (bilaterally) Or, vertically into Lu9, withdraw, insert to Lu8.   | Bronchitis.   |
| 15. | HC7 → HC4   | Heart failure; disturbance of peripheral circulation; shock; collapse; syncope; hypotension; tachycardia; Menière's disease; cloudiness of brain; epilepsy; vomiting. |
| 16. | Ht7 → Ht4   | Insomnia; epilepsy; psychosis; palpitations; paroxysmal   |

17. HC6 → TH5  
 tachycardia; heart failure; hypertension; hypotension; somnambulism; excessive dreaming; neurasthenia; hysteria. Pain in carpal joint; wrist-drop; sequelae of CVA; hysterical paralysis; angina pectoris; polyneuritis; sore throat; tinnitus.
18. Co11 → Ht3, with another vertically into HC3.  
 Paralysis of upper limb; pain in shoulder and elbow joints; pain and swelling in throat; hypertension; high fever; swelling of thyroid gland; urticaria.
19. TH10 → TH12  
 Paralysis of upper limb; difficulty in raising shoulder; pain in shoulder and elbow joints.
20. Co4 → HC8 (2-3 cun)  
 Tremor of hands and feet; polyneuritis; sweating in palm; salivation; sequelae of CVA; hysterical paralysis; psychosis; headache; toothache.
21. St32 oblique → St31  
 Indigestion in children; stomach-ache; splenomegaly; nephritis; paralysis of lower limbs.
22. GB34 → Sp9  
 Pain in knee joint; sciatica; sequelae of CVA; arrhythmia; equinovarus; cholecystitis; biliary ascariasis; intercostal neuralgia; constipation.
23. GB39 → Sp6  
 Equinovarus; polyneuritis; stiff neck; diseases of ankle joint and tissues; hemiplegia; nephritis; enteritis.
24. Bl61 → Bl58  
 Hemiplegia; epilepsy; lumbago; pain in leg; sciatica; abdominal pain; oedema; intestinal tympanitis; constipation; enuresis; retention of urine; dysmenorrhoea; menstrual abnormalities; amenorrhoea; leucorrhoea; polyneuritis; talipes valgus.
25. GB34 → GB38  
 Hemiplegia; sequelae of poliomyelitis; osteo-arthritis of knee; pain in lower limb; cystitis; urethritis.
26. Weishang (OLE29) → Bl50  
 Hemiplegia; sequelae of poliomyelitis; pain in thigh; polyneuritis.
27. GB30 → Bl50  
 Sciatica.
28. Bl57 → Bl54  
 Hemiplegia; rheumatoid arthritis; numb cold leg; polyneuritis; spasm of calf muscle; intestinal tympanitis; constipation; retention of urine; enuresis.
29. St38 → Bl57  
 Inflammation of the shoulder joint; peripheral neuritis; haemorrhoids; sciatica.
30. Ki5, insert to 5 fen, withdraw, then → Ki7  
 Hyperhidrosis; dysfunction of sweat glands (including hypohidrosis); retention of urine; enuresis; nephritis; cystitis; urethritis; talipes valgus.
31. Bl60 → Ki3  
 Local; menstrual difficulties; pharyngitis; tinnitus; headache; lumbago.
32. St7 → St6  
 St7 → St2  
 St4 → St6  
 St4 → St2  
 Can add TH17, Co4.  
 Facial paralysis; facial spasm.
- Collective Loci**
33. Anmian (HN3) bilaterally, with GV14.  
 Neurasthenia; insomnia; epilepsy; hysteria.
34. St25 bilaterally, with Zhixie (CA8)  
 Diarrhoea; enteritis; dysentery.

- |   |   |
|---|---|
| 35. Zigong (CA9) with CV3   | Spermatorrhoea; impotence; leucorrhoea; dysmenorrhoea; uterine prolapse; frequency; enuresis. |
| 36. Hu-Kung (2.6 cun lateral to CV6) with CV4   | Infertility; adnexitis; ovarian tumour; orchitis.   |
| 37. 4 points each 1 cun above, below, and on both sides of CV8.   | Dysentery; enteritis; indigestion; food-poisoning.  |
| 38. Dingchuan (DL 3) bilaterally with GV14.   | Upper respiratory tract infection; cough; asthma; high fever.                                 |
| 39. Co15, with Jian-Jian (1 cun above anterior axillary crease) and Jian-Hou (1½ cun above posterior axillary crease).              | Pain in shoulder and back; frozen shoulder.   |
| 40. Xiyao points (LE 5) with GB34.  | Pain and sprain of knee-joint.  |
| 41. GV24 → GV20, Shen-chi (¼ way down posterior ear-crease), Sp6 → GB39; Li2 → Li3.   | Hypertension.   |
| 42. CV15, 17, 22, 23, Dingchuan, GV14, Lu9, Co6.  | Acute tracheitis; chronic bronchitis and bronchial asthma.                                    |
| 43. CV5, Sp13, Li-Chung (5 cun below tibial tuberosity and 1 cun lateral to anterior margin of tibia) Li2 vertically, then → to Li3 | Lower abdominal pain; appendicitis; dysmenorrhoea.  |
| 44. CV10, 12, 14; St21; Co9; Bao-Jian (3 cun below tibial tuberosity, 3 fen lateral to anterior margin of tibia).                   | Acute and chronic gastritis; gastric spasm; enteritis; dysentery.                             |
| 45. CV3, 4, 9; St28; Sp6; Li2 → Li3   | Renal oedema.   |
| 46. CV10, 12, 14; St21; Co9; Ki16; Bao-Jian (see 44)  | Gastric and duodenal ulcers.  |

# REPERTORY

Abbreviations used in this repertory:

|                            |                   |      |
|----------------------------|-------------------|------|
| Special Points:            | Face              | FA   |
|                            | Head and Neck     | HN   |
|                            | Chest and Abdomen | CA   |
|                            | Dorsal and Lumbar | DL   |
|                            | Arm and Hand      | AR   |
|                            | Leg and Foot      | LE   |
| Other non-meridial points: | Face              | OFA  |
|                            | Mouth             | M    |
|                            | Head and Neck     | OHN  |
|                            | Chest and Abdomen | OCA  |
|                            | Dorsal and Lumbar | ODL  |
|                            | Arm and Hand      | OAR  |
|                            | Leg and Foot      | OLE  |
|                            | Hand Needling     | Hand |
|                            | Foot Needling     | Foot |
|                            | Kou-Liang         | K-L  |

(Nose, Face and Head needling have not been repertorized as the names of the areas correlate to the conditions for which they are used.)

## General and Infectious Conditions

Visceral disorders generally: (Li, GB, St, Sp, etc): K-L12.

Infantile malnutrition syndrome: AR15

Adnexitis: OCA22, K-L36.

Lymphatic disorders: Hand 33.

Emaciation unit Thirst: M2, M3.

General debility: ODL15, ODL59.

Exhaustion: AR16.

Heat-stroke: AR16, OFA18, OAR48.

High fever: AR16, OAR49, K-L38.

Shock: OAR34.  
Oedema — general: OCA27, K-L24.  
" — pedum: OLE67.  
" — renal: K-L45.  
Malaria: OAR41, ODL22.  
Beri-beri: OLE64, OLE70, OLE76, OLE88.  
Pertussis: AR15.  
Diabetes: ODL21, ODL22, OLE14.  
Influenza: OAR49, Hand 21.  
T.B. — Scrofula: HN9, ODL8, OAR9, OAR26, K-L7.  
Inguinal lymph-glands: CA10.  
Lung: ODL15, ODL59.  
Intestines: ODL35.  
Lupus: OLE70.

### **Endocrine Glands**

Hyperthyroidism: OHN5.  
Swelling of Thyroid: K-L18.  
Goitre: OHN5, OHN8, OHN35, OHN36, OAR5.  
Pituitary adenoma: OHN33.

### **Neurological Conditions**

Sequelae of brain disease: OHN30, OHN31.  
Sequelae of CVA: K-L20, K-L22.  
Sequelae of poliomyelitis: AR3, AR4, AR9, LE3, LE10, LE11, ODL42, OLE5, OLE6, OLE7, OLE9, OLE10, OLE11, OLE12, OLE27, OLE28, OLE29, OLE47, OLE49, OLE 54, OLE57, OLE58, OLE63, OLE80, OLE81, K-L25, K-L26.  
Affecting hip: OLE2.  
Paraplegia: DL8, ODL38, OLE1, OLE3, OLE11, OLE76, OLE77, OLE81.  
Hemiplegia: AR1, AR5, AR7, LE3, OHN13, OHN27, OHN32, OAR3, OLE1, OLE7, OLE11, OLE12, K-L23, K-L24, K-L25, K-L26, K-L28.  
Paralysis: Facial: FA9, FA10, OFA6, OFA13, OFA14, OFA16, OFA17, K-L5, K-L32,  
Eye-muscles: OFA8.  
Upper arm: OAR23.  
Upper limbs: DL4, AR6, OHN8, OAR5, OAR20, OAR28, OAR29, OAR31, OAR32, K-L18, K-L19.  
Wrist-drop: AR6, K-L17,  
Hands (Palms): OAR10.  
Lower limbs: CA13, DL6, LE1, LE2, LE6, LE7, LE8, ODL36, ODL40, ODL46, ODL47, ODL53, OLE4, OLE8, OLE13, OLE14, OLE15, OLE16, OLE17, OLE18, OLE19, OLE20, OLE26, OLE30, OLE37, OLE40, OLE43, OLE53, OLE55, OLE56, OLE70, K-L13, K-L21.  
Weakness of leg adductors: CA10, OLE40.  
Difficulty in leg-raising: OLE43.  
Gastrocnemial spasm: ODL50.  
Gastrocnemial atrophy: OLE57.  
Foot-drop: LE6, LE9, LE10, LE11, OLE56.  
Toes: OLE58.  
'Scissor's Gait' due to cerebral palsy: OLE41, OLE45.  
Respiratory muscles: OHN11.  
Hysterical paralysis: OLE31, OLE32, OLE33, OLE34, OLE35, OLE36, K-L11, K-L17, K-L20.  
Tremors of hands and feet: K-L20.  
Tremors: OHN8.

**Brain**

Incomplete maturation of cerebral cortex: OHN34, Foot 7.  
Hydrocephalus: OHN28.  
Brain diseases: ODL2, OLE78.  
Apoplexy: ODL7.  
Apoplectic coma: OLE88.  
Slurred speech: HN6.  
Aphasia: M1, OHN1, OHN7.  
Mutism: HN6, OHN1, OHN7.  
Polyneuritis: K-L5, K-L17, K-L20, K-L23, K-L24, K-L26, K-L28.  
Peripheral neuritis: LE12, LE13, K-L29.  
Spinal cord (meningitis): DL1a, ODL1.  
Lateral sclerosis: OHN13, ODL1.  
Myelitis: ODL1, ODL58.

**Mental Conditions**

Generally: HN2, OAR1, OAR2, OAR31, OLE 31, OLE32, OLE33, OLE34, OLE35, OLE36, OLE37, OLE53, OLE67, OLE79.  
Emotional disturbances: Hand 22.  
Mania: DL11, OHN12.  
Psychosis: OFA15, OFA19, OHN34, OAR17, OAR40, K-L2, K-L20.  
Hysteria: AR7, OHN12, ODL9, OAR40, Foot 3, Foot 6, Foot 28, K—L7, K-L11, K-L16, K-L33.  
Schizophrenia: HN3, HN4.  
Neurasthenia: OHN12, OHN26, Foot 3, Foot 6, Foot 28, K-L7, K-L11, K-L16, K-L33.  
Epilepsy: DL9, ODL4, ODL27, Hand 3, Foot 28, K-L7, K-L11, K-L15, K-L16, K-L24, K-L33.  
Convulsions: OFA15, OFA19, OHN26, OHN34, ODL27, OAR17, OAR40, OLE67, OLE84.  
" (Infantile): FA1, OAR10, OLE84, OLE85.  
Retardation from encephalitis: LE10, OHN12.  
Idiocy after brain-disease: OHN19.  
Progressive loss of memory: OFA19, OAR17.  
Amnesia: LE10.  
Irritability: ODL19, OLE65.  
Restlessness: HN4.  
Lassitude: LE10.  
Insomnia: FA1, HN2, HN3, HN4, OFA10, ODL19, OAR17, OLE65, OLE87, Foot 3, Foot 6, Foot 7, K-L16, K-L33.  
Hypersomnia: OHN19.  
  
Neuralgia: Supra-orbital: FA2.  
Trigeminal: FA10, OFA13, OFA16, Hand 13, Foot 4.  
Forearm: AR7, AR10.  
Femoral nerve: LE2.  
Intercostal: OCA2, OCA3, OCA8, ODL12, ODL14, ODL20, ODL21, ODL22, Hand 3, Foot 2, K-L11, K-L22.  
To stimulate nerves of pelvic plexus: ODL56.

**Musculo-Skeletal**

Head: OAR36.  
Stiff-neck: HN8, HN9, AR12, AR13, AR14, OHN10, OHN32, ODL4, OAR13, OAR39, OAR43, Foot 21, K-L2, K-L4, K-L23.

Torticollis: Foot 21.  
 Cervical syndrome: Hand 14.  
 Dorsal area: DL1(b), DL3, ODL11.  
 Shoulder: DL3, DL4, AR1, AR2, AR3, AR5, AR8, AR14, ODL10, OAR1, OAR2, OAR3, Hand 5, Foot 10,  
 K-L18, K-L19, K-L29, K-L39.  
 Back of shoulder: ODL7;  
 Scapula: ODL9.  
 Arms: Hand 10.  
 Forearm: AR7, AR10, OAR6, OAR28.  
 Elbow: OAR21, OAR25, OAR27, K-L18, K-L19.  
 Wrist: AR11, OAR35, Hand 18, K-L17.  
 Fingers: AR12, AR13, AR15, AR16, OAR43, OAR44.  
 " (Numb): OAR14, OAR37.  
 Chest pain: OCA7, Hand 8, Hand 25, Hand 29, Foot 2, K-L7.  
 Costal chondritis: OCA3.  
 Atrophy of pectoralis major muscle: OCA5.  
 Pigeon-breast: OCA4.  
 Lumbar area: DL7, DL10, ODL31, ODL36, ODL41, ODL43, OAR30, OAR36, Hand 11, K-L24, K-L31.  
 Acute low-back strain: Foot 20.  
 Lumbo-sacral area: DL8, LE2, ODL36, ODL39, ODL50, OLE8, OLE26, OLE38, OLE72, OLE77, OLE78,  
 Hand 1, Foot 5, Foot 16, Foot 17, K-L11.  
 Sacro-Iliac: ODL44.  
 Hip: Hand 12.  
 Lower limbs: ODL44, OAR36, OLE29, K-L24, K-L25, K-L26.  
 Knee: LE4, LE5, LE8, OLE8, OLE13, OLE18, OLE20, OLE21, OLE22, OLE23, OLE25, OLE30, OLE37,  
 OLE38, OLE39, K-L22, K-L25, K-L40.  
 Spasm of gastrocnemius muscle: OLE72, Foot 16, Foot 17.  
 Spasm of medial calf: OLE73.  
 Ankle: OLE72, Hand 2, Hand 20, K-L23.  
 Eversion of foot: OLE59, OLE62, OLE68, OLE71, K-L22, K-L23, K-L24, K-L30.  
 Inversion of foot: OLE60.  
 Foot: LE12, LE13.  
 Dorsum of foot: OLE88.  
 Sole of foot: OLE85, OLE86.  
 Plantar heel: OLE87.  
 Toes: LE12, LE13, OLE84, OLE88.  
 Hallux flexus: OLE82.  
 Sciatica: DL8, DL10, LE1, LE2, LE8, ODL39, ODL47, ODL53, OAR43, OLE4, OLE5, OLE6, OLE10, OLE12,  
 OLE26, Hand 1, Hand 12, Foot 5, Foot 10, Foot 22, Foot 32, K-L13, K-L22, K-L24, K-L27, K-L29.  
 Spondylitis: DLI(a), DL6, ODL1, ODL58.  
 Inflammation of vertebral ligaments: DL6.  
 Arthritis: OLE77.  
 Rheumatoid arthritis: K-L28.  
 Hernia: CA6, CA7.

### Headaches

General: FA1, HN2, AR12, AR13, LE12, LE13, OFA7, OFA11, OHN9, OAR38, OLE76, OLE86, Hand 7,  
 Hand 16, Foot 1, Foot 24, Foot 25, Foot 26, Foot 32, K-L2, K-L5, K-L6, K-L20, K-L31.  
 Migraine: FA3, HN3, AR14, OFA6, OFA8, OFA20, K-L4, K-L5.  
 Unilateral: Hand 8.



Vertex: OHN26.  
Lateral or Vertex: FA3.  
Frontal: Hand 6.  
Occipital: HN8, OHN22, Hand 10.  
Neurotic: OHN12.

### **Sinusitis, Rhinitis, etc.**

General: OAR25, Hand 17, Foot 1.  
Frontal: FA2, OFA7, OFA10.  
Nasal: FA7, FA8, K-L1.  
Rhinitis: FA1, FA7, FA8, OFA12, OFA13, OFA14, ODL3, Hand 11, Hand 21, Foot 1, K-L1.  
Common cold: ODL4, OAR48, Hand 21, Foot 1, Foot 18, K-L2.  
Epistaxis: OAR45, Hand 15.

### **Respiratory Tract**

Nasal polypii: FA7, FA8.  
Nasal furuncle: OFA12, OFA14.  
Sore throat: HN8, AR12, AR13, AR14, OAR42, OAR44, Hand 23, K-L17, K-L18.  
Tonsillitis: HN5, M1, ODL5, OAR12, OAR14, OAR46, OAR49, OLE73, Hand 10, Hand 13, Foot 22, Foot 23, Foot 27, Foot 29.  
Pharyngitis, laryngitis: HN5, HN6, OFA18, OHN3, OHN20, ODL5, OAR10, Hand 13, K-L31.  
Tracheitis: K-L42.  
Disease of vocal cords: OHN2, OHN3, OHN6.  
Bronchitis: DL1(b), AR11, OCA3, OCA6, ODL4, ODL6, ODL11, ODL12, ODL14, ODL15, ODL18, ODL59, OAR35, Hand 23, K-L7, K-L11, K-L14, K-L38, K-L42.  
Asthma: DL3, AR11, M5, OCA2, OCA6, ODL4, ODL6, ODL12, ODL15, ODL18, ODL59, OAR12, OAR35, Foot 7, Foot 18, K-L11, K-L38.  
Bronchial asthma: K-L7, K-L42.  
Cough: HN9, DL3, OCA2, Hand 29, K-L38.  
Apnoea: OHN11.  
Haemoptysis: ODL20.  
Pneumonia: DL1(b), ODL11, ODL20.  
Pleurisy: DL1(b), OCA8, ODL11, ODL18.  
T.B. of lung: ODL15, ODL59.  
Hiccups: OCA10, OAR45, Hand 10.  
Spasm of diaphragm: M2, OHN11.

### **Circulatory**

Haemorrhagic disorders: ODL32.  
Blood diseases: Hand 34.  
Anaemia: ODL51, ODL59.  
Heart trouble generally: ODL12.  
Rheumatic heart disease: ODL37, OAR4, OAR11.  
Valvular disease of heart: OAR7.  
Heart failure: OAR34, K-L7, K-L15, K-L16.  
Arrhythmia: K-L22.  
Palpitations: HN4, AR6, AR9, OFA10, OAR4, OAR7, OAR11, Hand 32, K-L11, K-L16.  
Tachycardia: K-L7, K-L15, K-L16.  
Bradycardia: OHN19.  
High blood pressure: DL2, Foot 29.

Hypertension: FA1, AR1, OHN18, OAR24, OAR39, OLE85, K-L16, K-L18, K-L41.  
Low blood pressure: DL2.  
Hypotension: Foot 3, K-L15, K-L16.  
Angina pectoris: Foot 18, K-L17.  
Buerger's disease: ODL45, OLE42, OLE46.  
Poor circulation in legs: CA10, K-L15.  
Ulcerations on lower-leg: OLE39.  
Cold feet: ODL47.

### **Genito-Urinary Tract**

Tract generally: ODL17, K-L13.  
Nephritis: OCA12, OCA14, ODL17, ODL31, K-L21, K-L23, K-L30.  
Pyelonephritis: CA9.  
Kidney diseases: Hand 26.  
Cystitis: CA9, OCA21, ODL36, K-L25, K-L30.  
Urethritis: K-L25, K-L30.  
Gonococcal urethritis: ODL49.  
Incontinence: OCA25, OLE66, Foot 14.  
Incontinence due to paraplegia: OCA23, OCA26, ODL52, ODL54, ODL57.  
Retention of urine: CA8, OFA16, K-L24, K-L28, K-L30.  
Enuresis: CA12, OLE69, Hand 27, Foot 14, K-L24, K-L28, K-L30, K-L35.  
Nocturia: ODL33.  
Frequency: Foot 14, K-L35.  
Renal Oedema: K-L45.  
Oedema Pedum: OLE67.  
General Oedema: OCA27, K-L24.

### **Gastro-Intestinal Disorders**

Lack of appetite: OCA12.  
Belching: OCA14.  
Mouth: Parotitis: FA9, HN2, OFA21, OAR49, Foot 22, Foot 23, Foot 27, Foot 29.  
Excess phlegm: OHN4.  
Salivation: HN6.  
Pain in mouth: Hand 24.  
Toothache: AR12, AR13, AR17, LE12, LE13, OFA29, OHN9, OAR6, OAR14, OAR15, OAR38,  
OLE73, OLE76, Hand 13, Hand 36, Foot 13, Foot 15, K-L20. (Lower Jaw — OFA17, OAR33).  
Pain in gums: ODL13.  
Gingivitis: OLE79.  
Mouth ulcers: FA9, M4, Hand 24.  
Ulcers on gums: M4.  
Stomatitis: HN6, M1, OHN1, OAR10, OAR16.  
Glossitis: M1.  
Swollen tongue: OHN2.  
Tongue feels heavy: M3.  
Paralysis of tongue: M5, OHN1.  
Indigestion: CA1, LE6, OCA12, OCA13, OCA14, OCA15, OCA27, ODL28, Hand 35, K-L8, K-L9, K-L21,  
K-L37.  
Indigestion (Infantile): AR15.  
Food-poisoning: K-L37.  
Abdominal pain, gastralgia, stomach ache: CA3, DL5, AR11, AR14, LE12, LE13, OCA7, ODL13, ODL23,

ODL28, OAR35, OAR38, OLE9, Hand 6, Hand 19, Hand 30, Foot 32, K-L21, K-L24.  
Gastritis: OCA13, K-L8, K-L44.  
Gastric disorders: ODL21, ODL25, ODL33.  
Gastric hyperacidity: CA2.  
Peptic ulcer: OCA12, K-L8, K-L9.  
Gastric ulcer: DL5, OCA13, ODL30, Foot 19, K-L46.  
Duodenal ulcer: ODL30, Foot 19, K-L46.  
Spasm of stomach: OCA27, OAR39, Foot 12, K-L44.  
Prolapsed stomach: CA1, CA3, CA4, K-L9.  
Vomiting: M1, OHN4, ODL13, OAR45, Hand 3, Hand 30, K-L9, K-L15.  
Vomiting and diarrhoea: OAR47.  
Gastro-enteritis: OCA27, ODL28, ODL33, OAR48, OLE48, OLE52, Hand 6, Hand 19, Foot 11, Foot 12, Foot 19.  
Gastro-enteritis (Infantile): OAR46.  
Enteritis: CA8, OCA14, OCA15, OCA17, ODL28, ODL31, ODL35, ODL49, OLE9, K-L23, K-L34, K-L37, K-L44.  
Intestinal dysfunction: CA7, ODL33.  
Borborygmus: CA11.  
Tympanitis: K-L24, K-L28.  
Distension of gastro-intestinal tract from oesophageal cancer: OLE75.  
T.B. of intestines: ODL35.  
Schistosomiasis: OCA11, ODL29, ODL56.  
Diarrhoea: CA2, Hand 31, Foot 8, Foot 9, K-L34.  
" (Infantile): OCA19.  
Dysentery: CA8, OCA15, OLE63, Foot 8, Foot 9, K-L34, K-L37, K-L44.  
Constipation: OFA16, OCA17, K-L22, K-L24, K-L28.  
Constipation due to paraplegia: OCA16.  
Appendicitis: CA9, LE6, K-L43.  
Peritonitis: OCA17.  
Anal prolapse: AR10, ODL28, ODL35, ODL55.  
Haemorrhoids: AR10, ODL33, ODL35, OAR6, K-L29.  
Blood in stool: ODL35.  
Perianal pain: Hand 9.

### **Liver, Gall Bladder, Spleen and Pancreas**

Liver disorders: ODL25, ODL26.  
Pain in liver area: OCA9.  
Hepatomegaly: OCA9, ODL31, ODL34.  
Hepatitis: ODL14, ODL16, ODL22, OLE69, Foot 7, K-L9.  
Gall Bladder and bile-duct: LE7, ODL14, ODL25, ODL26.  
Cholecystitis: OLE7, OLE50, K-L22.  
Biliary colic: Hand 8.  
Biliary worms: OLE50, OLE51, K-L22.  
Jaundice: Hand 35.  
Splenomegaly: ODL16, ODL31, ODL34, K-L9, K-L21.  
Pancreatitis: ODL16, K-L9.

### **Gynaecology and Obstetrics**

Mastitis: OCA8, OAR7.  
Breast tumour: OCA1.

Pelvic inflammatory conditions. CA5, CA9.  
Lower abdominal pain: CA6, CA11, CA13, K-L43.  
General gynaecological conditions: DL7, DL8, K-L31.  
Ovarian hyperplasia: ODL34.  
Ovarian tumour: K-L36.  
Salpingitis: Foot 30.  
Uterine prolapse: CA6, CA7, CA9, OCA24, ODL55, OLE74, K-L35.  
Dysmenorrhoea: CA9, OFA15, OLE69, Foot 11, Foot 30, K-L24, K-L35, K-L43.  
Abnormal uterine bleeding: OCA25, ODL48, OLE24, OLE86, Foot 30.  
Functional uterine bleeding: Foot 31.  
Menorrhagia: OCA12, OCA21, ODL41, OLE74.  
Irregular menses: CA9, LE12, LE13, OCA17, OCA18, OCA22, ODL49, OLE21, OLE24, OLE64, OLE74, K-L24.  
Amenorrhoea: ODL34, K-L24.  
Leucorrhoea: ODL48, OLE64, K-L24, K-L35.  
Puerperal leucorrhoea: OCA21.  
Puerperal fever: OLE21, OLE22, OLE23.  
Difficult labour: ODL50.  
Miscarriage: OCA19.  
Infertility: CA5, OCA25, K-L36.  
Sterility: CA9, OCA21, OLE74.

#### **Male Sexual Disorders**

Impotence: OCA20, K-L35.  
Premature ejaculation: OCA20.  
Spermatorrhoea: ODL34, K-L35.  
Pain in penis: OCA22.  
Orchitis: CA9, OCA21, OCA22, OLE83, K-L36.  
Scrotal eczema: OCA20.

#### **Skin and Dermatology**

Skin diseases generally: OHN17.  
Urticaria: ODL7, ODL47, OAR22, OLE44, Foot 10, Foot 27, K-L18.  
Eczema: OLE44, Foot 27.  
Eczema of legs: OLE70.  
Eczema of scrotum: OCA20.  
Allergic dermatitis: OAR22.  
Neuro-dermatitis: K-L11.  
Pruritis: OAR22.  
Scabies: OAR41.  
Tinea pedis: OLE61.  
Carbuncle: OAR8, OAR26.  
Ulcerations of lower leg: OLE39.  
Hyper- and hypo-hydrosis: K-L30.  
Hyperhydrosis: ARI, Hand 28, K-L30.

#### **Sense Organs**

Eyes: Palpebritis: OFA8.  
Weak sight: OFA11.  
Myopia: FA4, HN2, OFA8.

Ametropia: FA5, FA6, OFA1, OFA2, OFA3, OFA3d, OFA4a, OFA4b, OFA9, OLE52.  
 Hypermetropia: HN2.  
 General eye-troubles: OFA6, OAR20, OAR41, OAR42, OAR44, OAR47, K-L2, K-L10.  
 Blurred vision: OFA7.  
 Optic nerve troubles: FA4, FA5, FA6, HN2, OFA1, OFA2, OFA3, OFA3b, OFA3c, OFA5, OLE52.  
 Optic atrophy: ODL24.  
 Retinitis: ODL24.  
 Retinitis pigmentosa: FA4, OFA3, OHN22.  
 Retinochoroiditis: OFA3b.  
 Retinal haemorrhage: OFA5.  
 Dacryocystitis: OFA3b.  
 Eyes water: OFA1, OFA2.  
 Glaucoma: FA4, OFA3d, OHN18, OHN22.  
 Corneal opacity, cataract: FA2, FA4, HN2, OFA3, OFA3d, OFA4a, OFA4b, OFA20, OHN21, OAR35.  
 Macula corneae: OFA3b.  
 Corneal ulcer: OFA3a.  
 Keratoleukoma: FA5, FA6.  
 Eyes sore, red, swollen: FA3.  
 Conjunctivitis: FA2, OFA5, OFA11, OFA18, OFA20, OHN 17, OAR46, Hand 4.  
 Nebula: OFA3a, OFA3b, OFA4, OFA4a, OAR19.  
 Pannus: OAR19.  
 Squint: FA4, OFA1, OFA2, OFA3, OFA3c.  
 Night blindness: OAR18, OAR46, OLE52.  
 Hordeolum: OHN17.  
 Nose: Nasal polypii: FA7, FA8.  
 Nasal furuncle: OFA12, OFA14.  
 Hyposmia: OFA13, ODL3.  
 Epistaxis: OAR45, Hand 15.  
 Ears: General: OFA29.  
 Otitis media: K-L3.  
 Tinnitus: FA11, HN1, HN2, OFA26, OHN25, OHN29, Hand 11, K-L3, K-L17, K-L31.  
 Deafness: FA11, HN1, OFA22, OFA23, OFA25, OFA26, OFA27, OFA28, OHN9, OHN14, OHN15,  
 OHN16, OHN21, OHN23, OHN24, OHN25, OHN29, OAR29, OAR32, OLE50, OLE51, K-L3.  
 Menière's Disease: K-L5, K-L15.  
 Vertigo: FA1, HN2, LE10, OFA7, OFA10, OHN18, OHN26, Hand 25, K-L5.  
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| Jiehexas       | ODL8  |                  |       | Shangjingming      | OFA1  |
| Jiejian        | OLE41 | Naoqing          | LE10  | Shanglianquan      | HN6   |
| Jifeng         | ODL58 | Naoshang         | AR5   | Shanglong          | OFA23 |
| Jingbi         | HN10  | Neihegu          | OAR13 | Shangming          | FA5   |
| Jingxia        | OLE56 | Neihuaijian      | OLE73 | Shangquchi         | OAR23 |
| Jingzhong      | OHN32 | Neijingming      | OFA5  | Shangququan        | OLE46 |
| Jingzhong      | OCA17 | Neiyangchi       | OAR10 | Shangxi            | OLE71 |
| Jinjin         | M1    | Neiyangxiang     | OFA18 | Shangxuehai        | OLE43 |
| Jisanxue       | ODL1  | Niushangxue      | OAR30 | Shangyangquan      | OLE30 |
| Jiuneifan      | OLE60 | Nuemen           | OAR41 | Shangyingxian      | FA7   |
| Jiuqi          | ODL48 | Nuxi             | OLE79 | Shaoyangwei        | OLE70 |
| Jiuwaifan 1    | OLE68 |                  |       | Shenrexue          | ODL17 |
| Jiuwaifan 2    | OLE59 | Pangu            | OLE80 | Shenxi             | OLE14 |
| Jixia          | OLE40 | Panglaogong      | OAR14 | Shenxin            | ODL37 |
| Jubi           | AR4   | Panglianquan     | OHN2  | Shenzhou           | OAR21 |
| Jueyun         | OCA19 | Pangqiang        | ODL55 | Shenzi             | DL6   |
| Jugoxia        | ODL10 | Pigen            | ODL31 | Shezhu             | M3    |
| Juquan         | M5    | Pinxueling       | ODL51 | Shicang            | OCA12 |
| Juqueshu       | ODL12 | Pirexue          | ODL16 | Shiguan            | OCA14 |
|                |       |                  |       | Shimian            | OLE87 |
| Kuangu         | OLE20 | Qiabinzhang      | OLE8  | Shiqizhui          | DL8   |
| Kuanjiu        | OLE2  | Qiahoushangji    | ODL40 | Shiwang            | OAR48 |
| Kuiyangxue     | ODL30 | Qiangkua         | OLE3  | Shixuan            | AR16  |
|                |       | Qiangyin         | OHN7  | Shoujinmen         | OAR9  |
| Lanweixue      | LE6   | Qianhouyinzhu    | OLE85 | Shouzhongping      | OAR16 |
| Liaoliao       | OLE24 | Qianjin          | OLE11 | Shubian            | ODL25 |
| Libian         | ODL54 | Qianzhong        | FA9   | Shuishang          | CA2   |
| Lijimingandian | OLE63 | Qichuan          | ODL18 | Shuxi              | CA10  |
| Lineiting      | OLE84 | Qiduan           | OLE88 | Shifeng            | AR15  |
| Lingbao        | OLE31 | Qijingzhuihang   | ODL5  | Sili               | OLE54 |
| Linghou        | LE8   | Qimen            | OCA21 | Silian             | OLE33 |
| Lingxia        | OLE50 | Qisbian          | OCA27 | Siqiang            | OLE16 |
| Lishang        | OLE47 | Qiuhou           | FA4   | Sishencong         | OHN26 |



|               |       |                    |       |              |       |
|---------------|-------|--------------------|-------|--------------|-------|
| Taijian       | AR3   | Xiachengshan       | OLE61 | Yijing       | OCA20 |
| Taiyang       | FA3   | Xiafutu            | OHN8  | Yilong       | HN1   |
| Taiyinqiao    | OLE74 | Xiajiaoshu         | ODL56 | Yiming       | HN2   |
| Tanchuan      | OCA6  | Xiajingming        | OFA2  | Yinbian      | OCA26 |
| Tanfu         | OLE19 | Xiajishu           | ODL36 | Yinshang     | AR9   |
| Tankang       | OLE15 | Xiakunlun          | OLE77 | Yingxia      | OAR29 |
| Tanli         | OLE17 | Xiaoerjixiong      | OCA4  | Yiniao       | OLE66 |
| Tianling      | OAR1  | Xiaogukong         | OAR44 | Yinkang      | OLE5  |
| Tianting      | OHN23 | Xiaokuai           | OCA1  | Yinkou       | ODL20 |
| Tiaoyue       | ODL42 | Xiaotianxin        | OAR11 | Yinshang     | OLE10 |
| Tingcong      | OFA27 | Xiawenliu          | OAR33 | Yintang      | FA1   |
| Tingling      | FA11  | Xiaxiabai          | OAR4  | Yinwai 1     | OLE36 |
| Tingling      | OFA26 | Xiaxinshi          | OHN33 | Yinwai 2     | OLE35 |
| Tinglongjian  | OFA25 | Xiayamen           | OHN30 | Yinwai 3     | OLE34 |
| Tingmin       | OFA28 | Xiazhongji         | OCA23 | Yinxia       | OLE26 |
| Tingtou       | OCA24 | Xiazhui            | ODL49 | Yishu        | ODL21 |
| Tingxiang     | OFA22 | Ximingxia          | OHN24 | Youyi        | OCA8  |
| Tingxue       | OFA24 | Xinfutu            | OLE13 | Yutian       | ODL50 |
| Tituoxue      | CA6   | Xingfen            | OHN19 | Yuwei        | OFA6  |
| Tiwei         | CA1   | Xingqixue          | CA5   | Yuyao        | FA2   |
| Tongbian      | OCA16 | Xinhuantiao        | OLE4  | Yuyue        | M1    |
| Tongerdao     | OHN25 | Xinleitou          | OCA3  |              |       |
| Tongling      | OAR38 | Xinquchi           | OAR24 | Zengming 1   | OFA4  |
| Tongming      | OFA9  | Xinsheng           | OLE42 | Zengming 2   | OFA4a |
| Tounie        | OFA19 | Xinshi             | HN8   | Zengyin      | HN7   |
| Tunzhong      | ODL47 | Xiongdaji          | OCA5  | Zequian      | OAR5  |
| Tuoguangming  | OFA8  | Xishang            | ODL39 | Zexia        | OAR6  |
|               |       | Xishang            | OAR7  | Zhantan      | ODL38 |
|               |       | Kiwai              | OLE39 | Zhihuanjin   | OLE72 |
| Waidingchuan  | ODL6  | Xixia              | OLE25 | Zhili        | OLE27 |
| Waierdaokou   | OHN29 | Xiyan points       | LE5   | Zhinao       | ODL2  |
| Waihuaijian   | OLE76 | Xuechou            | ODL32 | Zhiou        | OHN4  |
| Waijinjin     | OHN1  | Xuefu              | ODL34 | Zhiping      | OLE81 |
| Waiming       | FA6   | Xueyadian          | DL2   | Zhitan 1     | OAR3  |
| Waisiman      | OCA18 | Xutse              | DL1b  | Zhitan 6     | OLE55 |
| Waiyuye       | OHN1  |                    |       | Zhiwen       | OLE82 |
| Waizhili      | OLE28 | Yaming             | OHN20 | Zhixie       | CA8   |
| Wanli         | OLE52 | Yanchi             | OHN18 | Zhiyang      | OAR22 |
| Weibao        | CA7   | Yangkang           | OLE6  | Zhizhang     | OAR17 |
| Weiguanxiashu | ODL23 | Yankou             | OFA16 | Zhongjiaoshu | ODL29 |
| Weilei        | CA3   | Yaogan             | ODL44 | Zhongjie     | OHN28 |
| Weirexue      | ODL13 | Yaoqi              | DL9   | Zhongkong    | ODL43 |
| Weishang      | OLE29 | Yaotang (1, 2 & 3) | OAR36 | Zhongkui     | OAR45 |
| Weishangxue   | CA4   | Yaoyan             | DL7   | Zhongquan    | AR11  |
| Weishu        | DL5   | Yaoyi              | ODL41 | Zhongquan    | OAR35 |
| Weixia        | OLE57 | Yatong             | AR17  | Zhoujian     | OAR26 |
| Weiyinlian    | LE2   | Yatong             | OAR15 | Zhoushu      | OAR27 |
| Wuhu          | OAR43 | Yaxue              | OHN6  | Zhuding      | OFA29 |
| Wuling        | OLE32 | Yeling             | OAR2  | Zhuoyu       | ODL26 |
| Wuming        | DL11  | Yeniao             | CA12  | Zhuzhang     | ODL35 |

Zigong  
Zuluo  
Zuming

CA9  
OLE21  
OLE22

Zuogu  
Zuoyi  
Zuxin

LE1  
OCA8  
OLE86

Zuyicong  
Zuzhongping

OLE51  
OLE53



**Royston Low is one of the founders of acupuncture in Great Britain. He is a Past President of the British Acupuncture Association, Chairman of the Acupuncture Research Association, Dean and Senior Lecturer of the British College of Acupuncture and Founding Governor and Senior Lecturer of the Anglo-Dutch College of Acupuncture.**



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